

TODAY'S WITCH

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WOLF MOON

The information covered in this Magazine is comprised of various sources from the Pagan community. We endeavor to cover topics from all traditions, and to be inclusive. The information provided is to be considered factual based on the research of the various authors represented therein. If there is any contradictory information, please feel free to contact the author of the article. We hope that everyone can enjoy the magazine and also learn from it. If there is a topic you wish to see also contact us and we'll be happy to try to include it in a future issue.

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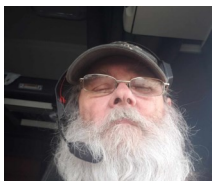
Meet the Staff

Edward Sott (CEO)



Edward Sott is a Theologian and Historian and run a Non-profit organization. And he's a military Veteran. He was since childhood inspired to write novels and plays. He currently resides in Pennsylvania and has traveled throughout the world. He is the founder and CEO of Covered Bridge Press LLC, and of "Today's Witch" Magazine. His goal is to educate the public and bring traditionalism back to the craft and its practices. He is an Alexandrian Wiccan High Priest and Elder.

David Larsen (Sales and Marketing Dir.)



David Larsen is an over the Road Commodities Relocation Engineer, (AKA truck driver) He is also a history buff and a word smith. He currently resides in Florida and wherever the road and his dog Joey might take him. He is also world traveled from his military experience and driving. David is Co-Author with Edward Sott of Two Novels A Time for Redemption and A time for Retribution he is also A Vice President of Covered Bridge Press, LLC and a member of the Board of Directors of "Today's Witch" magazine. He is an open-minded Christian and Friend of the Pagan Community. He understands the value of spiritualism.

Earl Williams (Hum. Res. Director)



My name is Rev. Earl Williams.

I have been in the pagan community for 20 years, holding a position as an ordained minister for 17 of those years. I am currently the Human Resources manager for Covered Bridge Press. I am happy and honored to also be a part of the new publication, "Today's Witch" magazine, due to be released mid-October of 2023.

Emily Thornton (Managing Editor)



My name is Emily Thornton (Emma Gardner) and I have my Masters in Journalism. I love editing work and working with others. I have written numerous articles along with having my own column with local newspapers for over 10 years. Even though I grew up in a fairly religious household, I have always felt a love of nature and the metaphysical. I have an affinity for green magic and I love reading tarot for peo-

ple around me. I even opened my own little side business called Celtic Readings, Oils and Sundries. I love stories and providing perspective to people at a crossroads. I work with Brigid mainly, but love the Celtic pantheon of deities.



Atalanta Moonfire (Vice President)

Atalanta Moonfire is an eclectic witch who is also an author, diviner, teacher, and lover of all types of spirituality. Born in Manassas, Virginia, she grew up moving frequently which gave her the ability to be flexible and adaptable to change as well as diverse life experiences. She studied and worked as a paralegal for 15 years, eventually becoming a presiding judge's assistant in Floyd County, AL. At 54 years young, she has been pagan since the age of 14, practicing since she was 18, and specializing in divination at age 25. Atalanta is a Reiki master, Ordained Minister, graduate of Harvard ED Online Oracles & Prophecies, and High Priestess of Sacred Moon coven. Always looking to expand her knowledge, she continues to study and practice Hecatean Witchcraft and Hoodoo. She is currently touring with the Oddities & Curiosities Expo promoting her new book, "Throwing the Bones Divination for the Modern Practitioner". She is also Vice President of Covered Bridge Press, LLC and Co-Founder of "Today's Witch" magazine. Her goal in life is to expand her spiritual education and help others who share her desire of understanding this magnificent universe in which we live.



Genine Turnbull (Webmstr, Graph. Des.)

Genine Turnbull is a fascinating person who is an Herbalist, Empowerment Coach and a Webmaster. She is also the Web Editor of Today's Witch Magazine and Covered Bridge Press LLC. She is a spiritualist who follows her own path, which she is happy to share with others. She believes in personal growth and encourages people to learn and grow every day. She is a motivator and a force of encouragement for every person she meets. Her work is important and has inspired many. Melina Valdejo

Exploring the Wolf Moon by Melina Valdejo

It's January and we've survived Yule (Yay! We didn't all die in the cold and dark!)- however, the cold is still here to stay for a while longer. While those beautiful pictures of a full moon shining its light down over snow covered fields, mountains and hills looks amazing- it can also be bitterly cold.

This cold is part of what gives this month's esbat its name, the Wolf Moon. Imagine going back to the time of the indigenous peoples of North America. The only leaves on the trees are evergreens. Everything has frozen over. Game has become scarce. You find yourself snuggled in at night keeping warm near the fire, waiting for daylight.

Wolves being mostly (but not entirely) nocturnal are out hunting. As the daylight sounds are now gone, they seem just a bit louder. Moving into the late autumn, the wolves are calling more and more both to neighbors and enemies. They are letting everyone know where they are both friend and foe. They're also calling potential mates, which is why you might hear them howl more frequently.

The name the Wolf Moon is believed to have Native American origins, particularly among the Algonquian-speaking tribes. In addition to the Wolf Moon, January's full moon is known by different names in various cultures. For example, some call it the Old Moon, Ice Moon, or Snow Moon, reflecting the climatic conditions often experienced during this month. More indigenous names include Frost Exploding Moon (from the Cree people), the Spirit Moon (from the Ojibwe), the Severe Moon (from Dakota) and the Canada Goose Moon (from the Tlingit). This moon is also sometimes called the Moon After Yule. Some Celtic names for it are the Stay Inside Moon or Quiet Moon. Some American cultures call it the Severe Moon or Center Moon-all for obvious reasons.

Characteristics of wolves and how you can connect with them

Wolves are native to North America and Eurasia. Wild wolf populations representing two distinct species of wolf are found in North America, Europe, Asia, and Africa. While wolves can be found in most of North America, Europe and Asia, numbers are decreasing rapidly due to loss of habitat/hunting grounds and climate change.

If you would like to connect with a certain type of wolf, you might want to research some of these areas to find out what breeds live there. As an example, if you have familial, cultural, or spiritual ties to or interests in Africa, you may want to connect with the spirit of the African Wolf (*Canis lupaster*). If you're drawn to Asia, you might want to look into the Eurasian arctic, Russian gray, Caspian sea or Tibetan gray wolf. You might consider meditating on that area of the world, reach out to the spirit of the land and of the wolf to see what messages they bring.

Wolf howls can last from 3-7 seconds, but a pack can last from 90-120 seconds- or longer. In some cases, you may have the opportunity to howl like a wolf- or with one. If you're ever in Missouri, I highly recommend a visit to the Endangered Wolf Center located in Eureka. Founded by Marlin Perkins and his wife Carol, this center has been working to help breed endangered species and has seen the birth of over 440 pups. Every Mexican wolf in the wild today can trace its roots back to this center. For more information see their website <https://endangeredwolfcenter.org>

Another characteristic of the wolf is found within their social circles. Governed by a hierarchy, each knows its place within the group, referred to as a pack. If approaching the characteristics of the wolf from this view, think about where you fall within your own societal or family circles. Who are you (or do you) surround yourself with? (Who's in the pack?) What's your role within it?

Wolves have 5 levels of authority within their packs. The alphas (a male and a female), the beta (which can be male or female), the subordinates (middle ranks), the omega (the bottom of the pack) and the lone wolf. The alpha male and female are in charge of- and lead the pack. They are the only ones allowed to breed. The beta is the second in command and is most likely to challenge the alpha for dominance. The subordinates are the bulk of the pack while the omega is the bottom of the barrel. The lone wolf is often a wolf that has

been driven out of a pack and left to survive on its own.

When you look at wolves from this way, where do you find yourself? Are you the lone wolf on the outside looking in? Are there any advantages to this for you? Are you a leader? Do you even want to be? Is your pack one you have grown up in or are you at the point in your life where you choose your proverbial pack?

Spiritual Qualities of the Wolf

The wolf often serves as a symbol of strength, intelligence, and primal instincts. In Native American spirituality, the wolf is revered as a powerful totem animal, embodying qualities like loyalty, freedom, leadership, and intuition. The wolf's keen senses and ability to navigate through the darkness are often seen as spiritual attributes, representing guidance and protection.

In Norse mythology, wolves play a significant role, especially with the two wolves, Skoll and Hati, who chase the sun and moon, respectively. The wolf, symbolizing both the untamed wild and a link to the divine, carries spiritual significance in the Viking tradition. It embodies the dualities of life and death, creation, and destruction, reflecting the cyclical nature of life. This spiritual perspective sees the wolf as a guardian of both physical and metaphysical realms.

In some shamanic traditions, the wolf is considered a spirit guide that leads individuals through the metaphorical wilderness of life. As a spirit animal, the wolf is believed to impart wisdom and courage to those who seek its guidance. The wolf's presence in dreams or meditation is often interpreted as a call to embrace one's instincts, navigate challenges with resilience, and tap into the primal energies of the natural world. Across cultures, the spiritual qualities attributed to the wolf resonate with the human quest for deeper understanding, connection, and a harmonious existence with the divinity.

The simplest of teachings

One of the most well-known wolf stories is that of two wolves told by a grandfather to his grandson.

"With a voice that carried the weight of generations, he spoke of two wolves residing within each person—one embodying virtues like love, kindness, and empathy, while the other harbored darker qualities such as anger, fear, and greed. These wolves, he explained, were in constant battle for dominance. When the grandson asked which wolf wins, Grandpa smiled knowingly and imparted the essence of the story's wisdom: "The one you feed is the one that wins."

Many other stories and myths encircle the wolf and its pack; however, it is *that* one which reminds us of the fine line we walk-whether it be wolf or human. We hold within our power the ability to lead our pack or tear it apart, to uplift those around us or tear them down. Be patient and walk in wisdom.

For more correspondences to inspire you, be sure to check out the Wolf Moon Correspondences listed on page 5



Wolf Moon Table of Correspondences

Other Names:	Chaste Moon, Cold Moon, Disting Moon, Moon of Little Winter, Quiet Moon, Snow Moon
Nature Spirits:	Brownies, Gnomes
Herbs:	Pinecones, Fir, Holly, Marjoram, Nuts, Thistle, Peppermint, Holy Thistle, Patchouli, Lavender, Pine, Ginger, Cinnamon, Rosemary
Colors:	Black, Blue-Violet, Brilliant White, Indigo, Purple,
Flowers:	Crocus, Snowdrop, Galanthus, Dianthus, Carnation, Peppermint
Scents:	Mimosa, Musk,
Trees:	Birch, Hazel
Animals:	Coyote, Fox
Birds:	Blue Jay, Pheasant
Deities:	Chango, Freyja, Hera, Inanna, Sarasvati, Sinn, Antu, Irene, Felicitas, Janus, Pax
Power Flow:	Sluggish, below the surface; beginning and conceiving , protection, reversing spells. Conserving energy by working on personal problems that involve no one else. Getting your various bodies to work smoothly together for the same goals.
Stones:	Garnet, Onyx, Jet, Chrysoprase, Moonstone, Rose Quartz, Ruby, Red Tourmaline, Emerald, Sapphire, Hematite
Zodiac:	Capricorn, Aquarius
Element:	Earth, Air
Gender:	Feminine
Spiritual:	Self-Reflection, Fresh Beginnings, Rumination, Kindness, Imagination, Inspiration, Gratitude, Rest.
Planet:	Saturn
Tone:	Fa, G
Letter:	F
Number:	7 or 3
Angel:	Tzaphkiel



Wolf Moon Ritual January

Legend: HP - High Priest
HPS - High Priestess

Ritual

Processional:

Opening Chant:

All: We Are a Circle. (*Repeated until all have entered the circle and taken up their individual places.)

Casting the Circle:

The HP will proceed from the North quarter in a clockwise direction while stating this aloud until he returns to each quarter. He will hold the point of the Athame toward the ground visualizing a beam of energy being sent out of the blade.

HP: I cast this circle to be a place that's not a place, in a time that's not a time, and in a space that's not a space. A place, where our magick workings are to be given life and birth. And where the heavens and earth shall meet in a sacred marriage. As above so shall it be now below. So Mote it Be!

All: So Mote it Be!

The HP then takes his place next to the HPS at the center of the altar facing outward toward the edge of the circle.

HPS: All hail and welcome those who enter this sacred space. May the light of the Goddess shine upon us all as we gather in celebration of her honor. So Mote it Be!

All: So Mote it Be!

HP: A call, A call to the quarters all

All: A call, A call to the quarters all.

All members of the circle are now to face the North Quarter raising arms to shoulder height, palms down, as the North Quarter is summoned.

Summoner lights his/her candle raises it in the air and states the following.

North Quarter: I call upon the guardians of the watchtowers of the North, Spirits of the Earth, lend to us your guidance, your nurturing, your loving grace. By the Earth that is her body, I call thee forth now. Enter into this our sacred circle and join in our rite. So Mote it Be!

All: So Mote it Be!

All members of the circle are now to face the East Quarter raising arms in air above the head fingers together, palms forward, as the East Quarter is summoned.

Summoner lights his/her candle, raises it in the air and states the following:

East Quarter: I call upon the guardians of the watchtowers of the East, Spirits of the Air, lend us your learning, your understanding, your knowledge. By the Air that is her breath, I call thee forth now. Enter into this our sacred circle and join us in our rite. So Mote it Be!

All: So Mote it Be!

All members of the circle are now to face the South Quarter raising arms above the head, fingers outstretched, palms forward, as the South Quarter is summoned.

Summoner lights his/her candle, raises it in the air and states the following:

South Quarter: I call upon the guardians of the watchtowers of the South, Spirits of the Fire, lend us your passion, your will, your desire, your drive. By the Fire that is her Spirit, I call thee forth now. Enter into this our sacred circle and join us in our rite. So Mote it Be!

All: So Mote it Be!

All members of the circle are now to face the West Quarter, raising arms at shoulder height, palms cupped like a bowl, as the West Quarter is summoned.

West Quarter: I call upon the guardians of the watchtowers of the West, Spirits of the Water, Lend us your dreams, your intuition, your love, and your healing.

By the Water that is Her womb, I call thee forth now. Enter into this our sacred circle and join us in our rite. So Mote it Be!

All: So Mote it Be!

At this point all now face center males with arms crossed against their chest and females with legs spread shoulder length apart and arms out stretched in pentacle position.

HP: Let us now all raise our arms and welcome in the elements in unison.

All: The Earth, the Air, the Fire, the Water, Return, Return, Return, Return. (chant x 3)

After the chant is complete all lower hands and the HP then faces the HPS places the fivefold salute upon her and Draws the moon down upon her.

HP: Our Lady, Great Mother, who was of old known by many and various names: Aphrodite, Brigid, Cerridwen, Diana, Gaia, Isis, and many others. Mother of us all, bringer of life and love, bearer of all fruitfulness. I invoke you and call upon you to descend into the body of this your High Priestess. Touch with her hands, kiss with her lips, speak with her voice to these, your loving and faithful followers.

HP then kisses his Athame, bows before the HPS in honor of her.

