

TODAY'S WITCH

OCTOBER 2024

SAMHAIN

The information covered in this Magazine is comprised of various sources from the Pagan community. We endeavor to cover topics from all traditions, and to be inclusive. The information provided is to be considered factual based on the research of the various authors represented therein. If there is any contradictory information, please feel free to contact the author of the article. We hope that everyone can enjoy the magazine and also learn from it. If there is a topic you wish to see also contact us and we'll be happy to try to include it in a future issue.

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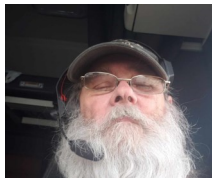


Meet the Staff

Edward Sott (CEO)



Edward Sott is a Theologian and Historian and run a Non-profit organization. And he's a military Veteran. He was since childhood inspired to write novels and plays. He currently resides in Pennsylvania and has traveled throughout the world. He is the founder and CEO of Covered Bridge Press LLC, and of "Today's Witch" Magazine. His goal is to educate the public and bring traditionalism back to the craft and its practices. He is an Alexandrian Wiccan High Priest and Elder.



David Larsen (Sales and Marketing Dir.)

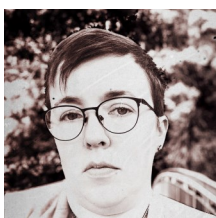
David Larsen is an over the Road Commodities Relocation Engineer, (AKA truck driver) He is also a history buff and a word smith. He currently resides in Florida and wherever the road and his dog Joey might take him. He is also world traveled from his military experience and driving. David is Co-Author with Edward Sott of Two Novels A Time for Redemption and A time for Retribution he is also A Vice President of Covered Bridge Press, LLC and a member of the Board of Directors of "Today's Witch" magazine. He is an open-minded Christian and Friend of the Pagan Community. He understands the value of spiritualism.



Earl Williams (Hum. Res. Director)

My name is Rev. Earl Williams.

I have been in the pagan community for 20 years, holding a position as an ordained minister for 17 of those years. I am currently the Human Resources manager for Covered Bridge Press. I am happy and honored to also be a part of the new publication, "Today's Witch" magazine, due to be released mid-October of 2023.



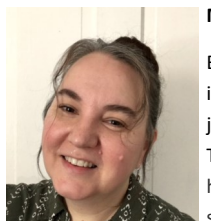
Emily Thornton (Managing Editor)

My name is Emily Thornton (Emma Gardner) and I have my Masters in Journalism. I love editing work and working with others. I have written numerous articles along with having my own column with local newspapers for over 10 years. Even though I grew up in a fairly religious household, I have always felt a love of nature and the metaphysical. I have an affinity for green magic and I love reading tarot for people around me. I even opened my own little side business called Celtic Readings, Oils and Sundries. I love stories and providing perspective to people at a crossroads. I work with Brigid mainly, but love the Celtic pantheon of deities.

Atalanta Moonfire (Vice President)



Atalanta Moonfire is an eclectic witch who is also an author, diviner, teacher, and lover of all types of spirituality. Born in Manassas, Virginia, she grew up moving frequently which gave her the ability to be flexible and adaptable to change as well as diverse life experiences. She studied and worked as a paralegal for 15 years, eventually becoming a presiding judge's assistant in Floyd County, AL. At 54 years young, she has been pagan since the age of 14, practicing since she was 18, and specializing in divination at age 25. Atalanta is a Reiki master, Ordained Minister, graduate of Harvard ED Online Oracles & Prophecies, and High Priestess of Sacred Moon coven. Always looking to expand her knowledge, she continues to study and practice Hecatean Witchcraft and Hoodoo. She is currently touring with the Oddities & Curiosities Expo promoting her new book, "Throwing the Bones Divination for the Modern Practitioner". She is also Vice President of Covered Bridge Press, LLC and Co-Founder of "Today's Witch" magazine. Her goal in life is to expand her spiritual education and help others who share her desire of understanding this magnificent universe in which we live.



Melina Valdejo (Staff Writer)

Being interested in many traditions and "finding the gold" in each one, Melina labels herself as an Eclectic and enjoys the concept of the "Spiritual Mosaic" as stated by Thomas Ashely-Farrand. Her strengths lie in personalizing her Spiritual path. As a Priestess of the Well of Avalon, she enjoys finding unique, practical approaches to situations and magickal workings drawing from her direct inspiration and her ever-widening background. "By putting ourselves in alignment with deity we can rise above situations and find our true path, we are all 'in the process'". Melina is the owner of Pathways New Age Books & Gifts, a brick-and-mortar resource center honoring all traditions located in St Louis, Missouri. If you're a traveling author or artist, please contact her at Melina@pathwaysstl.com to get details on how to present at her shop.

*I feel the nights stretching away
thousands long behind the days till
they reach the darkness where all
of me is ancestor
Annie Finch*

The Runes

Gebo (gay-bow)

Sound:	“G”	Magickal Qualities:	
Depiction:	The crossing of two forces	<ul style="list-style-type: none"> • Magical initiation • Love magick • Sacred sexual expression • Mystical union of God and Goddess 	
Runic Position:	1st Aett 7th Rune		
Original Meaning:	The exchange and resulting interaction between the human and the Divine		
Key Words:	Connection, gift, exchange, interaction, balance	<ul style="list-style-type: none"> • Manifests through polarities • Useful in love and sexual relationships • Increase harmony in relationships 	
Tree:	Ash/Elm	<ul style="list-style-type: none"> • Reconcile polarities • Harmoniously connects Runic energy streams • Accesses Divine wisdom 	
Herb:	Heartsease		
Gemstone:	Sapphire, aquamarine, fluorite, azurite, lapis lazuli, sodalite, rose quartz, amethyst, jade, kunzite.		
Color:	Blue		
Runic Half-Month:	September 28—October 13		
Hours of the Day:	6:30pm—7:30pm	Galdr Song:	
Other Names:	<p>Germanic: <i>Geuua (Gebo)</i></p> <p>Norse: <i>Gipt, Geof</i></p> <p>Anglo-Saxon: <i>Geofu (Gyfu)</i></p> <p>Icelandic: <i>Gjof</i></p> <p>Norwegian: <i>Giof</i></p>		<p>Gu ga gi ge go</p> <p>Gub gab gib geb gob</p> <p>Og eg ig ag ug</p> <p>G a a a f f f f f f f f</p>
God/dess:	Odin, Gefn	Ogham-Bethlusian:	Gort (<i>pr. gort.</i>)
Power Animals:	Raven, wolf, hound, eagle, boar, cat, falcon, lobster, oyster, chimpanzee, firefly, eel, bull, cock, iguana, stag	Quatrain:	<p>Within the sweet enclosure take your rest</p> <p>Unless you come to grapple with the best</p> <p>Grateful and giving, steadfast to the end</p> <p>To many a poor mouth shall its riches lend.</p>
Element:	Air		
Numerological Value:	“7”		
Astrology:	Pisces		
Tarot:	Lovers		