All: Isis, Astarte, Diana, Hecate, Demeter, Kali, Inana (chant x3)

HPS: Listen to the words of the Great Mother who was, of old, also called among men Artemis, Astarte, Dione, Melusine, Aphrodite, Cerridwen, Diana, Ariarhod, Bride, and by many other names. At mine altar, the youths of Lacedemon in Sparta made due sacrifice. Whenever ye have a need of anything, once in the month and better it be when the Moon is full, then shall ye assemble in some secret place and adore the spirit of Me, who am Queen of all the Witcheries. There ye shall assemble, ye who are feign to learn all sorcery, who have not as yet won its deepest secrets. To these will I teach that which is yet unknown. And ye shall be free from slavery and as a sign that ye shall be really free, shall ye bear your spirits unto me. And ye shall dance, sing, feast, and make music and merriment, all in my presence. For mine is the ecstasy of the spirit and mine is also joy on the earth. For my law is Love unto all beings. Keep pure your highest ideals, strive ever towards it. Let none stop you or turn your aside. For mine is the secret that opens up the door of youth and mine is the cup of the Wine of Life and the Cauldron of Cerridwen, which is the Holy Grail of Immortality. I am the Gracious Goddess who gives the gifts of joy unto the heart of men. Upon earth I give knowledge of the Spirit Eternal, and beyond death I give peace and freedom and reunion with those who have gone before. Nor do I demand ought in sacrifice, for behold I am the Mother of All Things, and my love is poured out upon the earth.

Here ye the words of the Star Goddess. She is the dust of whose feet are the Hosts of Heaven. Whose body encircleth the universe.

I am the beauty of the Green Earth, and the White Moon amongst the stars and the mystery of the Waters, and the desire of the heart of man. I call unto thy soul, "Arise and come unto me," for I am the Soul of Nature who giveth life to the universe. From me all things proceed and unto me all things must return. Beloved of the gods and man, thine inmost divine self shall be enfolded in the raptures of the Infinite. Let my worship be in the heart that rejoiceth; for behold, all acts of love and pleasure are mine rituals, and therefore, let there be beauty and strength; power and compassion; honor and humility, mirth and reverence within you.

And thou who thinkest to seek me, know that thy seeking and yearning avail ye not unless you know the mystery, that if what thou seekest thou findest not within thee, thou wilt never find it without thee. For behold – I have been with thee from the beginning and I am that which is attained at the end of desire.

HP: All hail the words of the Great Mother, All hail the glory or her presence, All hail the wisdom of her words.

All: We all hail and welcome thee!

At this point each member of the circle are to be handed a piece of paper and a pen.

HPS: Write upon this sacred scroll your desire and place it within my cauldron and also place it in the cauldron of your heart. Let your burning passions and yearnings for what you seek raise into the heavens from this cauldron as the fires of your desires unite and burn their will into the heavens to return to ash in the earth.

The papers are then placed into the cauldron and the HP will light the fire of the cauldron.

All are now to join hands and chant the following.

All: We all come from the Goddess (*chant x3*)

After the cone of power is raised and the magick is worked toward our desires the Cake and Ale will be consecrated and served.

The HP then takes up the libation plate and consecrates the cake with the following:

HP: I consecrate this sacred cake by the power of the Lord and Lady to sustain us all. Let their love and grace sustain us as we share in their feast.

The plate is then sent around the circle starting in the North Quarter and proceeding deocil (clockwise) until all have taken a bite of the cake each greeting the next as they pass it forward stating the following:

All: May you never hunger. (*not to be said in unison rather to each other as passing it around*)

The libation plate is then passed to the HP and HPS where they in turn do likewise.

The HPS then takes up the chalice and consecrates the wine with the following:

HPS: I consecrate this sacred wine by the power of the Lord and Lady to provide us all with the life giving waters of their love and grace as we share in their feast.

The Chalice is then sent around the circle starting in the North Quarter and proceeding deocil (clockwise) until all have partaken of a sip of wine each greeting the next as they pass it forward stating the following:

All: May you never thirst (*not to be said in unison, rather to each other as passing it around*).

The libation plate is then passed to the HP and HPS where they in turn do likewise.

HPS: May the gods bless this food as they bless our daily lives. Let us remember that without the gods we would have nought. Enjoy these symbols of all that we delight in. I urge you all, however, to remember to share what you have with those who have naught.

The HP and HPS then raise their Athames and Chalice in salute to the Lord and lady

HP: Thank you Lady, for this time we have spent in your presence. We came together in love and friendship; so let us now go our separate ways. We now depart our rite, performed in love and joy, in your honor and will remember your wise counsel as you depart that we may worship you, in all things we do, think, say and see. Depart now Great Mother with our thanks and love eternal. Hail and Farewell.

HPS: Great Mother goddess, creatrix of us all we thank your for this time we have spent in your presence. As we entered into this circle in honor of you we now also leave your divine presence in the same honor. Mother guide and bless us as we continue on our earthly journey, ever reminded of your grace and mystery. Hail and Farewell.

All: All hail and farewell Great Mother, your words we shall never forget and we shall honor you forever.

At this point the HP and HPS raise the proper stance salute to them and all males stand as before as do all females.

After this is complete each member will now face the West Quarter as the summoner again raises his candle each taking the same stance as before.

Summoner: Guardians of the Watchtowers of the West, spirits of the Water, as we have once called thee forth to lend us your energy we in gratitude for your gifts now ask you to depart from us. We will carry your lesson in our heart. Go now in Peace and Go in Power. So Mote it Be!

All: So Mote it Be!

Repeat this and stances according to each direction replacing the element and direction in a widdershins (counterclockwise direction) until the final quarter is dismissed.

HP now takes position at the North Quarter and proceeds widdershin around the circle stating the following with Athame pointed at ground.

HP: The circle that I once cast to act as a sacred place that was not a place, in a time that was not a time, and a space that was not a space. As a place to work our magick, and worship in honor of our Lady, I now call back upon me to return us to our lives with remembrance of these workings. I now bring the heavens back upon the heavens and the earth back under our feet. As now Below shall it be Above.

So Mote it Be!

All: So mote it be!

At this point the circle is now open and we can return to our celebratory feast after the rite.

All: "The Circle is Open" chant (*Chant x3*)

All can prepare to feast and have fun and socialize.

Merry Meet, Merry Part until we Merry Meet again.



Holy Thistle

This genus of two species of robust annuals or biennials is found throughout Europe and Mediterranean regions to Central Asia, and parts of West and East Africa. *Silybum marianum* (Milk Thistle) was once cultivated as a vegetable, but today is more popular as an ornamental, and as a medicinal plant. According to legend, it's handsome variegation was caused by the Virgin Mary's milk as it ran down the leaves, hence the plants specific name, *marianum*. Milk thistle contains unique flavolignans, collectively referred to as "silymarin", which protects the liver against toxins. Silymarin is apparently so effective that animals given it are unaffected by *Amanita phalloides* (death cap), a fungus that often causes irreversible liver damage. Historically, milk thistle was used to treat depression, associated with poor liver function. John Gerard considered it "the best remedy that grows against all melancholy diseases." (*The Herball or Generall Historie of Plants*, 1597). *Silybum* is from the Greek *silybon*, a term used by Dioscorides for thistle like plants.



An ancient medicinal herb used to protect and purify the liver as early as 23 CE, milk thistle's active ingredient is silymarin. Scientific research has shown that silymarin helps guard against the liver damage caused by ethanol and other substances, prevents blockages that can interfere with the flow of bile from the liver to the small intestines, and spurs the production of new liver cells. It also has been found to quell inflammation and control the oxidation that can damage body cells and tissues.

Stout annual or biennial with a basal rosette of white-marbled, deeply lobed, obovate leaves to 60cm (24in) long, which have spiny

Common Name: Holy Thistle

Other Names: Blessed thistle, Lady's Thistle, Marian Thistle, Mary Thistle, Mediterranean Milk Thistle, Milk Thistle, St. Mary's Thistle, Spotted Thistle.

Botanical Name: *Silybum marianum* syn. *Carduus marianus*.

Genus: *Silybum*

Family: Asteraceae

Native Location: SW Europe to S Russia and N Africa

Cultivation: Well-drained, neutral to alkaline soil in sun. Slugs and snails may damage leaves. Subject to control as a weed in some countries, notably in parts of Australia.

Propagation: By seed sown in summer or early autumn.

Harvest: For medicinal use, plants are cut when flowering and seeds are collected when ripe. All parts are dried for use in infusions and tinctures, or for extraction of silymarin. As a vegetable, young leaves, flower buds, and roots are harvested when tender and used fresh.

Height: 1.2—1.5m (4—5ft)

Width: 60—90cm (24—36in)

Hardiness: Z7—8

Do not use any herbal remedies without first consulting with your doctor.

History: Traditionally used since ancient Roman times to treat liver ailments, milk thistle has also been prized for centuries as a highly nutritious and therapeutic vegetable. The leaves, flowers, seeds, and roots are all edible, and folk herbalists have long recommended eating the plant (fresh, steamed, or boiled) for a variety of conditions. These include poor appetite, indigestion, depression, colic, congestive coughs, and poor milk production in nursing mothers. (One ancient myth claims that the distinctive white veins in the leaves carries the sanctified milk of the Blessed Virgin). In both folk and modern medicine, milk thistle is a recognized antidote for many poisons, including the poison of the deadly death cap mushroom (*Amanita phalloides*).

Parts Used: Whole plant, seeds, leaves, flowers buds, roots. *Silymarin*, the herb's essential ingredient is found in all parts of the plant, but is in highest concentration in the seeds.

Properties: A bitter, diuretic, tonic herb that regenerates, liver cells, stimulates the flow of bile, increases lactation, and relaxes spasms.

Medicinal Uses: Internally for liver and gall bladder diseases, jaundice, hepatitis, liver damage, cirrhosis, and poisoning (especially by *Amanita phalloides*, alcohol, drugs, and chemicals); also minimizes side effects from cancer chemotherapy.

For Further Reading: See [Http://www.prcupcc.org/herbs/herbsh/holythistle1.htm](http://www.prcupcc.org/herbs/herbsh/holythistle1.htm).

Mycology

Death Cap

Amanita phalloides

Common Name: Death Cap

Botanical Name: *Amanita phalloides*

Order: Agaricales

Family: Amanitaceae

Description: Smooth greenish cap with skirt-like ring at top of stalk and saclike cup about base of stalk

Cap: 2½ - 6 " (6.5—15 cm) wide; convex; margin not radially lined; slightly sticky, smooth, with small, flattened fibers; yellowish-green to greenish-brown, darker at center, often pale on margin; rarely entirely white. Odor becoming foul.

Gills: More or less free, close, broad, white.

Flesh: White; thick. Odor pleasant to nauseating; **Deadly do not taste it. Keep away from PETS and LIVESTOCK.**

Stalk: 3—5" (7.5—12.5 cm) long, ½-¾" (1.5—2 cm) thick; enlarging downward to basal bulb; smooth whitish, to dull greenish-yellow.

Veil: Universal veil rarely leaving patch on cap, sheathing basal bulb with large, membranous, saclike cup with free limb. Partial veil leaving membranous pendant, persistent, white ring at top of stalk. No partial veil present once ring is formed.

Spores: 8—11 x 7—9µ; Round, thin-walled, smooth, amyloid. Spore print White.

Edibility: **DEADLY POISONOUS**

Season: Late September—November in Northeast; November—January in West.

Habitat: Under conifers (spruce, pine, hemlock) and hardwoods (oak in New York, live oak in California; near planted Juniper and dogwood in Seattle, Oak in Oregon)

Range: Massachusetts to Virginia, west to Ohio; Pacific NW to California and spreading.

Look Alikes: The deadly *A virosa* and its allies are white, taller, and more slender

Comments: The Death Cap has been mistaken for edible mushrooms to which it bears little resemblance; in almost every case the ring of the cup (volva) was ignored. This deadly species often appears in urban areas under European conifers, as well as under native oaks, and may produce anywhere from 2 to 3 to several hundred mushrooms. Although the odor soon becomes nauseating, the young mushrooms are described to have a pleasant taste. Symptoms are typically delayed for 10-14 hours or more and begin with severe intermittent vomiting, diarrhea, and cramps. A remission occurs after a day or so and the victim believes he is better. By the 3rd or 4th day, signs of serious kidney and liver dysfunction appear and can, without treatment, cause death within 5-10 days.

Bibliography: National Audobon Society Field Guide to Mushrooms. *Gary H. Lincoff*. Copyright 1981 Chanticleer Press Inc. pp 543-544

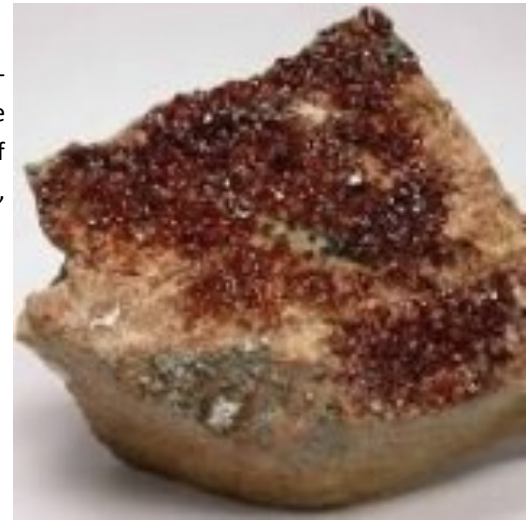
Peterson's Field Guide to Mushrooms. *McKnight & McKnight*, Copyright 1986 McKnight & McKnight pp 231-232

Simon and Schuster's Guide to Mushrooms. *Gary H. Lincoff*. Copyright 1981 Arnoldo Mondadori Ref. 4



Garnet

Garnet crystallizes in the form of dodecahedral and trapezohedral crystals, combinations of dodecahedral/trapezohedral crystals, masses, granules, and plate-like layers. The color range includes a variety of colors; these vary by specific types of garnets which are almandine, andradite, grossular/grossularite, pyrope/rhodolite, uvarovite, and spessartine/spessartite.



Physical Properties:

Category:	Nesosilicate
Colors:	Vary according to type
Crystal Structure:	Isometric
Chemical Composition:	Varies according to type, the general formula is $X_3Y_2(SiO_4)_3$
Geological Category:	Metamorphic
Strunz Classification:	9.AD.25
Specific Gravity:	3.1—4.3
Crystal Habit:	Rhombic dodecahedron or cubic
Hardness/MOHS Scale:	6.5—7.5
Cleavage:	Indistinct
Fracture:	Conchoidal to uneven
Luster:	Vitreous to resinous
Streak:	White
Diaphaneity:	Transparent to Translucent
Occurrence:	Worldwide

Types of Garnet:

Almandine
 Andradite
 Grossular/Grossularite
 Pyrope/Rhodolite
 Uvarovite
 Spessartine/Spessartite

Physiological/Holistic Properties:

Preparation: Elixir

Astrology:	Varies with type
Numerology:	Varies with type
Elemental:	Varies with type
Chakras:	Varies with type
Tarot:	Varies with type
Tone:	Varies with type
God:	Agni, Aker, Apollo, Ares, Attis, Balder, Braggi, Chango, Crius, Cronos, Father Sun, Helios, Hephaestus, Heracles, Hermod, Hoenir, Horus, Hyperion, Janus, Jesus, Lugh, Mars, Maui, Mithras, Mitra, Nergal, Ngau, Nurelli, Oak/Holly King, Odin, Prometheus, Ra, Saturn, Sol, Ukko, Vulcan, Yahimata-Hiko.