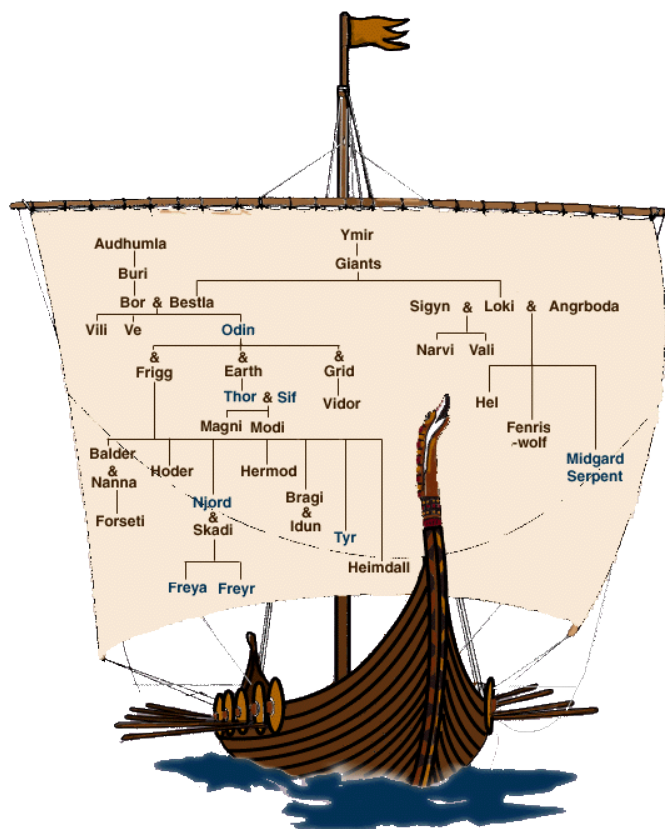
Norse Deities

Gefjon, Gefion, Gefjun

Also Called:	The Giver; Mistress of Magick
Known Period of Worship:	Circa (700 CE—1,100 CE)
Literary Sources:	<i>Prose Edda</i> (Snorri);
Colors:	Green, Gold
Incense/Oil:	Floral scents
Symbols:	Plow, wheat, corn
Stones/Metals:	Amber, malachite, copper
Plants:	Hawthorn, alder, wheat, corn, elder, thyme, yarrow
Day:	Friday
Runes:	Gebo, Fehu, Jera



One of the Aesir deities and an attendant of the goddess Frigg according to tradition mentioned by Snorri in the Edda. She bore four giant sons who she turned into oxen and used them to plough a tract of land which was then towed out to sea to become Zealand (Sjælland). She is also said to have founded a royal Danish dynasty.



Blood Moon Correspondences

Other Names:	Falling Leaf Moon, Harvest Moon, Moon of the Changing Season, Shedding Moon, Ten Colds Moon, Windermanoath (Vintage Month), Winterfelleth (Winter Coming)
Nature Spirits:	Frost Faeries, Plant Faeries
Herbs:	Angelica, Burdock, Catnip, Pennyroyal, Thyme, Uva Ursi
Colors:	Dark Blue-Green
Flowers:	Calendula, Cosmos, Marigold
Scents:	Apple Blossom, Cherry, Strawberry
Stones:	Beryl, Opal, Tourmaline, Turquoise
Trees:	Acacia, Cypress, Yew
Animals:	Elephant, Jackal, Ram, Scorpion, Stag
Birds:	Crow, Heron, Robin
Deities:	Astarte, Belili, Demeter, Hathor, Horned God, Ishtar, Kore, Lakshmi
Power Flow:	To let go; Inner cleansing. Karma and reincarnation. Justice and balance, Inner Harmony.



The Moon

The ancients believed that the dark regions on the Moon's surface were oceans, giving rise to the Latin name "mare" (or sea) which is still used in the present day. They believed that the brighter areas were continents. With the advent of telescopes in the 17th century, astronomers discovered many features on the surface (craters, mountains, faults, rays, and domes). In 1969, the American Apollo 11 spacecraft carried the first humans to the Moon.

In Greek mythology, Selene was the goddess of the moon and sister of Helios, the sun god. She fell in love with a shepherd named Endymion and then lulled him into an eternal sleep so that he could never leave her.

Spiritual Significance

Symbolized by the crescent Moon is a half circle which represent the subconscious mind. Magick works through the medium of the subconscious: the realms of dreams, psychic visions, hidden desires and imagination.

As we know the moon has no light of its own but merely reflects the ray's of the Sun. However these rays are changed by contact with the Moon and moonlight has a very different effect on the human mind than that of sunshine. In both astrology and magic the moon represents the hidden side of the human personality which under normal circumstances is not revealed to the outside world. In general most magickal work is hidden (Occult) and is performed out of sight and in privacy. It is an old adage the magick which is practiced in the public gaze will not be as successful as private workings. This belief may date back to the old days of persecution when it was impossible to work openly.

In esoteric tradition the Moon is likened with the widely held doctrine of reincarnation or the rebirth of the soul in a succession of different physical bodies. according to some arcane beliefs, when the spirit leaves the body after death it travels to the Lunar world to be reborn. In old pagan religions we have seen that the Full Moon was one of the mystic symbols of the Great Mother Goddess who according to the oldest creation myths, gave birth to the universe.

When the Magician uses Lunar Energy he is dealing with the ebb and flow of potent psychic forces. Lunar tides have both a physical and psychic affect on humans, animals, and flora. It is therefore natural that occultly the Moon should symbolize the Subconscious mind of the Awakened person who can use it to bring hidden desires into manifestation

The Full Moon of October

-By Melina Valdejo, owner Pathways New Age Books

October's full moon, often referred to as the "Blood Moon" or "Hunter's Moon," has held deep spiritual meanings across cultures and traditions. Spiritually, the Blood Moon symbolizes life's cyclical nature—birth, death, and rebirth—marking a period of heightened awareness and self-discovery. It represents a time for reflection and the shedding of old patterns, inviting personal transformation. Many view it as a moment to release emotional baggage, heal from past wounds, and begin anew. Astrologically, it is a time of chaos and change, offering illumination and the opportunity for growth.

Astronomically, a Blood Moon occurs during a total lunar eclipse when the Earth's shadow casts a reddish glow on the moon. This striking visual is the result of the Earth blocking the sun's light from directly reaching the moon.

In 2024, the full moon of October, also called the Hunter's Moon, will reach peak brightness on Thursday, October 17th, at 6:26 A.M. CST. Like its September partner, the Harvest Moon, the Hunter's Moon tends to rise around the same time for several consecutive evenings. This extended moonlight was greatly appreciated because it gave aid to farmers and hunters preparing for the colder months ahead. As fields cleared from the recent harvest, hunters took advantage of the open terrain and moonlight to track and gather game, including deer and other fattened animals.

The term "Hunter's Moon" can be traced back to 1710, reflecting a time of preparation for winter. In medieval English, Pagan, and Wiccan traditions, October's full moon was also known as the "Blood Moon" or "Sanguine Moon," symbolizing both the literal bloodshed of the hunting season and the natural flow of life into death. In Native American cultures, this full moon was known by names reflecting the season's changes. The Ojibwe, Abenaki, and Arapaho called it the "Falling Leaves Moon," while the Lakota referred to it as the "Moon When the Wind Shakes Off Leaves." The Shawnee called it the "Wilted Moon," a nod to the withering plant life, while the Cheyenne marked it as the time when frost began along the streams.

In colder climates, October's full moon also heralded the first frost, earning it names like "White Frost on Grass Moon" from the Algonquin people and "Moon of the First Frost" among the Potawatomi.

The spiritual energy of October's full moon revolves around balance, transformation, and inner growth. In many traditions, October serves as a bridge between the vibrant energy of summer and the contemplative quiet of winter. The full moon in this month calls for introspection and an assessment of the past. It invites individuals to confront their fears, reflect on personal growth, and engage in what many call "shadow work." This practice of diving deep into the subconscious helps people heal past wounds and emerge renewed.

For Wiccans and Pagans, October is the time of Samhain, a festival that honors ancestors and the spirit world. It is believed that the veil between the physical and spiritual realms is thinnest during this time, allowing for deeper connections with loved ones who have passed. This theme of reflection and communion with the past resonates throughout many October moon rituals, where individuals are encouraged to release what no longer serves them, making space for new beginnings.

Astrologically, October's full moon is also influenced by the sign of Libra, which is associated with harmony, balance, and relationships. The energies of this moon align with finding equilibrium in various aspects of life, from personal relationships to one's inner self.


The height of the lunar cycle during this full moon is a powerful reminder of life's cyclical nature. It is a time for harvesting the fruits of one's labor, celebrating accomplishments, and showing gratitude for abundance. The moon's fullness symbolizes completion, marking the end of one phase and the beginning of another. It offers an opportunity to give thanks for wisdom gained, love experienced, and the healing that has occurred.

In the Southern Hemisphere, where the seasons are reversed, October's full moon is known by more spring-related names, such as the "Egg Moon," "Fish Moon," "Pink Moon," or "Seed Moon." These names reflect the reawakening of nature, as new life begins to bloom.

Ultimately, October's full moon is a time of both release and renewal. Whether you view it as a moment of spiritual deepening, a time to honor ancestors, or a natural marker of the seasons, it serves as a reminder to embrace transitions with grace. This moon invites reflection, gratitude, and a readiness to welcome the new as we move into the darker, more introspective months of the year.

Sabbat Correspondences

Samhain

Other Names:	Halloween, Hallowmas, All Hallows Eve, Day of the Dead, Feast of Spirits, Third Harvest, Samonios, All Saint's Eve, Martinmas, Celtic New Year, Samhuinn, Celtic Winter, Samana, Festival of Pamona, Vigil of Saman, Hallowe'en, Vigil of Todos, Santos	
Symbols:	Jack-O-Lantern, Balefire, Besom, Masks, The Cauldron, Waning Moon	
Colors:	Black, Orange	
Deities:	All Crone Goddesses, The Dying/Dead God	
Activities:	Divination, Past Life Recall, Spirit Contact, Meditation, Drying Winter Herbs	
Taboos:	Travel after dark, Eating grapes or Berries	
Animals:	Bats, Cats, Dogs	
Stones:	Obsidian, Onyx, Carnelian	
Foods:	Apples, Squash, Pork	
Plants:	Apple, Mugwort, Gourds, Sage, Allspice, Catnip	
Meanings:	Wisdom of the Crone, Death of the God, Reflection on our place in the Wheel of the Year, Honoring the dead, End of Summer, New Year (Celtic), Celebrating Reincarnation	
Attunement Teas:	Apple Cider, Angelica, Catnip, Indian Hyppo, Sage, Valerian	
Ritual Oils:	Frankincense, Basil, Yarrow, Lilac, Ylang-Ylang, Camphor, Clove	
Mythological Creatures:	Phooka, Goblin, Medusa, Beansidhe (Banshee), Fylgiar, Perryton, Erkonig, Harpies	
Key Actions:	Return, Change	
Goddesses:	<i>All Crone Goddesses, All Underworld Goddesses, Al-Ilat, Baba Yaga, Badb, Bast, Bebhionn, Bronach, Brun hilde, Cailleach/Cailleac, Carlin, Cassandra, Cerridwen, Crobh Dearg, Devanyani, Dolya, Edda, Elli, Eris, Fortuna, Frau Holde, Frigga/Frey, Hakea, Hecate, Hel, Husbishag, Inanna, Ishtar, Kali, Kalma, Kele-De, Lilith, Macha, Mara, Mari, Mari-Ama, Marzana, The Morrighu/Morrigan, Nicnevin, Pamona, Psyche, The Queen of Elphame, Remati, Rhiannon, Zorya Vechernaya</i>	
Gods:	<i>All Death Gods, All Aged Gods, All Underworld Gods, Am-Heh, Arawn, Corn Father, Coyote Brother, Dis, Eite-Ade, Ghede, Hades, Heimdall, The Great Horned God, Kronos/Cronus, Loki, Madhera, Nefertum, Odin, Pluto, Rangj, Samana, Sekhet, Woden, Xocatl.</i>	

It's Samhain- it's traditions & the Ancestors

-By Melina Valdejo, owner Pathways New Age Books

By whatever name you call it – Autumn has arrived; it's even hit mainstream popularity with its nickname, "Spooky Season". There are so many holidays that fall either around Samhain (Halloween) and/or focus on Ancestor worship and veneration. If you're feeling "Google-y", here's a very brief list:

Nos Galan Gaeaf (modern Welsh), Allantide (Cornish), All-Hallow's Tide ("Alhalwyn-tyd," Germanic), Halloween (secular American), Kala-Goanv (Breton), Samhiunn (Scottish Gaelic), Trinouxction Samonii (Gaulish from the Coligny Calendar). Pangangaluluwa (The Philippines), Dzień Zaduszny (Poland), Awuru Odo Festival (Nigeria), Tết Trung Nguyên (Vietnam), La Toussaint (Brittany, France), Jum il-Mejtin (Malta), Fet Gede (Haiti) and Dia das Bruxas (Portugal)

For many pagans, Samhain, which is celebrated on October 31st, is one of the most important festivals in Pagan and Wiccan traditions. Some see it as the Pagan New Year, marking the end of the harvest season when the first bits of a chill tell us of the oncoming winter. My favorite description of it is, "a time when the veils between the worlds grow thin- where anything is possible, and nothing is quite as it seems".