Goddesses: Aki Bimi, Albina, Anahita, Anapurna, Angerona, Anna Perenna, Aphrodite, Artemis, Astarte, Bast, Befana, Brigitte, Ceres, Cessair, Changing Woman, Dahomey, Dakini, Devi, Epona, Ezili, Eve, Fortuna, Freda, Freyja, Gaia, Hanna, Harmonica, Hathor, Heket, Hera, Hestia, Inanna, Ishtar, Juno, Kali, Kefa, Lilith, Lilitu, Lucina, Ma'at, Mama Allpa, Metzli, Modron, Morgan, Muses, Nikkal, Ningal, Nox, Nu Kua, Oya, Qadesh, Pandora, Pax, Pele, Rennatet, Sarasvati, Shekinah, Sinn, Snake Woman, Sophia, Spinning Woman, Sura, Thea, Tiamat, Urvasi, Venus, Vesta, Virgin Mary, Yachimato-Hinne, Zvezda.

What the Sabbats Mean To Me

by Edward Sott

The main focus of the Pagan traditions is the Solar and Lunar holidays known as Sabbats and Esbats. But how many of us really know what the Sabbats represent? Too often we are caught up in the commercialized trappings of the holidays that we tend to lose our conceptualization of their true meaning. I'm sitting here pondering what the Sabbats mean to me personally. And I have to begin with first recognizing what the historical significances are and the practices of the past in order to begin to comprehend what the current meaning actually is.

In ancient times the turning of the seasons were acknowledged as the journey of the life cycle of the God and Goddess. They were represented in the form of the 8 solar holidays that we now know as Sabbats and the 13 lunar cycles represented by the full moon now known as Esbats. (et seq.)

We have to take a look at the development of mankind as he evolved from the hunter/gatherer to the farmer. As evolution occurred so did the idea of the domestication of livestock. The most common domesticated forms of livestock were sheep and goats. Upon observation of this fact I have noted, as probably did ancient man, that the season or period of mating for these very useful animals was between September and January. September being the most prominent point of the rutting season. The gestation period of both is approximately 170 days or 5 months.

Taking this into consideration and looking at the wheel of the year we note that there is a comparative within the wheel of the year. September is the time of fall and the time of the final harvest; Food is stored for the coming of winter and livestock are preparing for winter. October is the time and when final preparations are being made. For the Winter is soon upon us. In the wheel of the year these two months correspond with Mabon in September and Samhain in October.

Given the gestation period of the sheep and goat we notice that the births of the new lambs and kids would occur around about the time of December to January. This is also a direct correlation, in the wheel of the year with the time of Yule and the birth of the God.

So, in essence October/November Samhain represents the finality of the seasons and coming of winter and in Celtic and some other cultures the Death of the Old God. And Yule represents the birth and coming of the New God. This has been reflected in multiple cultures and myths. And it is what has gotten me thinking about their particular meanings to me.

So, within this article I'm going to share a recent personal Jour-

ney that I have taken which began with a conscious decision that I made around Mabon. And then progressed to acting on that decision in October, and now currently further renewing my own personal life into this coming Yule.

Back in September I was contemplating my living conditions. I found that I wasn't living, I was surviving. As my economic situation took a drastic turn, I found myself no longer able to afford to reside in my apartment. I also decided to remove toxic influences in my life, (just as someone separating the wheat from the chaff), I too began to recognize what it was that I needed to store in my life to secure myself. My sister and I were talking and decided that I could take a better course and move in with her. So, I did. October 1st, I gathered the remaining amount of money I had to pay my rent and my utilities and proceeded to pack and ready myself for the move. I moved out.

This was not to be the only change that I would make, however. One of the main factors which were affected by my previous living situation was my health was on a rapid decline. I was smoking more, more depressed, unable to afford to make doctor's appointments etc. My sister was willing to help me in that matter and I'm grateful. By providing the transportation necessary to make the appointments I am now able to make necessary health changes and have begun doing so.

The first of these changes was to reschedule all my doctor's appointments. Which I now have done. The second was to get my teeth pulled and dentures so that I can return myself to a healthy and younger looking smile, as well as eat better. The third was to quit smoking so I can relieve some of the symptoms of my COPD and breath better. And finally, to build up my magazine and rearrange my personal finances so I can become comfortable and feel successful again.

All of these factors in consideration have resulted in my renewal and personal journey through the wheel of the year. And I now look forward to the upcoming years.

So, these two sabbats hold a particular positive meaning to me as they represent now to me, the positive and forward direction and movement in my life, and the ability to make positive changes. Like the cycling of the God, I have felt the rebirth. The death of the old and the renewal and birth of the new.

Feel free to share your stories of the sabbats and your personal journey's through the wheel of the year with us. We'll be happy to read them.

Totem Animals by Melina Valdejo

The realm of totem animals, often referred to as power animals, goes beyond just physical representations. It is an ethereal journey, a spiritual exploration, where connections are forged with creatures of the earth, sky, and imagination. In the grand plan of the Universe, these beings act as messengers, imparting wisdom, power, and personal truths to those who seek their guidance.

At its essence, a totem animal is a spiritual ally, a conduit through which we navigate the landscapes of our own existence. Beyond the tangible, beyond the words we speak, the Universe communicates through symbols, and animals, being the embodiment of these symbols, become ideal companions on this spiritual journey.

Totem animals are not only aligned with the Native American belief system. Totems are universal, present in the variety of cultures found worldwide. They may accompany us throughout our lives, similar to patron deities, or emerge as spirit guides with specific purposes, goals, or missions to fulfill. Whether the connection lasts a lifetime or for a defined task, a meaningful bond is woven through shared interest, the reflection of the animal's characteristics, dreams, meditation, and various other interactions.

The interaction does not require physical touch; simply observing these spiritual beings can unlock a realm of knowledge and truth. Consider a visit to a zoo, nature preserve, or animal sanctuary—an opportunity to witness these beings in their natural state, to absorb their essence without direct physical contact.

A brief note on the realm of mythological being ...Though often overlooked in conventional discussions, creatures like the majestic Pegasus, the serpentine hydra, or the mythical dragon hold just as significant lessons. Exploring the elements and symbolism within these beings offers us a glimpse into a magical world. Who is to definitively say if these mythical beings existed? The answer lies in the wisdom and symbolism they offer, transcending the boundaries of reality.

The journey to discover an animal guide or totem is as diverse as the individuals who is doing the searching. For some, it is an intuitive knowing, a deep resonance within. For others, the path to revealing their totem is a deliberate process, requiring introspection and exploration. What we begin to question, also serves as a clue on this journey that leads to a unique connection: Have you ever felt an unexplained draw to an animal, even insects? Does a specific animal persistently manifest in your life, whether physically or through symbols?

As we travel the spiritual realms, totems reveal themselves through dreams, experiences, and personal inclinations. The collector of specific animal representations, from drawings to figurines, often finds their totem mirrored in their chosen artifacts.

Totems are not confined to physical beings alone; they extend into the realm of symbolism, manifested in family crests, emblems, and totem poles. Mythological beings, as mentioned earlier, find their place alongside actual creatures, blurring the lines between reality and the mystical.

Adding further clues and information to this quest is the elemental affiliation of totem animals. Categorized into Air/East, Fire/South, Water/West, and Earth/North, these classifications correspond to different aspects of our existence. Air/East totems relate to the intellectual realm, embodying wisdom, new beginnings, and higher perspectives. Fire/South totems ignite passion, creativity, and the ability to traverse different planes. Water/West totems navigate the emotional plane, symbolizing feelings, adaptability, and the ability to delve into the depths of issues and family matters. Earth/North totems ground us in the physical, offering stability, intuition, and the ability to navigate tangible challenges.

The journey to find one's totem involves diverse practices, each a gateway to a deeper connection. Meditation, nature observation, self-inquiry, journaling, and journeying with sound open portals to this mystical realm. Animal symbolism becomes a language, with creatures representing facets of our lives, personal traits, skills, and even recent emotions.

Developing a connection with a totem animal is not a superficial interaction; it is a reciprocal honoring. The lessons and medicine shared by these spiritual companions become a sacred gift, unveiling hidden aspects of ourselves, expanding our awareness, and offering new perspectives on our surroundings.

This connection serves as a catalyst for personal growth. By tapping into the energetic essence of our totem, we uncover our own truths, progress on our unique paths, and navigate challenges with newfound strength. The totem becomes not just a guide but a source of inspiration, a perspective that transcends the mundane and connects us with the spiritual realm.

In crafting this energetic link, we gain the ability to call upon our totem when needed. It becomes a source of support, an anchor in moments of uncertainty or challenge. The totem, whether a fleeting encounter or a lifelong companion, weaves its teachings into the fabric of our being, creating a profound connection with Spirit.

As we immerse ourselves in the wisdom of totem animals and their elemental affiliations, we unearth the treasures of our own existence. The journey unfolds beyond the tangible, transcending the ordinary, and leading us into the sacred realms where the language of symbols speaks louder than words. In the tapestry of our spiritual evolution, totem animals become vibrant threads, weaving a story of self-discovery, growth, and an enduring connection with the mystical forces that shape our existence.

To create your own guide to totems or to add them to your book of shadows, please see the worksheet that follows, on page 13.

Totem Animals & Their Element ©2013 Melina Valdejo

Name of Animal: _____

Beginning Date of Relationship: _____

Culture/Element: _____

Appearance: _____

Weaknesses: _____

Strengths: _____

Position on the Wheel: _____

Animal habits: _____

Physical Characteristics: _____

Predators: _____

Prey: _____

Family Habits: _____

Story/History/Myth:

My Discoveries/Additional Correspondences:

My Biggest Truth/Lessons Learned:

Examples of totem animals and how to work with them by Melina Valdejo

The initial clue in working with animal totems lies in observation and awareness. Animals often present themselves as messengers or recurring presences, which result in symbolic meanings that align with our own experiences.

For example, if you repeatedly encounter owls during moments of introspection, these owl sightings become a clue to encourage us to look into aspects of self-reflection and tap into inner wisdom.

Another example would be if you were inspired by the hummingbird's symbolism of joy and adaptability, a person might integrate this energy into their life by cultivating a more lighthearted approach to challenges and finding joy in the present moment.

Let's explore some totem animals and how to work with their unique qualities.

Wolf: Qualities Intuition, Freedom, Instinct, group, or pack energetics

Working with Them: Trust your instincts, embrace independence, and reconnect with your primal instincts. Visualize a protective circle of wolves during meditation for guidance and support.

Owl: Qualities: Wisdom, Introspection, Mystery, silence, refined sight

Working with Them: Reflect on your inner wisdom during moments of introspection. Pay attention to recurring owl sightings as clues for deeper self-reflection. Tap into your own insight and unique views of situations.

Hummingbird: Qualities: Joy, Adaptability, Lightness.

Working with Them: Cultivate a lighthearted approach to challenges. Find joy in the present moment and be flexible in your responses to life's twists and turns.

Eagle: Qualities: Vision, Power, Freedom.

Working with Them: Gain clarity in your vision for the future. Tap into your inner power and embrace a sense of freedom by soaring above challenges.

Bear: Qualities: Strength, Courage, Introspection.

Working with Them: Draw upon inner strength during challenges. Cultivate courage and take moments of introspection for personal growth. When do you need "cave time" to recharge?

Fox: Qualities: Cleverness, Adaptability, Cunning.

Working with Them: Utilize clever problem-solving strategies. Embrace adaptability and learn to navigate situations with cunning precision.

Dolphin: Qualities: Playfulness, Harmony, Intelligence, group energetics

Working with Them: Infuse playfulness into your life. Strive for harmony in relationships and activities. Harness intelligence to approach situations with clarity. How can you create your own "pod" of those you trust and love?

Snake: Qualities: Transformation, Renewal, Healing.

Working with Them: Embrace transformation and renewal. Allow experiences of shedding old skin to bring healing and growth.

Turtle: Qualities: Patience, Stability, Wisdom.

Working with Them: Cultivate patience in your endeavors. Seek stability and wisdom in decision-making and visualize a protective shell during meditation for a sense of security. The turtle carries its home with it, keeping a sense of "home" with it wherever it goes.

Butterfly: Qualities: Transformation, Beauty, Grace.

Working with Them: Embrace personal transformation. Find beauty and grace in life's changes. Connect with the energy of butterflies for inspiration and renewal. Also, consider researching the goddess "Butterfly Woman" or "Butterfly Maiden".

Lion: Qualities: Strength, Leadership, Courage.

Working with Them: Tap into inner strength and leadership qualities. Approach challenges with courage and envision the spirit of a lion as a symbol of protection. How can you lead your pride or group?

Horse: Qualities: Freedom, Power, Endurance, Companionship

Working with Them: Cultivate a sense of freedom and personal power. Draw upon the endurance of a horse to face challenges with resilience and stamina. How can you support others? Who are the companions on your journey?

Hawk: Qualities: Vision, Insight, Precision.

Working with Them: Sharpen your vision for opportunities. Seek insight and clarity in decision-making. Visualize soaring with hawks for a broader perspective. Consider researching the god Horus in the Egyptian Pantheon.

Natural Healing — The Common Cold

It is the Season not only for joy and companionship with members of your family but also for some of the pains that come along with it. One of these is the Cold

There are many over the counter remedies on the market today, and pharmaceutical companies around this time of year make a fortune on people trying to relieve the symptoms of the common cold. Nature, however, does provide several herbs and remedies that help to boost the immune system and quickly eliminate the symptoms of cold. But along with taking these natural remedies it is recommended that we also begin lifestyle changes that become effective in boosting our natural defenses.

Stress, smoking, inactivity (lack of exercise) and improper diet are key factors which enable the Rhinovirus and related influenza viruses to attack the immune system.

A combination of natural, and homeopathic remedies combined with lifestyle changes can lessen the chances of contracting these illnesses and increase the ability for us to live healthy and productive lives.

Within this article I'm going to mention several herbs and herbal remedies that can be used to prevent colds as well as treat the cold if you have already contracted the symptoms of same.

Careful consideration must be given to the proper dosages and amounts of each used as some of these can have adverse effects.

Never use any of these methods and preparations without first consulting with your doctor, especially if you're on medication for other reasons.

Below is a list of beneficial herbs that can help you when you are experiencing the symptoms of a cold or flu:

Precautions for the use of herbs.