While many know Samhain as the precursor to modern Halloween, its spiritual depth as a time for ancestor worship goes far beyond trick-or-treating and carved pumpkins. Ancestor worship at Samhain is not just about remembering loved ones who have passed on but is also an acknowledgment of the cyclical nature of life, death, and rebirth. It is a time to honor those who came before, recognizing that the wisdom, strength, and experiences of past generations that continue to influence the present.

In Pagan belief systems, the dead are not feared but revered. They are seen as part of the cycle of life, offering guidance, protection, and wisdom to those who seek it. Ancestors are often considered spiritual guardians, and their role in the family or community does not end with their physical death. Instead, their influence extends beyond the grave, and during Samhain, the living make a concerted effort to communicate with and honor these spirits.

At Samhain, consider taking time to create sacred spaces to feel closer to your ancestors. These spaces may include altars with photos of deceased loved ones, candles, offerings of food, and personal objects that belonged to those who have passed. These offerings serve as a bridge between the living and the dead, inviting the spirits of ancestors to visit and offer their wisdom and protection.

Ancestor worship during Samhain often takes the form of ritual, allowing practitioners to connect with their lineage in deeply personal ways. Here are some of the most common ways Pagans honor their ancestors during this sacred time:

One of the most well-known Samhain traditions is the "Dumb Supper." In this ritual, a meal is prepared and eaten in complete silence to honor the spirits of the dead. An extra plate is often set at the table for the ancestors, and food is offered to them as a sign of respect and remembrance. The silence during the meal allows participants to reflect on the lives of those who have passed and to feel their presence more deeply. The Dumb Supper is also a time for meditation and introspection, giving participants the chance to communicate with the dead in their thoughts or through subtle signs, such as candle flickers or feelings of warmth.

Some practitioners will spend time in quiet meditation at the altar, speaking to their ancestors and asking for guidance or simply reflecting on their lives. The act of creating and maintaining this sacred space strengthens the bond between the living and the dead, reinforcing the idea that the ancestors are always present and watching over their descendants.

Samhain is also considered to be a powerful time for divination, as the thinning veil makes it easier to receive messages from the spirit world. Tarot cards, runes, and scrying are popular methods of divination during this time, and many Pagans use these tools to seek guidance from their ancestors or receive insight into the coming year.

Some practitioners engage in more direct forms of spirit communication, such as using pendulums or engaging in trance work. These rituals are performed with great respect, as it is believed that the dead will communicate their wisdom to those who are open to receiving it. Unfortunately, newer pagans jump into this aspect without proper training and more importantly- protection. Banishings, smudging and prayer work are recommended before attempting to contact spirits. As my friend Deborah would say, "It's not getting them to come to you that's hard- it's getting them to leave when you're finished."

Offerings are a central part of ancestor worship at Samhain. Many people often leave food, drink, or other items that their ancestors would have enjoyed at altars or in outdoor spaces, such as graveyards or natural settings. These offerings are symbolic of the continuing relationship between the living and the dead, a gesture of gratitude and love.

In addition to physical offerings, Samhain is a time of remembrance. Many Pagans spend this time recalling stories, experiences, and lessons shared by their ancestors. This act of storytelling not only honors the dead but also keeps their memory alive in the family or community. (This is a lovely thing to do after a dumb supper.)

Today~

While Samhain is rooted in ancient Celtic traditions, its practices and beliefs remain highly relevant in modern Paganism. Today, Pagans use Samhain not just as a time for ancestor worship but also as a moment for personal reflection. Many Pagans see this time as a spiritual New Year, a time to let go of the past and prepare for the future. The focus on death and the dead during Samhain is not one of fear, but of acceptance and understanding that death is part of life's natural cycle.

In a world that often tries to avoid the topic of death, Samhain offers a sacred space to confront it, embrace it, and honor those who have crossed over. For Pagans, the festival's focus on ancestor worship is both a celebration of life and a reminder that the bonds of love, family, and community transcend time and space.

Samhain, with its reverence for the dead and celebration of the cycles of nature, remains a powerful time for Pagans to connect with their roots and honor their ancestors. Through rituals, offerings, and reflection, the living forge deeper ties with those who have passed, ensuring that the wisdom of the ancestors continues to guide and protect them into the future.

The 2024 Ancestor Altar at Pathways New Age Books & Gifts. If you'd like your ancestor added to the altar, please send a photo to Melina@pathwaysstl.com and we'll be happy to add your loved one to this sacred space



Recipes for Samhain- Spiced Apple Pancakes

-By Melina Valdejo, owner Pathways New Age Books

Here's a recipe for Samhain Spiced Apple Pancakes, a delicious way to incorporate apples and autumn spices into your Samhain celebration. These pancakes are infused with warming spices and fresh apples, symbolizing abundance, protection, and the harvest. They make for a magical breakfast or comforting snack during the season of Samhain. They are a delicious, comforting way to honor the season and celebrate the themes of abundance, gratitude, and connection with the spiritual world.

As you prepare these pancakes, you can set magical intentions in tune with Samhain:

Apples represent the harvest and the connection between the worlds, often used in Samhain traditions for divination.

Cinnamon, nutmeg, and cloves are protective and healing spices, bringing warmth to both the body and spirit.

As you stir the batter, focus on gratitude for the harvest season and set intentions for protection and abundance during the colder months ahead.

Ingredients

- 1 cup all-purpose flour
- 1 tablespoon sugar (or brown sugar for a deeper flavor)
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon ground ginger
- 1/4 teaspoon ground cloves
- 1 egg
- 3/4 cup milk (or buttermilk for extra fluffiness)
- 1 teaspoon vanilla extract
- 2 tablespoons melted butter (plus extra for greasing the pan)
- 1 large apple, peeled and grated (or finely chopped)
- Optional: 1/4 cup chopped walnuts or pecans for texture
- Optional: Maple syrup and extra apple slices for serving

Instructions

1. In a large mixing bowl, whisk together the flour, sugar, baking powder, baking soda, salt, cinnamon, nutmeg, ginger, and cloves. These spices represent warmth, protection, and the grounding energy of autumn.
2. In a separate bowl, beat the egg and mix it with the milk and vanilla extract. Stir in the melted butter.