Astragalus	Capsules. Take 500-1,000 mg 3 times daily	Keeps nasal-passage linings from letting in rhinoviruses
Cats Claw	Capsules. Take 2000-3000 mg daily	Speeds rate at which the immune system gets rid of the virus
Echinacea	<i>Echinacea purpurea</i> extract tablets. Take at least 900 mg daily; or Juice (Echinacin) Take 1 tsp (4 ml) 3 times daily	Speeds recovery. Reduces risk of catching cold.
Elderberry	Sabucol. Take as directed on the label	Promotes sweating and can help to break a fever. It also contains antioxidants and flavonoids that protect cell walls against foreign substances.
Ephedra	Any over the counter formula, such as Breathe Ease. Take as directed on the label	Relieves cough and congestion, reduces the risk of asthma attack.
Fenugreek and Thyme	Fenu-Thyme from Nature's Way. Take as directed on the label.	Helps rid nasal passages of mucus.
Ginger	Tea made by adding 1/3 tsp powdered ginger to 1 cup of water Drink 1 cup 2-3 times daily	Stops head and chest congestion, malaise, and chills
Horehound	Lozenges, Use as desired	Breaks up nasal congestion.
Hyssop	Tea, Take 1 cup 2-3 times daily	Acts as an expectorant and has antiviral properties.
Kudzu	Tablets. Take 10 mg 3 times daily	For colds with sore neck or general muscle pain.
Osha	Tincture. Take 10-15 drops in 1/4 cup water 3 times daily.	Useful if ear infection is also present
Shiitake	Tablets. take 3 gm 3 times daily.	General immune stimulant. Good for colds that follow periods of stress.
Slippery Elm Bark	Powder. Take 1-2 tsp in 1 cup cold water as desired.	Relieves scratchy throat.
Tea tree oil.	Oil, place 4-6 drops in 1/2 cup water and use as mouthwash.	Relieves sore throat.
Tilden Flower	Liquid extract. Take 1/2 –1 tsp (2-4 ml) 3 times daily	Coats and soothes scratchy throat, and stops hacking cough without raising blood pressure

Do not use Astragalus if you have fever or a skin infection.

Do not use cat's claw if you have to take insulin for diabetes. Do not use it if you are pregnant or nursing. Do not give it to a child under age six.

Do not use Echinacea if you have an autoimmune disease such as rheumatoid arthritis or lupus. Do not use it if you have a chronic infection such as HIV or tuberculosis.

Do not use ephedra if you have anxiety, glaucoma, heart disease, high blood pressure, insomnia, or prostate disease. Do not use it if you are taking an MAO inhibitor or tricyclic antidepressant.

People who are allergic to celery or thyme should not use tea tree oil products. Do not take tea tree oil internally.

Never use any of these methods and preparations without first consulting with your doctor, especially if you're on medication for other reasons.

The Magician: Major Arcana Beginnings

By Emily Thornton

The Major Arcana has a treasure trove of images that help guide people on their journeys. As we learned in the previous article about the Fool, we (the querent) are the Fool and are meeting people on our journey to help us succeed in our life.

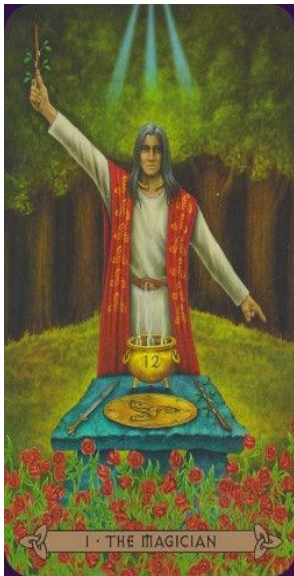
The first individual we meet is the Magician. He is the number one card in the deck and as such, holds a significant role in the journey of the Fool. There is a lesson to learn here. We are learning about manifesting and all the tools we have available to us. This card is full of creative energy.

In the regular Rider Waite Deck, the iconography reveals some interesting things. The Magician is seen at an altar. All of the minor arcana suits are displayed and he (sometimes she) is seen with his hand upraised with a scroll in it. The scroll is indicative of the wisdom he possesses and the resources on the table are things he wishes to teach the fool about his future travels. The resources on the table are the Pentacles, Cup, Swords, and Wands. These resources are the suits in the minor arcana. The Pentacles are about the earthly abundance, the Cups are our emotional connection, the Wands are our goals, and the Swords are all about the thoughts and mind and how we plan moving forward.

The frame of the card is surrounded by flowers that are full of red and white colors. The infinity sign is indicated above the magician's head. This gives the idea that there is unlimited potential within him...and he wishes to share with the fool.

The colors of this card are beautiful. The background is completely yellow. In Tarot, yellow is indicative of hope and success. The Magician is wearing red and white in his tunic/robe. These colors indicate that his being is both spiritual (White) as well as powerful and full of action (red). The flowers beneath the table are red and white, which also indicates passion and a truth of purpose. The Magician does not want to deceive the fool. Roses are also a significant part of herbalism. They raise the frequency around us and help major with their aroma. Lilies are about purity and inviting good health.

The Magician, when it comes up in a reading, is giving the querent tools to continue on his journey. The Fool has everything he needs to manifest a life he wants... but he needs to put in the work to use them properly. One of the major messages here is to know what is important to you at the moment and hold on to it moving forward. It is time to be strong and forceful in your speaking and own the voice that is inside of us. The other characters that the Fool meets on his journey will help him gain skills to use the tools successfully.



Tarot Spread of the Month—The Goal Achievement Spread

The month of January is normally not only a month of introspection but a month where we also set goals for the year to follow. The spread which I’m going to demonstrate is one that will assist you in setting your goals and help you using the Tarot to determine a course of action that will best suit the achieving of those said goals. This spread is a less intuitive but more **Matter of Fact** spread as it will provide for you a direct answer to each of your goals that you may set for yourself.

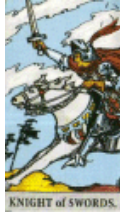
Being that it’s less intuitive, you can therefore if you have several goals which you wish to consider repeat the process for each individual one. Pay close attention to the imagery and meaning of the cards as they can tell you a great deal about the direction in which your goal will go and how to best get there. Below is a sample spread and reading to help you determine how to read and lay out this spread. Your cards may be different so your interpretation of the cards, however, should follow the basic format tabled beneath the spread.



1



4



3



2

Card Number	Format	Divinatory significance
1	Identify the Goal	The Ace of Swords in this spread indicates that the goal that the person had set is one that may be a little too lofty, and may need adjusting by using the other cards in the spread to determine how.
2	Qualities you have that can aid you.	The Ten of Cups in this position indicates that the person can achieve his/her aspirations by using their family values and teachings
3	Obstacles in the Way of achieving my goals	The Knight of Swords in this position indicates that a part of the reason that the person may not achieve the goal is because they tend to have an
4	Method of Achieving Goal.	The 8 of wands in this position indicates that the tool necessary for achieving the goal again lies in the persons ability to prioritize and set healthy and active boundaries in motion for his/herself.

Tarot Spell of The Month

General Purpose

Action Spell

A general purpose spell to get action and/or to set forces in motion, in order to achieve some goal or to further some cause.



This layout may be seen as a staircase leading upward. The **ACE OF WANDS** stands for the active principle — Forces set in motion. The **CHARIOT** stands for the forces which are in motion and under control. The **EIGHT OF WANDS** shows movement towards a goal. If you wish to accessorize this spell, you can use Red Candles, reddish crystals and gemstones and a red cloth on which to lay the cards. Because Red is a color which represents action and/or new beginnings. To perform this spell, you may improvise a ritual of your own, or just proceed by laying out the cards and doing the following meditation, visualization and affirmation.

Meditation and Visualization

Lay out the cards when you come to the appropriate point in the spell.

Since this spell is designed to be a general-purpose rite adapted to a great variety of uses. A general visualization will be most useful in this case.

1. As you lay the ACE OF WANDS, visualize the early stages of action or chain of events you wish to set into motion.
2. As you lay THE CHARIOT, visualiz these actions or events developing in an orderly manner.
3. As you lay down the EIGHT OF WANDS, visualize your desires accelerating toward their ultimate goal.

4. Affirmation

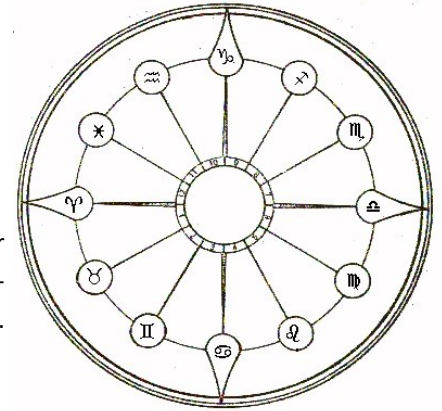
"I call upon the power that is within me!
 I call upon those wide-ranging powers
 which are at work in the Universe around me!
 I charge these powers all
 that my desire be fulfilled.
 Forces are set in motion!
 Circumstances are shaped!
 Actions are made to happen!
 Events are brought about!
 Deeds are accomplished!
 All is resolved in my favor!
 The magical momentum which I have built
 continues to build rapidly,
 And so all that I wish is attained!
 So Mote It Be!

You may consider the spell closed at this point, or you may close the spell ritually as desired.

Astrology

by

Edward Sott



10th House—Career and Prominence

The Tenth House is the House of Career and Prominence. It governs the success of your career, your prominence and reputation in the community, and which accolades and honors you may receive. It indirectly denotes the manner in which you accept responsibility. The Natural Ruler (or corresponding Zodiac sign) of the Tenth House is Capricorn

Sign:	Capricorn	Tarot:	World, Emperor, Page of pentacles
Symbol:	♑	Archangel:	Cassiel
Dates:	December 22— January 19	Birthstones:	Apache Tear, Hematite, Onyx
Ruler:	Saturn	Gems:	Amber, Aragonite, Black Tourmaline, Carnelian, Cat's Eye, Fire Agate, Fluorite, Galena, Garnet, Green Tourmaline, Jet, Labradorite, Magnetite, Malachite, Onyx, Peridot, Quartz, Ruby, Smoky Quartz, Turquoise.
Element:	Earth	Babylonian Name:	Kusarikku
Quality:	Cardinal	Meaning:	Fish-Ram
Gender:	Feminine		
Body Parts:	Bones, Knees		
Key Words:	"I Use"		
Colors:	Brown, Gray, Black, Dark Green, Earth Tones		

Key Traits

Cautious, Practical, Prudent, Ambitious, Grave, Stern, Restrained, Disciplined, Authoritarian, Moralistic, Judgmental, Manipulative, Honorable, Integrity, Truthfulness, Morbidity, Morose, Loners, Loyalty, Reminiscent, Organizers, Rigid, Steadfast, Plotting, Plodding, Idealistic, Perfectionistic, Deep Thinkers, Workaholic.

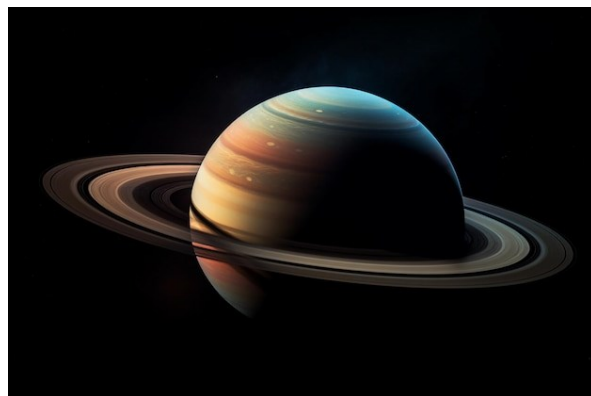
House Traits

The Personal Image, Authority, Honor, Prestige, Career, Ambition, Father, Organizations, Rulers, Employers.



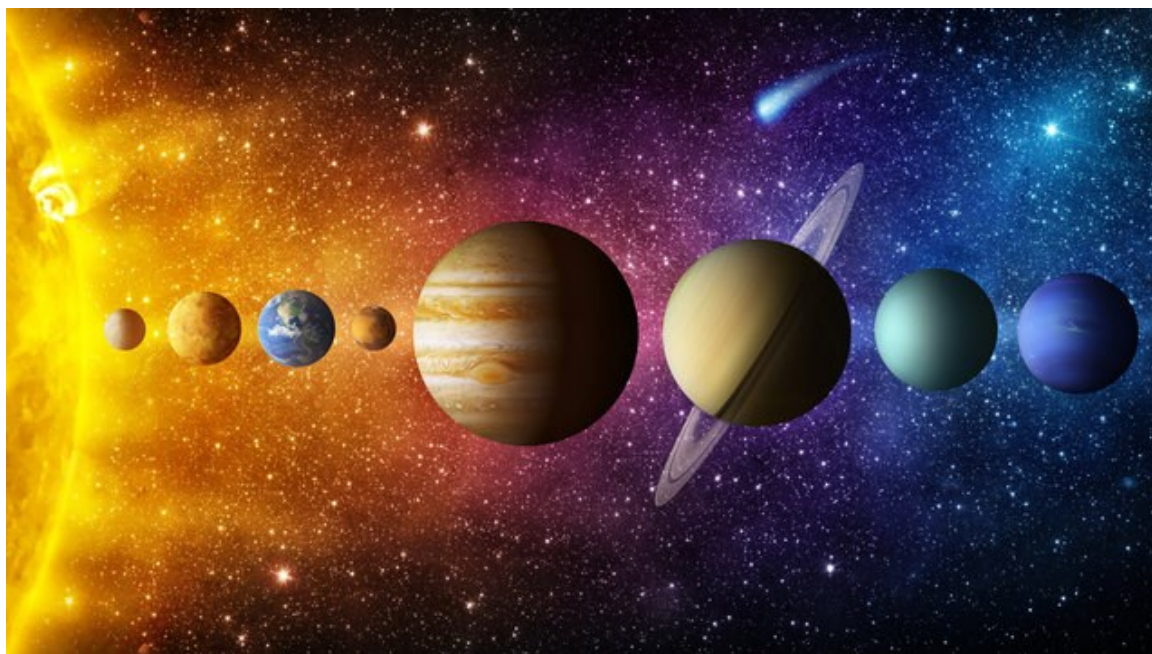
Saturn Correspondences

Rules:	Obstacles, limitations, binding, knowledge, death, build ings, history, time, structures.
Day:	Saturday
Element:	Water, Earth
Color:	Black, Blue
Astrological:	Capricorn
Tone:	Fa, G
Letter:	F
Number:	3 or 7
Metal:	Lead
Jewel:	Pearl, Onyx, Star Sapphire, Jet, Obsidian, Alum, Apache Tear, Coal, Hematite, Brown Jasper, Salt, Serpentine, Black Tourmaline.