3. Slowly pour the wet ingredients into the dry ingredients, stirring gently to combine. Be careful not to overmix; the batter should be slightly lumpy.

4. Fold the grated or finely chopped apples into the batter. Apples are associated with divination, wisdom, and the connection to the spirit world, making them a powerful symbol for Samhain.

- If you like added texture, fold in chopped walnuts or pecans for an extra crunch and a symbol of grounding.

add a pat of butter for extra richness.



Recipes for Samhain- Colcannon -By Melina Valdejo, owner Pathways New Age Books

One of the first recipes I made came from a Scott Cunningham book and was for Colcannon. I made it in my tiny apartment and fell in love with it. (What's not to love about potatoes, right?) Since then, the recipe has evolved a little.

Colcannon makes a hearty, comforting dish for Samhain celebrations, connecting us to the harvest and honoring the cycles of nature. Enjoy it as part of your feast or in a quiet, reflective meal, allowing it to bring warmth and nourishment during the turning of the year.

Colcannon is a traditional Irish dish often associated with Samhain, made from potatoes, cabbage (or kale), and butter. It's a perfect way to use seasonal root vegetables, and it holds special significance during Samhain as a dish of nourishment, prosperity, and connection to the harvest. In old Irish traditions, Colcannon was sometimes used for divination by hiding small charms inside to predict the future.

While making Colcannon, you can imbue the dish with intentions for abundance, protection, and community. Potatoes symbolize sustenance and grounding, cabbage (or kale) represents growth and prosperity, while butter can signify comfort and richness.

Ingredients:

- 2 lbs potatoes (Yukon Gold or Russet work best), peeled and chopped
- 1 small head of cabbage, finely chopped (or 4-5 cups of kale, de-stemmed and chopped)
- 4-6 tablespoons butter
- 1/2 cup milk or cream (adjust for preferred creaminess)
- 1 bunch green onions, chopped (or 1 medium leek, finely chopped)
- Salt and black pepper to taste
- A pinch of ground nutmeg (optional)
- Fresh parsley, chopped, sprinkle of cheese, paprika (all optional for garnish)



Directions:

1. Place the peeled and chopped potatoes into a large pot of salted water. Bring to a boil and cook until tender, about 15-20 minutes. Drain the potatoes and set aside.
 2. While the potatoes are boiling, in a separate pot, melt 2 tablespoons of butter over medium heat. Add the chopped cabbage or kale, cooking until soft and wilted (about 5-7 minutes for cabbage; a little longer for kale). - If using kale, make sure to remove the stems before chopping. Cook until tender, stirring occasionally.
 3. Sauté the Green Onions or Leeks (try the leeks, seriously!!) In a small skillet, melt 2 tablespoons of butter and sauté the green onions or leeks until softened and fragrant (about 3-4 minutes). Add the sautéed onions or leeks to the cooked cabbage or kale mixture.
 4. Mash the boiled potatoes in the pot they were cooked in. Stir in the remaining butter and warm milk or cream, mixing until smooth and creamy. Season with salt, black pepper, and a pinch of ground nutmeg for added warmth.
 5. Fold the cooked cabbage (or kale) and onion mixture into the mashed potatoes, combining everything well. Taste and adjust the seasoning with additional salt and pepper if needed.
 6. Serve the Colcannon hot, with an extra pat of butter on top and cheese (if desired)
- Garnish with fresh parsley or extra green onions (I also like mine with a bit of paprika)

Divination with Charms

During Samhain, Colcannon was often made with hidden charms inside, each predicting a different fate for the person who found it in their serving. You can hide small, wrapped objects in the Colcannon for fun or as part of a ritual:

Ring: Foretells marriage or a new relationship.

Thimble: Sign of spinsterhood or single life.

Coin: Brings wealth or good fortune.

Origins of Halloween and the Connection to Samhain

By Emily Thornton

Halloween, celebrated on October 31st, has its roots in the ancient Celtic festival of Samhain. Samhain, pronounced "sow-in," was a pagan holiday that marked the end of the harvest season and the beginning of winter. It was a time when the boundary between the worlds of the living and the dead was believed to be at its weakest, allowing spirits to pass through.

The origins of Samhain can be traced back to the ancient Celts, who lived in Europe from around 1200 BC to 400 AD. Samhain was one of four major festivals celebrated by the Celts, along with Imbolc, Beltane, and Lughnasadh.

The origins of Halloween began with the Celts. It was a time that was marked by bonfires, celebrating the end of summer and harvest season, and preparing for the time when winter would be plaguing many of them. At the bonfires they would burn pieces of the harvest or do sacrifices as a way to hope for a winter where their food stores would last. It was a time also associated with death because of the trees and plants dying. It was widely believed that during Halloween, spirits and demons would walk the earth. Many people refused to leave their home during this time, unless they wore masks or costumes so they would be mistaken as fellow spirits and demons. They would also keep the ghosts away by leaving food outside to appease the spirits.

Samhain was a time of transition, when the days began to grow shorter and the nights longer. The Celts believed that on Samhain, the boundary between the worlds of the living and the dead became blurred, allowing spirits to pass through. This belief led to many of the traditions and rituals associated with Samhain, such as lighting bonfires, practicing divination, and leaving food and drink out for the spirits of the dead.

The Celts celebrated Samhain with a variety of rituals and traditions. One of the most important rituals was the lighting of bonfires. Bonfires were believed to ward off evil spirits and to honor the dead. The Celts would often build large bonfires on hilltops and in fields, and they would dance and sing around the fires.

Another important tradition was the practice of divination. The Celts believed that Samhain was a time when the future could be foretold. They would perform a variety of divination rituals, such as reading the entrails of animals or throwing bones.

Samhain was also a time for feasting and merrymaking. The Celts would gather together with their families and friends to enjoy a feast of food and drink. They would also tell stories and play games.

Trick-or-treating is believed to have originated from the Celtic tradition of leaving food and drink out for the spirits of the dead. The Celts believed that these offerings would appease the spirits and prevent them from causing harm. Trick-or-Treating has evolved from these early traditions to what we know today. Trick-or-treating is mainly an American tradition now and yet there are still people who leave offerings to ancestors during this time.

Costumes were worn to disguise oneself from these spirits. The Celts believed that if they dressed up as something else, the spirits would not recognize them and would leave them alone.

Carving pumpkins is thought to have originated from the Celtic practice of carving turnips and beets into lanterns. These lanterns were used to light the way for the spirits as they traveled between the worlds of the living and the dead.