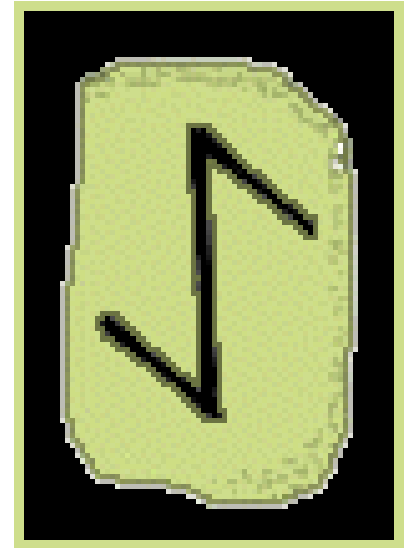
Cabalistic Sphere: The whole Cabalistic Sphere

Angel:	Tzaphkiel
Incense:	Alum, Civet, Ironwood, Myrrh, Night Queen
Plants:	Aconite (Monkshood or Wolfsbane), Ash, Beech, Beets, Bistort (Dragonwort), Boneset, Buckthorn, Comfrey, Cypress, Datura, Elm, Hellebore, Hemlock, Horsetail, Hemp, Henbane, Hickory, Ivy, Knotweed, Lady's Slipper, Life Everlasting, Lobelia, Mandrake, Marijuana, Mimosa, Morning Glory, Mullein, Opium Poppy, Nightshade, Pansy, Patchouli, Poplar, Quince, Rattlesnake, Root, Rowan, Skullcap, Skunk Cabbage, Slippery Elm, Solomon's Seal, Thyme, Wolfsbane, Yew.
Tree:	Alder, Pomegranate
Animal:	Crow, Raven, Woman
Goddesses:	Cybele, Demeter, Hecate, Hera, Isis, Kali, Nephthys, Rhea.
Gods:	Bran, Cronos, Ninib, Saturn, YHVH



Eihwaz**(Eye-waz)**

Sound:	“E” and “I”
Depiction:	The vertical column of the World Tree
Runic Position:	2nd Aett, 5th Rune
Original Meaning:	Yew, in the form of the World Tree, and the giver of life and death.
Key Words:	Communication, death, regeneration, knowledge, dreaming, magick
Tree:	Yew
Herb:	Mandrake
Gemstone:	Lapis Lazuli, Sapphire, Blue Topaz, Herkimer Diamond
Color:	Dark Blue
Runic Half Month:	December 28—January 13
Hours of the Day:	12:30 a.m.— 1:30 a.m.
Other Names:	Germanic: <i>Ezck (Eihwaz)</i> Anglo-Saxon: <i>Yr (Eoh)</i> Norwegian (<i>Eo</i>)
God/dess:	Odin
Power Animals:	Eagle, spider, horse, wolf, raven, serpent, dragon, jaguar, dolphin, eel, salmon, butterfly, dragonfly, lizard, kingfisher, hound, moth.
Elements:	All the elements
Numerological Value:	“13”
Astrology:	Scorpio
Tarot:	Hanged Man
Magickal Qualities:	Understands the knowledge of the cosmic or World Tree, Releases you from fear of death, Develops your creative and magickal abilities, Increases your divination skills, Communicates between different realms of awareness, Practices lucid dreaming, Communicates with your ancestors.
Galdr Song:	Eihwaz, eihwaz, eihwaz Iwaz, iwaz, iwaz E e e e e e e e e e Iwu iwa iwi iwa iwu Iwo iwe, iwi iwa iwu E e e e e e e e e e
Ogham Bethlusian:	Edad (pr. <i>ayda</i>)
Quatrain:	Discerning wand that measures every hair, One stroke of you converts enduring care. Give entrance to a long-neglected friend, To birth's brother and his final end.



UNDERSTANDING THE CHAKRAS

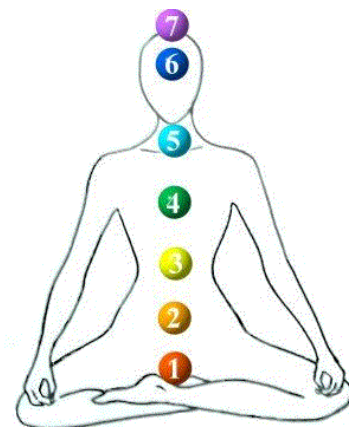
Chakras (UK: /ˈtʃʌkrəz/, US: /ˈtʃɑːkrəz/ *CHUK-rəz*, *CHAH-kraz*; Sanskrit: चक्र, romanized: *cakra*, lit. 'wheel, circle'; Pali: cakka) are various focal points used in a variety of ancient meditation practices, collectively denominated as Tantra, or the esoteric or inner traditions of Hinduism.

The concept of the chakra has its roots in the earlier traditions of Hinduism. They are both meditative and also considered to be physical manifestations of the human body. Several Vedic and Ayurvedic healing practices utilize various techniques to control the flow of energy through these centers to enhance the balance of one's Auric Energy. Some techniques include Kundalini Yoga, breathing exercises, visualization, mudras, bandhas, kriyas, and mantras.

The Modern Western Chakra System arose from multiple sources, with their origin beginning in the 1880's with H.P. Blavatsky and other theosophists. They incorporated a wide range of correspondences with other systems such

as: alchemy, astrology, gemstones, homeopathy, qabalah, and tarot.

In the correspondence table below we're going to look at each individual chakra and combine both eastern and western philosophies, and beliefs.



The Chakras— The Solar Plexus Chakra— Manipura

COLOR:	Yellow
SANSKRIT:	Manipura "Jewel City"
ASSOCIATION:	The storehouse of spiritual and physical energy; keeps the other chakras healthy. When we ground and center in magick, we are concentrating on the solar plexus chakra.
BODY AREAS:	Lower back, digestive system, liver, spleen, gall bladder, pancreas, and the production of insulin.
EMOTIONAL:	Forgiveness, removes depression, negative thinking, boosts self-esteem, helps to release fear and phobias, and adds the energy of joy and laughter. Emotional success, abundance and vitality. Gold helps to relieve suicidal tendencies.
PLANET:	Jupiter
METAL:	Tin
CRYSTALS AND STONES:	Adamite, Aegirine, Agni Gold Danburite, Amber, Amblygonite, Ametrine, Aragonite, Astrophyllite, Azeztulite, Black Jade, Black Phantom Quartz, Blizzard Stone, Blue Halite, Brazilianite, Cacozenite, Carnelian, Cassiterite, Celestial Quartz, Chrysanthemum Stone, Chrysoberyl, Chrysoprase, Citrine, Clear Calcite, Clear Quartz, Copper, Covellite, Cryolite, Datolite, Dendritic Agate, Diaspore, Dolomite, Elestial Quartz, Epidote, Faden Quartz, Fancy Jasper, Fire Agate, Flint, Fluorite, Fulgurite, Gaspeite, Gel Lithium Silica, Gold, Golden Apatite, Golden Labradorite, Golden Beryl, Golden Topaz, Golden Tourmaline, Gold Sheen Obsidian, Grossular Garnet, Halite, Hanksite, Healer's Gold, Heliodor, Hollandite Quartz, Honey Calcite, Imperial Gold Quartz, Infinite Stone, Iolite-Sunstone, Jasper, Jet, Kyanite, Labradorite, Lepidolite, Libyan Gold Tektite, Lilac Lepidolite, Lithium Quartz, Magnetite, Malachite, Marcasite, Merlinite, Moldavite, Mook Jasper, Nebula Stone, Nickel-Iron Meteorite, Niobium, Nirvana Quartz, Nuummite, Ocean Jasper, Onyx, Orange Calcite, Oregon Opal, Owyhee Blue Opal, Peridot, Pietersite, Pink Halite, Platinum, Prasiolite, Prehnite, Purple Sage Agate, Pyrite, Pyromorphite, Rainforest Jasper, Red Jade, Rhodizite, Rhodochrosite, Rutilated Quartz, Rutile, Scapolite, Seraphinite, Serpentine, Shaman Stone, Shiva Lingam, Sichuan Quartz, Silver, Smithsonite, Spessartine Garnet, Sphaelerite, Sphene, Spinel, Spirit Quartz, Stellar Beam Calcite, Stibnite, Strontianite, Sunstone, Tektite, Thulite, Tibetan Black Quartz, Tiger's Eye, Tiger Iron, Titanium, Titanium Quartz, Tourmalined Quartz, Unakite Jasper, Uvarovite Garnet, Vanadinite, Vesuvianite, White Precious Opal, Wulfenite, Yellow Sapphire, Yellow Tourmaline, Zincite, Zircon.
ESSENTIAL OILS:	Cinnamon and Geranium



The Story of Hera by Jill Ann Cooper

Let me tell you a story of the queen of all goddesses of Olympus. This Goddess is known for her extreme jealousy and desire for vengeance against the many lovers and illegitimate children of her husband Zeus.

Hera is the Goddess of women, childbirth, family, and marriage. This Goddess is a beautiful woman wearing a crown with a Lotus tip scepter sitting on her throne. She is often accompanied by a variety of her favorite sacred animals. Some of these animals include the peacock, the lion, the hawk, and the cuckoo bird.

Hera was born of her father Cronus and her mother Rhea. Her sisters are Demeter and Hestia. Hera is the most well-known of her sisters.

Her husband is the great God of the Skies Zeus. When Zeus first proposed to Hera, she turned him down. However, Zeus was persistent. He knew how much Hera loved animals. Zeus decided to conjure up a horrible storm. He turned himself into a helpless scared cuckoo bird during the storm. Hera found the Tiny Bird frightened and alone and she loved him, embraced him, and kept him warm.

Once Hera became fond of this little cuckoo bird Zeus morphed back into himself. He revealed to Hera that this was all part of his plan to convince her to marry him. His plan worked. Hera and Zeus partook in the first great wedding of Olympia. This was a large and prestigious wedding. Gifts were showered

on the couple from those all across the land. Heras grandmother Gaia gave her a garden filled with golden apples. Natives of the land honor their marriage date with a sacrifice.

Hera and Zeus had numerous children. Zeus is the father of most of Hera's children. The most prominent of their children to mention is the Great War God Aries. They also conceived daughters Hebe, Alethea & Eileithya.

A very commendable Act that Hera partook in is The Great quest of Jason to find the Golden Fleece and reclaim his kingdom. Hera convinced Jason to kill King Pelias. Hera was seeking vengeance on king Pelias because the king murdered his own grandmother in one of Hera's sacred temples dishonoring the great Goddess.

Something not so commendable that goddess Hera took part of was destroying baby Hercules birthright. Hercules is the illegitimate son of Zeus and a nymph called Alcmena. Hera was jealous of Hercules even though the name given to Hercules means "Glory of Hera".

When Alcmena was pregnant with Hercules, Zeus commanded that this child of his who would be born would rule all of those around him.

This broke Hera's heart, and she became jealous and enraged and decided to destroy Hercules's birthright.

Hera delayed the birth of Hercules so that Zeus's great-grandson Eurystheus would be born first, therefore receiving the birthright that was meant for Hercules.

This sums up the story of Hera for now. Reading this you can hereby conclude that all gods and goddesses have their commendable and not so commendable qualities and acts just as we humans do.

Hera is not just one of the great goddesses, she is the Queen Goddess of Olympus and thereby very much worth recognizing.

Once again, I hope that you have enjoyed this read and there are many more to come!

The Mystical Wisdom of Janus: Embracing the God of Beginnings in Magickal Rituals by Jill Ann Cooper and Melina Valdejo

Janus is an Ancient Greco - Roman God and primordial deity. His siblings are Saturn and Ops, and his children are Canens, Aithex, Olistene, Tiberinus, and Fontus. Janus once lived as a man, and he built a city called Janiculum on the west bank of the river Tiber River. This river was named after his child Tiberinus, who it is believed died in or near the river.

Known as the god of beginnings, gates, transitions, time, duality, passages, frames, doorways, and of prime beginnings and endings, he is also viewed as the curator of the universe. As such, he serves as a powerful archetype for those seeking to navigate the thresholds of change, transformation, and magical exploration. This makes Janus an ideal deity for incorporating his energy into magickal rituals-especially those at the beginning of the year.

Worship of Janus dates traditionally back to Romulus and a period even before the founding of the city of Rome and he has no known Greek counterpart. This makes him a natural choice for getting in touch with truly old pre-Roman energies.

When Pagan rites were being held regularly, Janus held great status and was given offerings before the rituals. He was even invoked before Jupiter in ceremonies.

Ceremonial arches instead of temples were erected in honor of Janus throughout the Roman Empire. When their armies went to war, they would march in a choreographed precession through an archway inspired by Janus to receive his blessings.

One of the most intriguing aspects of Janus is his connection to time. As the god of doorways and passages, (his name coming from the Latin word "ianua," meaning "door") he presides over the transition from one moment to the next, symbolizing the perpetual cycle of endings and beginnings.

In the month of January, it is natural to worship Janus (and the two faces that he's often depicted with) because we look back in retrospect at the year that has past and we look forward to the year to come. This is another reason that we correspond to Janus with beginnings and endings-just as January is the beginning of a new year and end of the year behind us.

Suggestions for Incorporating Janus into Magickal Rituals:

1. Invocation and Altar Setup:

Begin your ritual by invoking Janus through prayer or meditation. Set up your altar with symbols representing transitions, such as keys, door imagery, and an image or representation of Janus himself. Lighting candles on both sides of the altar can symbolize the dual nature of Janus.

2. Divination and Oracle Work:

Given Janus's association with foresight, divination and oracle work align well with his energies. Use tools like tarot cards, runes, or scrying mirrors to gain insights into the past, present, and future. Focus on questions related to transitions and new beginnings.

3. Threshold Crossings:

Utilize physical thresholds, such as doorways or windows, in your ritual. As you move from one side to the other, visualize crossing into a new phase of your life. This can be particularly potent during significant life events, such as the start of a new job, relationship, or personal project.

4. Time-Altering Spells:

Janus's connection to time makes him an ideal ally for rituals involving time manipulation or perception. Craft spells that empower you to navigate time more effectively or alter your relationship with the past and future. Be mindful of the ethical considerations of such workings.

5. New Year's Rituals:

Given Janus's association with January, consider incorporating his energy into New Year's rituals. Reflect on the past year, express gratitude for lessons learned, and set intentions for the upcoming year with Janus's guidance.

6. Offerings and Devotions:

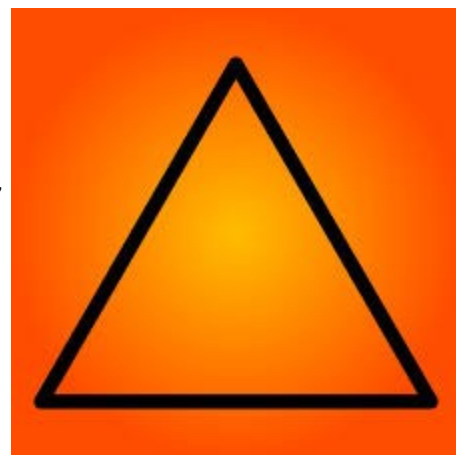
Honor Janus with offerings such as honey, wine, or other symbols of sweetness and transition. Express your gratitude for his guidance and seek his blessings on your journey of self-discovery and transformation.

Embracing the god Janus in your magickal practices can bring a unique perspective to your spiritual journey. As the guardian of doorways, transitions, and time, Janus offers wisdom and support as you navigate the ever-changing landscape of life. Whether you seek his guidance for personal growth, divination, or ritual work, incorporating Janus into your magickal practices can open the door to profound insights and transformative experiences.