Halloween is a holiday with a long and rich history. It is a time to remember the dead, to celebrate the harvest, and to have fun. The origins of Halloween can be traced back to the ancient Celtic festival of Samhain, a time when the boundary between the worlds of the living and the dead was believed to be at its weakest.

Chants for Samhain

SACRED ANCESTORS

Sacred ancestors come to me
Sacred ancestors who love me

Sacred ancestors come to me
Sacred ancestors, please help me

All my mothers, fathers, brothers, sisters
and relations too

Who had love me for always
I keep the light for you

By Lisa Thiel

SAMHAIN'S REVELS

Come! Come! Samhain Revels, Summer's End
Sing! Dance! Celebration For The Dead
Pour! Pour! The Libation For The Dead
Life! Death! Part The Veil, Summer's End

by Ivo Dominguez, Jr.



ANCIENT MOTHER/O LA MAMA

Ancient Mother, I hear you calling
Ancient Mother, I hear(sing) your song(sound)
Ancient Mother, I hear(share) your laughter
Ancient Mother, I taste your tears

O la mama wa ha su kola
O la mama wa ha su wam
O la mama kow wey ha ha ha ha
O la mama ta te kayee

AND THE WHEEL TURNS

And The -- Wheel Turns : Never Ending
New And Old And New Again

By Damiara



BLOOD OF THE ANCIENTS

It's The Blood Of The Ancients : That Runs Through Our Veins
And The Forms Pass : But The Circle Of Life Remains

By Ellen Klaver & Charlie Murphy

Favorite underrated Halloween movie

by Emily Thornton

There are some fantastic Halloween movies that are shown during the season. "Hocus Pocus" would probably be considered one of the top movies during the season. However, one can make the case about any spooky movie for Halloween. One underrated Halloween movie that was low budget, but became a cult sensation is "Spaced Invaders."

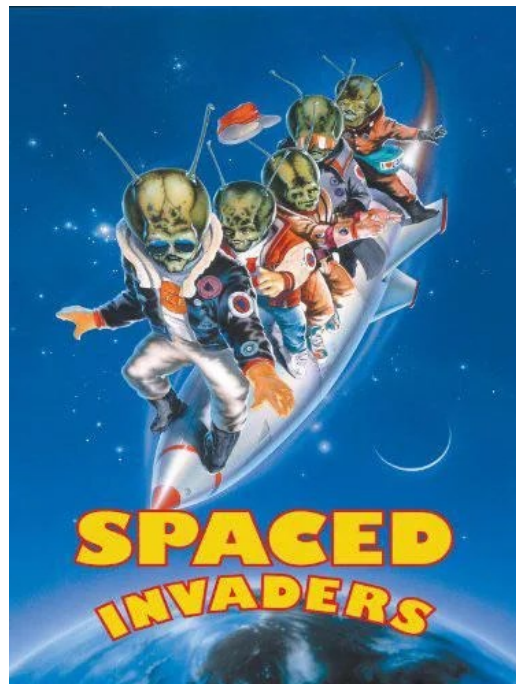
This movie came out in April 1990, and people were worried it would be like an ET spinoff. However, the crowds were delightfully surprised. Aliens from Mars are on an invasion force. They have engine trouble and decide to land on Earth during Halloween. The aliens are believed to be little kids in costumes and they are taken around trick or treating with Kathy and Brian, who are awkward kids who don't really fit in. The aliens believe they are a part of the invasion force, by listening to a broadcast of Orson Welles "War of the Worlds."

The invasion force is threatened by a killer robot, who will destroy them if they don't complete their mission.

Then bumbling aliens make mistakes and are kicked out of the Halloween trick or treating and Brian and Kathy come along for the ride. They make friends with the aliens and try to get them back into their broken-down ship. The aliens meet the local farmer, Wrenchmuller who is having trouble keeping his farm, which is going to be taken over by the greedy Klembecker. Wrenchmuller thinks his farm is saved when he realizes if he takes a picture of the bumbling aliens in his farmhouse, which is where they crashed, he can sell the photos for money.

Wrenchmuller knocks one of the aliens unconscious and tries to take him to prove that he isn't insane. The alien wakes up and disappears, yet again making Wrenchmuller the mockery of the town. The aliens again try to be taken seriously by blowing up the on-ramp to the town, and trying to blow up a missile silo (which is in fact a corn storage silo) and create a massive wave of popcorn. Their motto "prepare to die Earth scum" is recited over and over again to the four others. They even try to blow up the earth with one of their devices after being chased by the townspeople, and their bumbling technology skills, "You put tab A into slot B again didn't you!" because their explosive device broke into a million pieces.

This entire production has some amazing one-liners that are said from both the aliens and humans, and can be fun for adults and kids. The favorite line in the movie is, "Dad, they're not really bad, they're just...stupid." It is highly recommended to see this movie. The effects are crappy but the lively banter and funny storyline makes it a truly unique movie.



Pumpkin

This genus includes 27 species of prostrate or climbing annuals and perennials, native to tropical and subtropical America. *Cucurbita maxima* was first grown in Peru and reached Europe after the Spanish conquest of 1532. Also known as pumpkins or squashes are *C. moschata*, which may have originated in Mexico, but was known in S and N America 5,000 years ago, and *C. pepo*, which is Mexican in origin, but has been grown in southern N America for over 8,000 years. Pumpkins, marrows, and winter and summer squashes belong to several different species, with interchangeable common names and the same medicinal properties. Pumpkin seeds are rich in oil, vitamins, and minerals, especially zinc, which is useful in treating enlarged prostate gland. As a remedy for intestinal parasites they are less potent than *Dryopteris felix-mas* (See [male fern](#)), but safer for pregnant women, children, debilitated patients. Use of pumpkin seeds in Chinese medicine was adopted in the 17th century.



Variable, trailing annual with 5-angled stems and toothed leaves. Yellow flowers in summer are followed by fruits, which when ripe may be green, gray, yellow, orange, or red, filled with orange flesh and green, white-husked seeds.