Elemental Table of Correspondences—Fire

Direction:	South
Rules:	Energy, spirit, heat, flame, blood, sap life, will, healing and destroying, purification, bonfires, hearth fires, candle flames, sun, deserts, volcanoes, eruptions, explosions.
Time:	Noon
Season:	Summer
Colors:	Red, gold, crimson, orange, white (the sun's noon light).
Property:	Hot and dry
Plane:	Spiritual
Tattwas:	Tijas, Red triangle
Tarot Suit:	Wands
Zodiac Signs:	Aries, Leo, Sagittarius
Magical Tools:	Censer, wand, lamp or candles, images, burned herbs, or requests on paper
Attracted By:	Candles, lamps, incense burner, fire
Symbols:	Fire, lightning, volcanoes, rainbow, sun, stars, blood
Rulers:	Salamanders and fire drakes, the consciousness of flames.
King:	Djinn
Supreme King:	Ohoohotan
Demon King:	Paimon
Qabalistic World:	Atziluth, Archetypal World
Angel:	Ariel
Name of S. Wind:	Notus
Sense:	Sight
Stones:	Banded Agate, Black Agate, Brown Agate, Red Agate, Amber, Apache Tear, Asbestos, Beryl, Bloodstone, Gold Calcite, Orange Calcite, Carnelian, Citrine, Coal, Diamond, Fire Opal, Flint, Garnet, Geodes, Hematite, Red Jasper, Lava, Lorimar, Obsidian, Onyx, Peridot, Pipestone, Pumice, Crystal Quartz, Smoky Quartz, Rhodochrosite, Rhodonite, Ruby, Sard, Sardonyx, Serpentine, Spinel, Sulfur, Sunstone, Tiger's Eye, Yellow Topaz, Red Tourmaline, Watermelon Tourmaline, Zircon.
Incense:	Olibanum, copal
Plants:	Garlic, hibiscus, mustard, nettle, onion, red peppers, red poppies
Trees:	Almond in flower
Animals:	Fire-breathing dragons, lions, horses (when their hoofs strike sparks), snakes.
Goddesses:	Brigit, Hestia, Pele, Vesta
Gods:	Agni, Hephaestus, Horus, Prometheus, Vulcan
Ritual Work:	Summer, noon, freedom, change, sight, perception, vision, illumination, learning, love, will, passion, sexuality, energy, authority, healing, destruction, purification.



INTERVIEW with Trish Telesco**What is your writing process?**

I am a start-to-finish writer. I have to start with page one and work through the book. When I start a new section, I read the one before it to maintain flow and continuity. I also like using quotes at the outset of a chapter to give a jump-off point for the theme.

What are your strengths as a writer?

Organization and research. You need to keep your ducks in order to complete any piece. Comparative research is necessary to reduce the chance of revisionist history.

What are your weaknesses as a writer?

If it weren't for spell check, I'd never write again LOL

What are your goals as a writer?

As a freelancer, my goal is to help my clients succeed. I endeavor to learn their language and vision, so my work puts that proverbial foot forward. Books are slightly different. I want people to feel like when they open the book, they're welcome into my "home." I am the warm-fuzzy type. Being a "star" isn't my cup of tea.

Ultimately, when someone shares their experience with one of my books, it's very fulfilling. Those are the moments in which I'm reminded that a book need not sell thousands of copies to change a life.

What are your current projects?

Cooking with the Kitchen Witch will be out late in 2024. I hope to do more, but in the meantime, I will work on my clients' assignments.

How do you stay motivated to write?

There's always the bills (lol). Plus, writing is not something I "do" ... being a writer is who I am through-and-through.

How do you handle writer's block?

Walk away and do something completely different for a while. It does no good to sit there wringing my hands.

What are your thoughts on the future of writing?

Online is definitely going to be the huge repository (library) going forward. While AI is in place, it's very static for the most part. Companies using it will likely still need the human touch.

Where are your books available?

Amazon. Look under both Patricia Telesco and Marian Singer (my nom de plume)

What genre is hardest/easiest to write?

30 years in writing leads to odd topics like wintering a drain, finding the best in-home health service, and even pawn shops. I never accept a piece that's outside my wheelhouse (physics, um no!).

Which of your books has sold the best over the years? Why do you think that is? Several have done well. Victorian Grimoire, Kitchen Witch's Cookbook, Spinning Spells; Weaving Wonders, and 365 Goddess come immediately to mind. When I wrote VG, Victoriana was big in decorating. The Kitchen Witch's Cookbook created a whole new category for the metaphysical market (hey, ya got to eat). Spell books, when crafted well, always sell. 365 Goddess tapped into the Sacred Feminine movement.

What is your favorite author (and/or pagan author) and why?

Oh Lordy. I love Douglas Adams, Terry Pratchett, Piers Anthony, Katherine Kurtz Jeremy Leven, and James Patterson come to mind.

Whose work influenced you?

By far, Scott Cunningham. I had the privilege of talking with him at the outset of my career, and he was so kind, down-to-earth, and supportive. I will never forget that moment.

On Magic**How did you start your work with Wicca?**

I was invited to an open circle near my home town.

Do you follow any specific craft, or are you all-encompassing?

I am a tinker of all trades but a master of only a few. Comparative religious studies are very revealing.

What is your favorite type of spell work and why?

You are going to be shocked to hear this, but I do very little spell work. If I think of it, I'll do it. Simple and meaningful is the name of the game. My favorites tend to be more in the kitchen minor magics happen there.

Tell us a little bit about your business? Do you send all over?

My books sell everywhere, including in many foreign countries, because Publishers and agents work on distribution. My articles are a whole different part of my career. Their only distribution is to the client. Overall, my reviews have been solid, especially on UpWork.

Is your family supportive in your endeavors? If you feel comfortable...tell us a little about your family (and puppies...I understand you have very exuberant dogs).

They have been with me and supportive, especially since I have a home office. I've been married for 39 years and have three children—two dogs who love to sing the songs of their people and three cats.

What words of wisdom do you have for budding pagans?

Go slow. Quality learning takes time. Learn patience and grace with yourself. It's great to get insights and opinions from others, but always measure them against your true north.

Has there been a change in the pagan community (if you have noticed) over the years? In your opinion, is it a positive or negative change?

Like any sector, paganism has been "up" and "down." Covid put a huge crack in the cycle of festivals around the US, which will take time to renew. We lost shops and, in some cases, simply went back to our quiet routine. Because paganism stresses individuality, the forward changes will reflect people and society.

Do you follow any specific pantheon of gods/goddesses? If so, which do you prefer to work with?

Lakshmi and Ganesha (openers of the path); Amaterasu (protectress of women and children). Most often, I call on the Universe and go from there.

When lecturing in different genres, do you have any rituals to help you out?

I love teaching. My only "ritual" is looking over my notes and having a clear vision for the class.

How have your lectures been received?

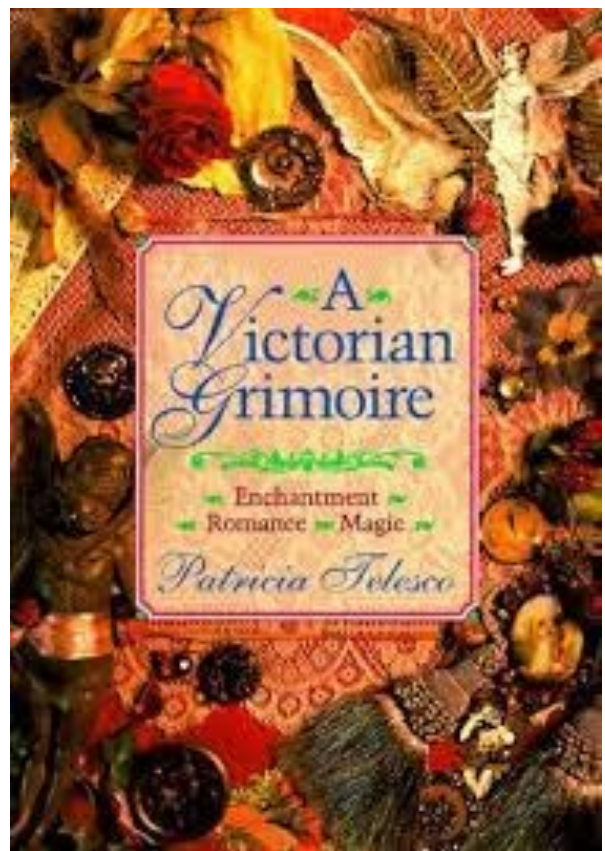
People enjoy them and often sit down just to chat afterward.

What have been some of your favorite stories over the years when lecturing?

Well, there's that time that.... (I have a lot of them). I clearly remember getting to an event where they had a pop-up round tent for me where my books were housed in a total downpour. No bueno. Every single item on my contract is there because it, indeed, happened.

Do you hope to have a storefront in the future?

I do not see that being financially or physically feasible. I am happy, however, to do signings and readings.



Enchanted Diaspora – Episode 2

By Roderick Edwards

Over, up, down, and again the little ship listed until Shamash made his appearance, or was it Apollo? No matter. They are all sun gods. The new day dawned and the crew was already fast at work swabbing the decks and hoisting the sails. “Another day we have survived and another day we will again!” shouted Elida as she hovered over the jibboom.

It was my job to spy out for land. You remember me don't you? I'm the chronicler of this tale. With my feather quill in my right hand and inkwell in my left, I steady the page. Forgive the blots please. Then I see it! Off to the east, I toss the peacock feather into the air and it turns into a blue osprey to lead our ship to the land I see. Fly, oh fly my living pen. Write a new chapter for us all.

Three pixies pull the ropes on the main mast and eastward we turn, into the blazing sun. The silhouette now is all there is, getting ever closer in Elida's spyglass. We will surely crash into the shore and with one great thud into the sand we went. Every standing thing and sitting thing jolted forward while us winged ones watched in horror. But we made it. We are here just to replenish supplies and then we set sail again.

“Disembark, disembark all!” commands Elida and we join the tumbled ones in the surf. Those on the ground brush off the sand and shake off the ocean and walk further up the beach to see what we can see. The feather floats down and returns to me. I record it all here for you to read.

Out from the trees comes one, then two, then three and more. Mermaids I think the humans will call them. Undines is what Paracelsus called them as sprites whispered words into his ears. Anyhow, there they were, unclothed and unashamed. They invite us to stay and live with them under the sea. Some of us tried but the air bubbles didn't stay inflated long enough for us to live in the coral castle. Others of us had to dry off our wings like the Anhinga for over an hour just to fly again. This wasn't the place for us. So, the night came that Elida told the Undine that we must continue our journey. There was a big feast to send us off. Shells of plankton, algae, and wakame were spread out on the beach. We shared the meal with fiddler crabs and seagulls.

But I could not bring myself to tell them. A chronicler like me does not merely record the things that are happening but also the things that will happen. Years from now, this place will be gone. Man will make myths, turning the Undine into naked women ready to shipwreck wayward souls. So with that, the Undine wrapped ropes around their waists and pulled our little ship out to sea. I looked back at the smiling faces and waving limbs. Oh happy place, you know not your fate.

“Time for roll call,” announced Elida as she unfurled the scroll upon which all our names were written. First, Fayette then Alfre, Isqesis, then Rusalka and more, then finally Yamparti. Then Elida flew up and down the length of the ship calling out, “Hobyah! Hobyah! Where are you?” Then my pen wrote on the page that Hobyah stayed behind with Undine to terrorize the humans that will inhabit the island of “mermaids”. Hobyah will be angered at the loss of her friends who to this day wander the deep. Hobyah! Hobyah! Will tear down the human house made of hemp stalks after the headless dog sleeps. I the chronicler hide these things in plain sight.

The voyage continued with one less of us. The rest of us determined to keep going, knowing we will find a new home, somewhere, someway, somehow.



The Witches' Rune

Darksome night and shining moon,
Hearken to the witches' rune.

East, then south, west then north,
Here come I to call thee forth.
Earth and water, air and fire,
Work ye unto my desire.

Wand and Pentacle and Sword
Hearken ye unto my word.
Cords and Censer, Scourge and Knife,
Waken all ye into life.

Power of the Witches Blade,
Come ye as the charm is made.

Queen of Heaven, Queen of Hell,
Lend your aid unto the spell.
Horned Hunter of the night,
Work my will by magic rite.

By all the powers of land and sea,
As I do will, so mote it be.
By all the might of moon and sun,
Chant mine spell and be it done.

The Witches Creed

Hear Now The Words Of The Witches,
 The Secrets We Hid In The Night,
 When Dark Was Our Destinys Pathway,
 That We Now Bring Forth In The Light,
 Mysterious Water And Fire,
 The Earth And The Wide Ranging Air,
 By Hidden Quentisense We Know Them,
 But We Will Keep Silent And Dare,
 The Birth And Re-Birth Of All Nature,
 The Passing Of Winter And Spring,
 We Share With Them Life Universal,
 Rejoice In The Magickal Ring,
 Four Times A Year,
 The Great Sabbat Returns,
 And The Witches Are Seen,
 At Lammas, Candlemas,
 On May Eve And Halloween,
 When Daytime And Nighttime Are Equal,
 When The Sun Is At Its Greatest And Least,
 The Four Lesser Sabbats Are Summoned,
 The Witches Gather In Feast,
 Thirteen Silver Moons A Year,
 Thirteen In The Covens Array
 Thirteen Times An Esbat Make Merry,
 For Each Golden Year And A Day,
 The Power Has Passed Down The Ages,
 Each Between Women And Men,
 Each Century Unto Another,
 Ere Times The Ages Began,
 When Drawn Is The Magickal Circle,
 By Sword Or Athame Of Power,
 Its Compass Between The Two Worlds Lies
 In The Land Of The Shades Of That Hour,
 Our World Has No Right To It,
 The World Beyond Will Tell Naught,
 The Oldest Of Gods Are Invoked There,
 Where The Great Work Of Magick Is Wrought,
 For Two Are The Mystical Pillars,
 That Lay At The Gate Of The Shrine,
 And For Two Are The Forces Of Nature
 The Forms And The Forces Divine,
 And Do What Thou Wilt Be The Challenge,
 So Be It In Love That Harms None,
 For This Is The Only Commandment,
 By Magick Of Old Be It Done,
 Eight Words The Witches Creed Fulfil
 If It Harms None So Be It Will.

Charge of the Dark Goddess

by Doreen Valiente

Hearken ye to the Words of the Dark Mother, who of old was called Hecate, Nuit, Morrigan, Banba, Erda, Macha, Mother Night, Sekhmet, and many other names:

"Whenever you seek wisdom, at the time of the Darkening Moon, come together in love and trust and learn of Me, who am the Wisest of Crones.. Ye who search for the mysteries of the Earth... The secrets of Air and Darkness, of Blood and Fire, the silence of the uttermost stars, come unto me, and I shall whisper to you in the depths of midnight.

Ye shall approach Me in silence, and as a sign that ye are free from fear, your breast you shall bare to My blade...for fear has no place in My mysteries, and that which you seek of Me will destroy you if you fear it.

For I am the dolmen arch beyond which stretch the mysteries of infinity. I am the silence before birth and after death. I am the clouded mirror in which you scry your own soul. I am mist in the twilight, the vast and starry sky of midnight, shadows on the Moon. All things come to Me in the end, and yet I am the beginning of all. I meet you at the Crossroads, I lead you through the darkness, My hand you grasp in the passage between the worlds. To those that toy with Me am I an instrument of self-destruction. Yet to the true seeker I bring knowledge beyond mortal comprehension.

Of you shall I demand the utter truth of all that you are, and in return, I shall give you all that you may be, all that I am. For My wisdom is beyond the Ages, and knowledge of My Secrets is power over self, over fear, over death. Nor do I demand aught of you which you cannot give. For I am the Mother of Mysteries, and as you know Me, so shall you learn to know yourself".

The Dark Goddess speaks to us, through the mouths of Lilith, Kali, Tiamet, Hecate, Nix, The Black Madonna, Nemesis, and Morgaine. "I am the Darkness behind and beneath the shadows. I am the absence of air that awaits at the bottom of every breath. I am the ending before life begins again, the decay that fertilises the living. I am the bottomless pit, the never-ending struggle to reclaim that which is denied. I am the key that unlocks every door. I am the glory of discovery, for I am that which is hidden, secluded and forbidden. Come to me at the Dark Moon and see that which can not be seen, face the terror that is yours alone. Swim to Me through the blackest oceans to the centre of your greatest fears, the Dark God and I will keep you safe. Scream to us in terror, and yours will be the power to forbear. Think of me when you feel pleasure, and I will intensify it, until the time when I may have the greatest pleasure of meeting you at the Crossroads between the worlds."

Wisdom and empowerment are the gifts of the Dark Goddess of Transformation. She is known to us as Kali, Hecate, Cerridwen, Lilith, Persephone, Fata, Morgana, Ereshkigal, Arianhrod, Durga, Inanna, Tiamat, and by a million, million other names: "Hear me child, and know Me for who I am. I have been with you since you were born, and I will stay with you until you return to Me at the final dusk. I am the passionate and seductive lover who inspires the poet to dream. I am the One who calls to you at the end of your journey. After the day is done, My children find their blessed rest in my embrace. I am the womb from which all things are born. I am the shadowy, still tomb; all things must come to Me and bare their breasts to die and be reborn to the Whole. I am the Sorceress that will not be ruled, the Weaver of Time, the Teacher of Mysteries. I snip the threads that bring my children home to me. I slit the throats of the cruel and drink the blood of the heartless. Swallow your fear and come to me, and you will discover true beauty, strength, and courage. I am the fury that rips the flesh from injustice. I am the glowing forge that transforms your inner demons into tools of power. Open yourself to my embrace and overcome. I am the glinting sword that protects you from harm. I am the crucible in which all the aspects of yourself merge together in a rainbow of union. I am the velvet depths of the night sky, the swirling mists of midnight, shrouded in mystery. I am the chrysalis in which you will face that which terrifies you and from which you will blossom forth, vibrant and renewed. Seek me at the Crossroads, and you shall be transformed, for once you look upon my face, there is no return. I am the fire that kisses the shackles away. I am the cauldron in which all opposites grow to know each other in Truth. I am the Web that connects all things. I am the Healer of all wounds, the Warrior who rights all wrongs in their Time. I make the weak strong. I make the arrogant humble. I raise up the oppressed and empower the disenfranchised. I am Justice tempered with Mercy. Most importantly, child, I am you. I am part of you, and I am within you. Seek me within and without, and you will be strong. Know me. Venture into the dark so that you may awaken to Balance, Illumination, and Wholeness. Take my Love with you everywhere and find the Power within to be who you wish"

Yule Tradition By Emma Gardner

In the depths of winter's embrace,
When darkness cloaks the land,
A time of ancient Yule traditions,
Where history takes its stand.

From times long past, these customs born,
A tapestry woven with care,
A celebration, a solstice morn,
For all the world to share.

The yuletide fires dance and crackle,
With warmth against the cold,
A beacon of hope, a sacred circle,
To ward off winter's hold.

Evergreen boughs adorn each hearth,
Symbolizing life's enduring grace,
A reminder of nature's eternal worth,
In this enchanted time and space.

The Yule log, with its sacred might,
Brought forth from ancient woods,
Ignites the flame, a guiding light,
As goodwill and warmth it broods.

Carols sung with joyous hearts,
Echo through the winter air,
Voices raised, harmonies part,
Filling all with love and care.

The festive feasts, a grand affair,
With tables groaning in delight,
As families gather, laughter shared,
Basking in love's gentle light.

Gifts exchanged, tokens of affection,
A reflection of love's sweet art,
From hand to hand, a connection,
Binding souls and mending hearts.

Yet, beneath these cherished customs old,
Lies a history rich and deep,
Of ancient rites and stories untold,
Whispered secrets, secrets to keep.

Yule, a time when darkness fades,
And light begins to grow,
A turning point, a shift of shades,
Hope in the seeds we sow.

From pagan roots to Christian blend,
A tapestry intertwined,
Traditions borrowed, customs lend,
Their essence forever aligned.

So let us honor Yule's history,
Its traditions, both old and new,
For in this season's mystery,
We find the magic that is true.

In Yule's embrace, we come together,
To celebrate life's wondrous art,
With ancient customs, bound forever,
In the tapestry of our collective heart.

The Walk by Edward Sott

A moonlit starry night

A slow walk in the gentle warmth of a light breeze

The sounds of various birds chirping their melodic songs

The crunching and rustling of leaves beneath my feet.

As I traverse the lonely paths of my soul

I have to let my thoughts wander.

I have to wonder about which paths I may take.

The path to Eternity is filled with danger.

Creatures of the vilest nature try to prevent my movement forward.

These are the demons of my mind.

The path to Desecration is filled with ease.

No one stops me from going forward.

Nothing to prevent me from reaching its bottom.

But is this the way I should take?

Should I take the effortless way out?

I have to question my motives.

What is it that I want?

Do I want to lose eventually?

Am I such a coward?

In my life I have to face my demons

I have to stand up to the trials and tribulations.

For in facing them I can develop character

I will be stronger.

And the awards in which I shall partake in the end.

Are by far numerous in comparison.

Earthly rewards are gained by hard work and perseverance.

They are not gained by taking the straightforward way out.

The uncomplicated way leads to eternal damnation.



A Dictionary of Pagan Terms– B words

Balance: The belief that we need to keep our lives on an even keel, including that of the spirit. It means acknowledging the light and dark of all things, keeping a solid perspective, temperance.

Balefire: A fire lit for Magickal purposes, usually outdoors. Balefires are traditional on Yule, Beltane, and Midsummer.

Bane: That which destroys life, which is poisonous, destructive, evil, dangerous. Herbs such as henbane, hellebore, and aconite are examples of baneful substances.

Baneful: See *Bane*.

Banish: The magickal act of driving away evil or negativity. A strong purification, sometimes associated with the removal of “spirits”.

Banishing: To clear away, to dispel. A ritual designed specifically to ward off or alleviate negative influences through ceremony, and/or prayer. ²(1) Repelling an unwelcome psychic entity. (2) Short for ‘banishing the circle’, dispelling a Magick Circle after it has served its purpose. (3) Expelling a witch from a coven for an offense; he or she may apply for readmission after a year and a day.

B.C.E. : Before Common Era. The non-religious equivalent of B.C.

Bell: In some traditions, a bell is rung to ‘alert the quarters’ prior to invoking the elemental powers. It is usually a small hand bell.

Beltane, Bealtaine, Bealtuinn: A Wiccan festival celebrated on April 30th or May 1st (traditions vary). Beltane is also known as May Eve, Roodmas, Walpurgis Night, Cethsamhain. Beltane celebrates the symbolic union, mating or marriage of the Goddess and God, and links in with the approaching summer months. ²A wiccan religious festival observed on April 30th, that celebrates the burgeoning fertility of the Earth (and for some Wiccans, the wedding of the *Goddess* and the *God*). ³The May Eve/May Day Great Sabbat, normally celebrated on the night of 30 April. The original meaning is ‘Bel-Fire’, after the Celtic or proto-Celtic God variously known as Bel, Beli, Balar, Balor or Belenus. Bealtaine is the Irish Gaelic form, Bealtuinn the Scottish Gaelic, and Beltane the usual Anglicized form. In Irish it also means the month of May, and in Scottish May Day. ⁴Known as May Day on the modern calendar, Beltane began in Rome with a festival called Floralia, which celebrates the earth’s renewal, vitality, and all the positive things associated with spring. ⁵Ancient Irish fire festival honoring fertility. One of the eight sabbats of the Wiccan Year, celebrated on May 1.

Besom: Broom. ²The old name for a broom. In medieval days a Witch might disguise her staff as a broom to escape persecution. Some witches use a broom to sweep and symbolically cleanse the area where the circle is to be cast. ³Witch’s broom.

Binding: To magickally hold, tie, restrict, or confine.

Bioelectrical Energy: The natural energy which is created in our bodies by muscular contraction. It is available for use during Magick. It is nurtured by personal power, which empowers our bodies and which we daily replenish with food, water, air, sunlight and other energy sources. Bioelectrical energy is the power used in all Magick. In Magickal Aromatherapy, we merge bioelectrical energy with the powers of fragrances and essential oil.

Biomagnetic Field/Sheath: The energy field that surrounds all living things.

Between-Lives-State: In esoteric thought, the state into which the soul moves out of a physical incarnation (i.e., has died on earth). The soul exists in this state in a subtle energy body, which carries the imprint of what happened to it in former lives. Here the soul formulates its plan for the next life. The between-lives state can also be accessed by the soul during a physical incarnation. While in this state it is possible to heal the past and to access the purpose and plan for the present life.

Black Mass: A deliberate and obscene travesty of the Christian Mass for black Magick purposes, which strictly speaking can only be performed by an unfrocked or corrupt priest. It has never been a part of genuine witchcraft.

Blessed Be: An all-purpose, greeting, response and farewell among Witches. It reminds us that everything and everyone is sacred.

Blessing: The moving of Divine energy to an item or person to grant special protection, care and love. The words ‘blessed be’ are often used among Witches as a greeting and farewell. ²The act of conferring positive *Energy* upon a person, place or thing. It’s a spiritual or religious practice.

A Dictionary of Pagan Terms—B words. (Continued)

Blissed Out: Describes a sensation of heightened awareness in which the subject is excessively joyful, ungrounded, and light headed, unable to function properly in the physical everyday world.

Blown Chakra: A chakra that has been damaged by drugs, unwise psychic practices, or meditating for too long a period of time. The chakra remains open and cannot perform its functions of energy filtration and mediation.

Boaz: The left pillar of Solomon's Temple (I Kings vii: 21 and II Chronicles iii: 17), making a pair with the right pillar, Jachin. Together they represent the polarized forces of strength and mercy, active and receptive, etc. Boaz and Jachin appear repeatedly in Masonic, Cabalistic and Tarot symbolism.

Bodhisattva: In Buddhism, one who attains the state of Nirvana but delays doing so in order to help others less fortunate. ²A human entity so highly developed that it no longer needs to reincarnate on Earth but chooses to do so in order to help mankind.

Boline/Bolline: (*Bow—Leen*) A white handled, consecrated ritual knife that is kept sharp. Used for various tasks such as to harvest herbs, make Magickal tools, fix stubborn candle wicks or charcoal during ritual cut fruit during ritual. ²The white-handled knives, used in Magick and Wiccan ritual for practical purposes such as cutting herbs or piercing a pomegranate. Compare with *Athame*. ³A white-handled Witch's knife used to carve or cut materials necessary for ritual or healing. Sometimes a Bolline used to harvest herbs will have a small, silver, sickle-shaped blade. ⁴White-handled knife used for more mundane tasks than the athame is considered unsuitable for.

Book of Shadows: Like a Bible for a Witch, this book contains beliefs, ritual, charms, spells and incantations. Often hand written and kept with care, this book may be passed down through covens or created by the solitary practitioner. ²A Wiccan book of rituals spells and magickal lore. Once hand copied upon *Initiation*, The BOS is now photocopied or typed in some *Covens*. No one "true" Book of Shadows exists; all are relevant to their specific users. ³A collection of Wiccan Ritual information that usually includes religious rituals, magick and advice. There are many Books of Shadows; there is no one correct Book of Shadows. ⁴A traditional book of rituals and instructions, copied by hand by each new witch from that of his initiator. Different forms are passed on by the various Wiccan traditions: the Gardnerian Book of Shadows has been most widely and publicly quoted and misquoted. ⁵A personal journal in which Witches keep their notes on ritual and Magick, and perhaps records of dreams, herbal remedies, class notes, and so forth. Also the guidelines and beliefs and common rituals of a given coven or tradition. Thus there is a distinction between say, "Samantha's Book of Shadows" and "the Gardnerian Book of Shadows." Today frequently a "Disk of Shadows."

Boomerang Effect: A popular name for the well-known occult principle that a psychic attack which comes up against some stronger defense rebounds threefold on the attacker.

Bouquet: In perfumery, a blend of natural or synthetic scents which reproduce a specific odor, such as rose or jasmine. Also known as a compound or a blend.

Burning Time: A term used by some witches for the period of persecution of witches (actual or alleged) which reached its height in the sixteenth and seventeenth centuries. Used in reference to England, it is in fact a misnomer; English witches were customarily hanged, not burned, though they were burned in Scotland and on the Continent. ²The period of European history roughly between 1200 and 1700 C.E., during which the Church of Rome launched the Inquisition, an organized campaign of extermination against Jews, Heretics, Pagans, and Homosexuals. The most conservative estimate is that 60,000 people may have been killed; estimates range as high as nine million.