Common Name:	Pumpkin	seeds were pulverized and mixed with water to create a medicinal remedy that soothed in flamed mucous membranes in the nose, throat, chest, intestines, and urinary tract. In Britain, where the pumpkin was known as English Melon, the yellow-orange flesh of the plant was made into soups and pies (a tradition that continues today, on both sides of the Atlantic). In traditional Chinese medicine, pumpkin seeds were (and still are) prized as an aid to longevity. But by far the greatest use of pumpkin seeds was as a remarkably effective and gentle anthelmintic (an herb that expels worms), which is safe for pregnant women and young children.
Other Names:	Field Pumpkin, Pompion, Squash, Winter Squash	
Botanical Name:	<i>Cucurbita maxima</i> , <i>Cucurbita pepo</i>	
Genus:	<i>Cucurbita</i>	
Family:	Cucurbitaceae	
Native Location:	South America	
Cultivation:	Rich, well-drained soil in sun, Pinch out tips to encourage growth of lateral shoots. May be affected by mosaic virus, <i>Botrytis</i> , and powdery mildew. Growing on poles or supports protects fruit from slugs.	
Propagation:	By seed sown in Spring at 16-18°C (61-64°F)	
Harvest:	Seeds are collected from ripe fruits in autumn and dried whole (not dehusked for medicinal use) before grinding.	Parts Used: Seeds (<i>nan gua zi</i>), fruits, pulp.
Height:	1m (3ft)	Medicinal Use: Internally, often combined with <i>Echinacea purpurea</i> and <i>Serenoa repens</i> tapeworms and roundworms; also for motion sickness and early stages of schistosomiasis (seeds). Internally to soothe inflammation of the digestive tract (pulp). Externally as a poultice for burns (Pulp). Today, many herbalists recommend pumpkin seeds—which are packed with vitamins and minerals—as part of a prostate-healthy diet. The seeds are especially rich in zinc, a mineral critical to optimal prostate function. The cooked flesh (yellow orange pulp) of pumpkin, a kissing cousin of squash, is a fine source of essential minerals, oils, and vitamins.
Width:	2m (6ft)	
Hardiness:	Half Hardy	
History:	A member of the Cucurbitaceae family—which includes the cucumbers, gourds, loofahs, melons, squashes, and zucchini—pumpkins have been cultivated in the Americas for over 8,000 years and only traveled to Europe (from Mexico and South America) in the sixteenth century, and to Asia in the seventeenth century. European herbalists considered pumpkin seeds one of the "four greater cold seeds"—along with the seeds of the cucumber, gourd, and melon. All four	

DO NOT USE THIS OR ANY OTHER HERB WITHOUT FIRST CONSULTING WITH YOUR PHYSICIAN. HERBAL REMEDIES ARE SOMETIMES COUNTER INDICATIVE TO MODERN MEDICINES.

Mycology

American Caesar's Mushrooms

Amanita caesarrea

Common Name:	American Caesar's Mushroom	
Botanical Name:	<i>Amanita caesarrea</i>	
Order:	Agaricales	
Family:	Amanitaceae	
Description:	Shiny, reddish-orange cap with radially lined margin, yellow gills, and ring on yellowish stalk with white saclike cup.	
Cap:	2-5¼ (5-13cm) wide. Hemispherical, becoming convex to nearly flat, usually with knob; margin prominently radially lined; sticky, smooth; deep red to orange-red aging yellowish	
Gills:	Free or nearly so, close, broad, yellow	
Stalk:	3-8" (7.5-20cm) long, ¼-¾" (0.3-2cm) thick; Smooth to woolly, scaly; yellowish; stuffed, becoming hollow.	
Veil:	Universal veil white, leaving persistent, thick, loose, free-margined, saclike cup. Partial veil membranous, yellow; leaving pendant ring on upper stalk.	
Spores:	8-12 x 6-8µ Oval, smooth, colorless, nonamyloid. Spore print white.	
Edibility:	Good, with caution	
Season:	July-October	
Habitat:	Single, scattered, or in fairy rings, on the ground, in dry oak and pine woods	
Range:	Quebec to Florida, west to Ohio and Arizona; also Mexico	
Look Alikes:	<i>A. flavoconia</i> , <i>A. frostiana</i> , the poisonous <i>A. muscaria</i> , and <i>A. pacivolvata</i> all resemble the American Caesar, but all lack saclike cup and yellow gills; their caps are not smooth.	
Comments:	Also known as <i>A. umbonata</i> , and possibly different from the European <i>A. caesarea</i> . It certainly is not as choice. Extreme care must be exercised to avoid picking a poisonous look-alike.	
Bibliography:	National Audubon Society Field Guide to North American Mushrooms by Gary H Lincoff copyright©1981 Chanticleer Press pg 528	

Always consult with a Mycologist before consuming any wild mushrooms.

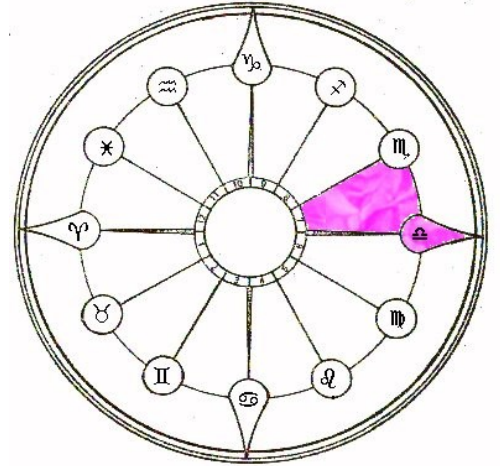
Astrology

7th House—"Partnerships"

Libra

The Seventh House is the House of Partnerships and Conflicts. It may tell you about your present or future spouse and the relationship you will have. It also rules over all other types of partnerships and agreements, as well as describing your ability to have harmonious relations with others. The Natural Ruler (or corresponding zodiac sign) of the Seventh House is Libra.

Sign:	Libra
Symbol:	♎
Dates:	Sept 23-October 23
Ruler:	Venus
Element:	Air
Quality:	Cardinal
Gender:	Masculine
Body Parts:	Lower back, Buttocks, Kidneys
Key Words:	"I Balance"
Colors:	Pink, Pale Green, Various shades of Blue
Tarot:	Justice, Judgement
Archangel:	Anael
Birthstones:	Chrysoprase, Lapis Lazuli, Turquoise
Gems:	Ametrine, Apophyllite, Aquamarine, Artinite, Aventurine, Azeztulite, Bavenite, Beaverite, Bityite, Bloodstone, Blue Tourmaline, Bustamite, Chevron Amethyst, Chiastolite, Chrysolite, Chrysoprase, Citrine, Clevelandite, Common Opal, Cross Stone, Damsonite, Daphnite, Diaspor, Dumontite, Eglestonite, Elbaite, Emerald, Erythrosiderite, Euchroite, Eulite, Fire Opal, Golden Opal, Goshenite, Granite, Green Spinel, Green Tourmaline, Heinrichite, Heliotrope, Hemimorphite, Hopeite, Horneblende, Hubnerite, Hypersthene, Indicolite, Iolate, Jade, Katomorphite, Koksharovite, Kolbeckite, Kunzite, Kyanite, Lapis Lazuli, Leaverite, Lepidolite, Leucophoenicite, Mahogany Obsidian, Moonstone, Multi-Colored Topaz, Mesolite, Meteorite, Microcline, Mineral Stone, Mixite, Mochi Balls, Moldavite, Mordenite, Morganite, Nephrite, Nordenskioldine, Ocho, Opal,