The Tree of Life

Ain Soph Aur

עיו סופ אור

Highest Consciousness

Hebrew Names and Numbers of Letters: Ain, א'ן
 Ain Soph; א'ן סוף
 Ain Soph Aur, א'ן סוף אור

English Equivalent: Nothing,
 No Limit
 Limitless L.V.X

Mystic Numbers of the Sephiroth: 0

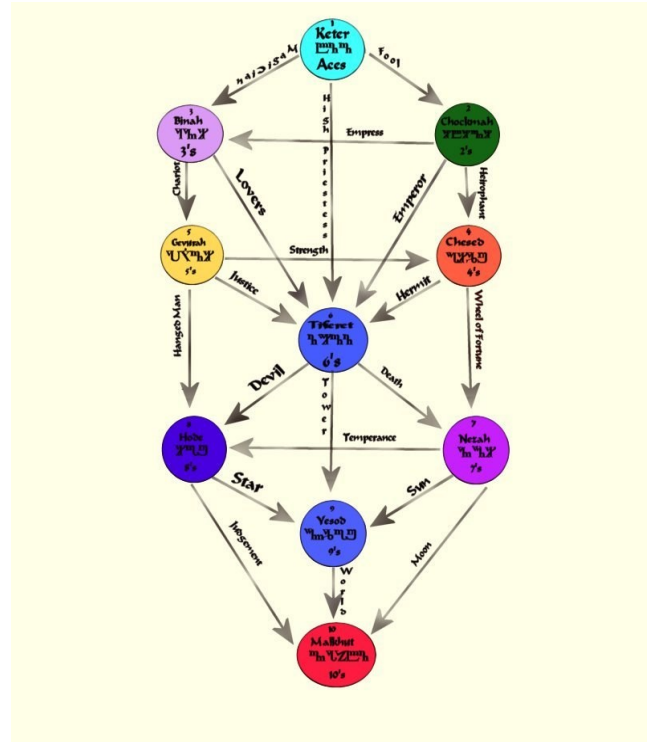
Selection of Egyptian Gods: Harpocrates
 Amoun
 Nuith
Complete Practical Attribution of Egyptian Gods: Heru-pa-Kraath

The Perfected Man: Nu— The Hair
Small Selection of Hindu Deities: AUM
The Forty Buddhist Meditations: Nothing, and Neither P nor p
 Space
 Consciousness

Certain of the Hindu and Buddhist Results: Nerodha-samapatti
 Nirvikalpa-Samadhi
 Shiva Darshana

Some Greek Gods: Pan
Mineral Drugs: Carbon
Magical Powers (Western Mysticism): The Supreme Attainment
System of Taoism: The Tao or Great Extreme of the Yi King
Lineal Figures of Planets, &c., and Geomancy: The Circle

Egyptian Attribution of Parts of the Soul: Hammemit
The Grades of the Order: 0° = 0° 3rd Order
Magical Formulae: LASTAL M.....M



Pagan Calendar For January 2024.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Day	2	3	4	5	6
7	8	9	10	11 New Moon	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Wolf Moon	26	27
28	29	30	31			

FEBRUARY

1st Imbolc
9th New Moon
24th Snow Moon

MARCH

21st Ostara
25th Worm Moon

APRIL

22nd Earth Day
23rd Pink Moon
30th Walpurgisnacht

MAY

1st Beltane
23rd Flower Moon

JUNE

21st Strawberry Moon/Litha

JULY

21st Buck Moon

AUGUST

1st Lammas
19th Blue Moon
23rd Vulcanalia

SEPTEMBER

2nd New Moon
17th Harvest Moon
21st Mabon

OCTOBER

17th Hunter's Moon
31st Samhain/New Year Eve

NOVEMBER

1st Samhain Day
15th Beaver Moon
16th Hecate's Night

DECEMBER

15th Cold Moon
17th Saturnalia
21st Yule.

Seshat's 'Sink or Swim' Review

Magickal Protection

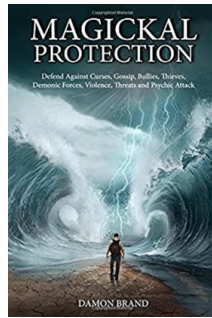
Author: Damon Brand

Publisher: The Gallery of Magic

ISBN: 9781508842781

Copywrite: 2015

Price: \$15.00 104 Pages



Dear Seekers of Truth and Magic,

Protection magic is a hot topic right now, more specifically defensive magic. You could say that in my business at **ROTA Magic Wands**, it is a frequently asked question. At least a few times a week I get folks asking about talismans, amulets, shields, how to stop unwanted psychic attacks, bad luck, fate, bullies, difficult boss, demonic forces etc. And there are many different answers to these questions based on your belief system, preferred methodology, severity of the nuisance, personal ability etc. There are many occult Authors who have dedicated time to this subject in their books, but few who have dedicated an entire book to the subject. And these books are difficult to find, expensive and often require years of experience as a Witch, Pagan or Magician to effectively master the application.

Well, this month's author, Damon Brand covers many of these topics in his book; **Magickal Protection**.

It promises that it will "stop curses, psychic attacks and remove all supernatural dangers. You can protect yourself, loved ones, your home, your money, your work and financial security, with a series of simple rituals."

I love the sound of this, but exactly how simple? No worries, this book is only 104 pages, has a quick introduction on why you need protection and how to use the book based on the specific problem, type of ritual and modality.

Contents include, How to remove parasitic beings, you know, those critters we pick up when astral travelling. How to cleanse spaces for ritual or just for peace of mind, your job security, protection from stalkers, accidents, unwanted attention, cancelling a curse, spiritual attacks, gossip and even identity theft.

This is a lot to take on, right? I have a habit of saying to myself 'oh come on how much can you really cover in 104 pages?' for Brand that is just enough!

He gives us an easy to read, concise and easy to execute process for Angelic, Talismanic, Ceremonial, and Ritual Magick.

His writing style stays on point, is easy to read, and doesn't use a lot of lifestyle examples to get the point across.

He gives us the why and what for, the words of power and pronunciation to bring the forces of Heaven and Earth to your aide.

Brand understands that there is a sense of urgency when addressing these concerns so he doesn't mince words in providing what we need to address the problem fast!

Everyday we need to meet challenges that are often just being at the wrong place at the wrong time, and Magickal Protection offers up some talismans that we can copy and carry with us for added protection and confidence.

I enjoyed reading this book and I know you will too, that's why I say it will continue to **SWIM** to top of mind for those of us who need to address these concerns, and at an average cost of \$15 to \$25 on Amazon or eBay Mr. Brand continues to demonstrate that he is looking to offer help to as many people as possible.

I believe beginners and seasoned practitioners will find a place for this book in their individual practice.

Blessed Be



Reverend Seshat Aubi, Is a Ceremonial Magician and Priestess of the Order of Melchizedek, Magi and Adeptus of the Fraternitas Rosea Cruces, Hermetic Order of the Golden Dawn, Lady Knight Apprentice of the Rose Cross, and former member of Builders of the Adytum and other esoteric fraternal orders for over 30years. Soror Seshat has published work in the Pendle Craft Magazine, Circle of the Sisterhood, and content for other websites. Soror Seshat Aubi is also the Inventor and Founder of R.O.T.A. Magic Wand LLC, an electromagnetic induction wand for Theurgy, Healing, Meditation, and Magick. You can contact her at: Aceofwands777@gmail.com or @rota_magick on Facebook and Instagram

Puzzle 3. The Major Arcana - Word Search

Q	W	E	R	T	Y	U	I	J	U	D	G	E	M	E	N	T	O	P	A	S	D	F	G	H	J	K	L	Z	H
X	C	V	B	N	M	Q	A	Z	W	S	X	E	D	M	A	G	I	C	I	A	N	C	R	F	V	T	G	I	B
Y	H	N	U	J	M	I	K	O	L	P	P	L	O	P	K	M	I	J	N	U	H	B	Y	G	V	T	G	F	C
R	H	D	X	E	S	Z	W	A	Q	E	R	V	Y	R	W	Y	C	Y	J	Q	I	C	X	U	W	H	I	P	N
Z	A	A	Q	X	S	W	C	D	E	V	F	R	B	E	G	T	N	H	Y	M	E	J	U	K	P	I	L	O	P
Q	K	L	N	Q	W	E	R	T	Y	U	I	O	P	S	P	O	I	U	Y	N	T	R	E	R	W	Q	L	K	J
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T	F	D	J	X	B	C	M	N	O	X	M	Z	G	H	F	O	J	D	K	T	S	L	A	H	Y	S	H	K	D
Y	D	F	G	C	V	N	G	A	T	B	F	R	V	D	F	E	C	S	E	E	W	X	A	I	T	H	E	J	S
U	S	G	K	Z	T	Y	G	Y	N	B	H	U	N	F	J	I	M	S	K	M	O	L	P	E	U	D	R	H	A
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L	B	L	V	H	R	J	C	T	J	E	H	J	K	L	Z	X	C	V	I	A	W	Y	K	H	O	G	R	S	S
I	V	Z	X	J	M	K	R	R	H	K	G	A	Q	W	E	R	T	B	U	N	Q	G	I	A	W	L	E	A	T
O	C	X	B	G	Z	I	D	W	K	L	F	S	D	F	G	H	Y	N	Y	C	Z	V	J	N	P	Z	T	P	I
P	X	C	C	H	N	L	X	E	O	Z	D	S	A	P	O	I	U	M	T	E	X	T	M	T	Q	B	R	O	C
A	Z	V	N	F	X	O	E	W	L	R	X	C	V	B	N	M	R	O	R	E	P	M	E	Q	Q	X	Y	I	E
S	Q	B	V	G	B	P	S	Q	Z	X	L	C	V	B	N	M	Q	W	E	R	C	F	U	Z	E	N	T	U	N
D	W	N	M	D	C	Q	Z	L	K	J	H	D	G	F	D	S	A	M	N	B	V	C	H	T	W	C	U	Y	B
F	E	M	S	T	A	R	W	A	Q	Q	A	W	Z	S	E	N	X	C	D	R	D	E	V	I	L	M	Y	T	V
G	R	M	Q	F	V	Z	A	W	X	S	E	C	D	R	V	O	F	T	H	B	G	Y	N	Y	R	M	I	R	C
H	T	B	T	S	L	A	K	S	J	D	H	F	G	P	Q	O	O	W	I	A	E	U	R	S	E	C	U	E	X
J	Y	N	W	D	E	A	T	H	D	A	S	P	I	O	U	M	I	Y	U	T	R	Y	R	T	R	N	O	W	Z
K	U	V	Y	E	U	R	I	T	O	Y	P	A	G	S	H	D	J	F	K	G	L	I	Z	B	X	E	I	Q	Q
L	I	B	C	V	X	N	U	S	C	Z	L	J	K	H	J	G	H	F	G	D	F	S	O	D	A	P	V	L	W
Z	O	P	A	S	D	F	G	H	J	K	L	Z	X	C	V	B	N	M	A	S	D	F	G	T	H	J	K	O	E
X	C	V	B	N	M	M	N	B	V	C	X	Z	L	K	J	H	G	F	D	S	A	P	O	I	U	Y	T	R	L

Place the correct card number in front of the card and find the card in the puzzle.

- | | | |
|-------------------|---------------------|-----------------------|
| __ JUSTICE | __ The STAR | __ The HIGH PRIESTESS |
| __ The HIEROPHANT | __ The LOVERS | __ STRENGTH |
| __ The EMPEROR | __ The MOON | __ The HANGED MAN |
| __ The TOWER | __ The DEVIL | __ The MAGICIAN |
| __ The CHARIOT | __ WHEEL OF FORTUNE | __ The EMPRESS |
| __ DEATH | __ The WORLD | __ JUDGEMENT |
| __ The HERMIT | __ The FOOL | |
| __ The SUN | __ TEMPERANCE | |



Puzzle 2. ZODIAC SCRAMBLE AND MATCH = Answers to Last months puzzle.

SIGN	HOUSE	RULES
CAPRICORN	10 th HOUSE	CAREER
AQUARIUS	11th HOUSE	FRIENDS
LEO	5th HOUSE	LOVERS
VIRGO	6th HOUSE	EMPLOYMENT
LIBRA	7th HOUSE	PARTNERSHIPS
SAGITTARIUS	9th HOUSE	TRAVEL
CANCER	4th HOUSE	HOMES
PISCES	12th HOUSE	KARMA
SCORPIO	8th HOUSE	LEGACIES
ARIES	1st HOUSE	PERSONALITY
GEMINI	3rd HOUSE	COMMUNICATION
TAURUS	2nd HOUSE	POSSESSIONS



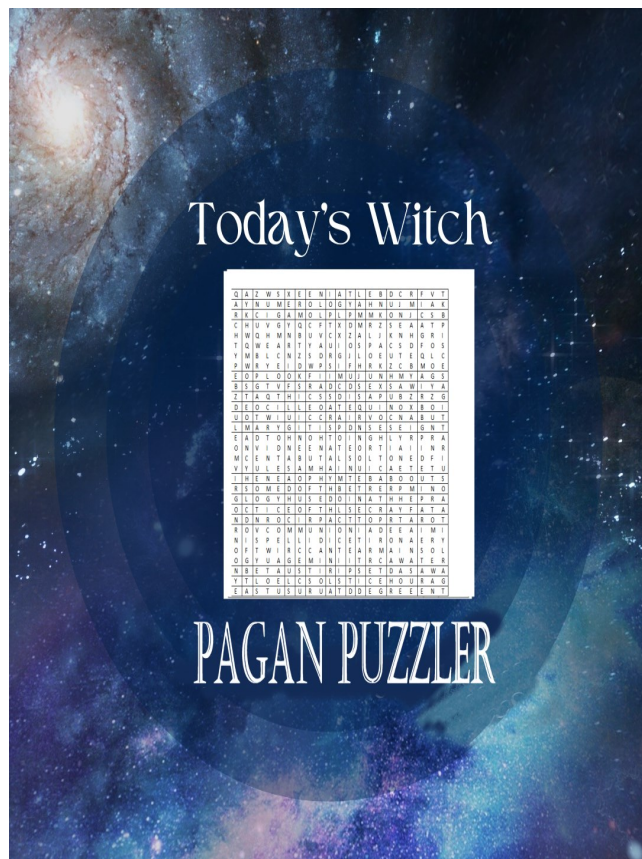
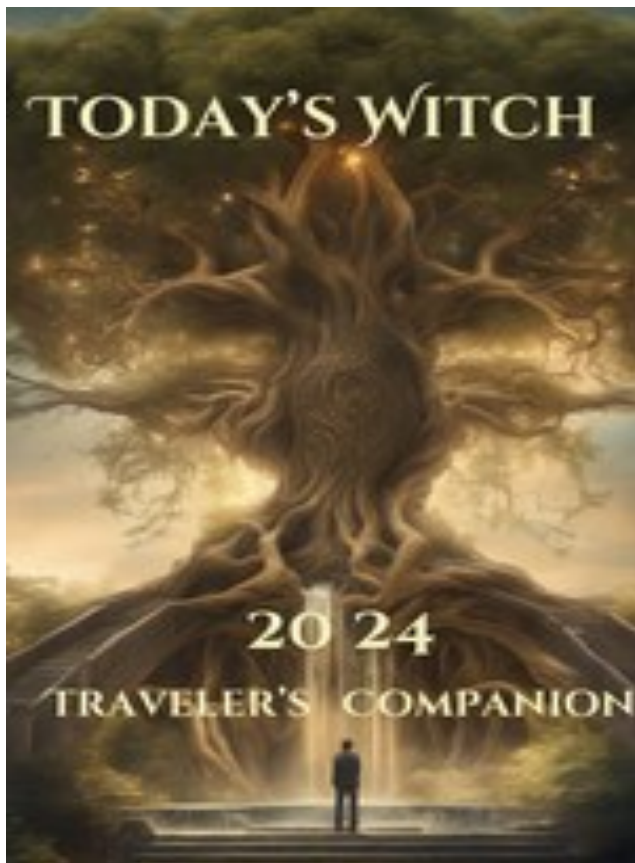


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