Orange Citrine, Orbicular Agate, Paradasch, Pearl, Pecos Diamond, Penninite, Peridot, Pink Opal, Pink Tourmaline, Plume Agate, Potch, Prehnite, Quartz, Rainbow Obsidian, Red Coral, Riebeckite, Rose Quartz, Rubellite & Lepidolite, Sapphire, Scheelite, Serendibite, Simpsonite, Smoky Quartz, Sphaerocobaltite, Sunstone, Taaffeite, Tantalit, Tanzanite, Tin, Topaz, Touchstone, Tourmaline, Tremolite, Triphylite, Tripliodite, Tunnellite, Ussingite, Wagnerite, White Opal, White Sapphire, Wohlerite, Wolframite, Zeolite, Zincite.

Babylonian Name:	Zibanitu
Meaning:	Scales
Sumerian Month:	Tashritum
Translation:	Balance Scales
Virgo Traits:	Companionable, Harmonious, Evenly Balanced, Diplomatic, Indecisive, Vacillating, Judgmental, Hypercritical, Even Tempered, Peacemakers, Amiable, Particular, Artistic, Intuitive, Objective.
Sixth House Traits:	Partnership, Cooperation, Marriage, War, Legal Contracts, Lawsuits, Divorce, Treaties, Enemies

Planetary Correspondences

Venus

Spiritual Significance

The symbol of Venus, the evening and morning star which is esoterically the sister planet of Earth, is the circle representing the spirit, balanced on the equal armed cross of the elements representing the material plane.

In ancient Egypt this Venus Symbol was the ankh, which represents the union of male and female. The ankh was universally adopted by the 'flower children' of the '60's who, echoing its Venusian connection, called it the love or peace cross. Today the planetary glyph of Venus is used in biology to signify the female.

Venus is regarded as the twin soul of the Earth. The concept of twin souls is a very ancient one based on the esoteric belief that originally the human race was androgynous. At some point in the distant past early humanity divided into the two sexes, so human souls continue on the cycle of birth, death, and rebirth until such time as they are incarnated in the same time period as their twin souls and become reunited.

Obviously such belief is open to abuse. This especially happens when people who fall in love project their anima (the female aspect of the male psyche) or their animus (the male aspect of the female psyche) on to their lovers and think they have found their long lost twin soul or soul mate. It is the negative influence of Venus that creates this type of sexual infatuation which can be very destructive for everyone whom becomes entangled in it.

On a more positive level, the Venusian planetary influence represents the natural human desire of uniting the opposites. This can be understood in magical terms as the balancing of the male and female principles within the psyche of the magician. This union of opposites in what is called the sacred marriage and is symbolized by the sigil of the sword in the chalice.



Rules:	Love, Harmony, Attraction, Friendship, Pleasure, Sexuality	Plants:	Acacia flowers, Almond oil, Aloes, Apple, Birch, Daffodil, Damask Rose, Elderberry, Fennel, Feverfew, Fig, Geranium, Mint, Mugwort, Myrtle, Olive Oil, Pennyroyal, Plantain, Raspberry, Rose, Strawberry, Tansy, Thyme, Verbena, Vervain, Violet.
Day:	Friday	Tree:	Apple, Quince
Element:	Earth, Water	Animal:	Dove, Lynx
Color:	Green, Indigo, Rose	Goddesses:	Aphrodite, Beltis, Asherah, Astarte, Freja, Hathor, Inanna, Isis, Ishtar, Mari, Mariamne, Oshun, Tethys, Venus
Zodiac:	Taurus, Libra	Gods:	Eros, Oceanus, Robin Hood, Pan
Tone:	La, E		
Letter:	Q		
Number:	5, 6, or 7		
Metal:	Copper		
Jewel:	Amber, Emerald, Jade, Azurite, Calcite (blue, green, pink), Cat's Eye, Chrysocolla, Chryso-prase, Coral, Jasper (green), Lapis Lazuli, Malachite, Olivine, Peridot, Sodalite, Tourmaline (blue, green, pink, watermelon), Turquoise		
Qabalah:	7 Netzach— Splendor		
Angel:	Haniel		
Incense:	Ambergris, Benzoin, Jasmine, Rose		

Obsidian

This powerful stone makes a strong shield of protection around the wearer. It is an excellent grounding stone, helping to release negativity and to stabilize. As a scrying tool, obsidian can offer an accurate reflection of the changes that need to be made. Its answers can be quick and somewhat pointed, as obsidian walks the shadow side of the void. It will help to provide a clear course of action, and let you know what challenges are the most necessary to face -- but not always the easiest or most pleasant lessons. Obsidian blades are excellent for cord-cutting workings.



Color:	Various
Hardness:	5-5.5
Specific Gravity:	2.6
Cleavage:	None
Fracture:	Conchoidal
Diaphaneity:	Translucent
Luster:	Vitreous
Streak:	White
Occurrence:	Many parts of the USA, Mexico, Scotland, Italy
Planet:	Saturn
Element:	Fire
Deities:	Tezcatlipoca, Pele
Powers:	Protection, Peace, Grounding, Divination.
Magical Uses:	

- Hold in hand or stand barefoot on this stone to ground yourself
- Effective when carried or used in protective rituals.
- Use a sphere of this stone as a tool for scrying or make a mirror of this stone.

Various Types and their Magical Properties

Apache Tear Obsidian:

Magical Properties: This form of obsidian comforts grief, provides insight into the source of distress, and relieves long held grievances, promoting forgiveness of both self and others.

Black Obsidian:

Magical Properties: Grounds the soul and spiritual forces into the physical plane, bringing them under the direction of the conscious will and making it possible to manifest spiritual energies on earth. Increases self control. Forces facing up to one's true self, taking you into the subconscious mind in the process, Great for past life work. Repels negativity and disperses unloving thoughts, Removes physical disorders, Provides the gift of prophecy and is a great scrying aid.

Blue Obsidian:

Magical Properties: This form of obsidian aids astral travel, facilitates divination, and enhances telepathy.

Gold Sheen Obsidian:

Magical Properties: This form of obsidian is particularly useful for scrying. It takes you into the future and the past and deep into the core of the problem.

Green Obsidian:

Magical Properties: This form of obsidian opens and purifies the heart and throat chakra. It removes hooks and ties from other people and protects against repetition of mistakes.

Mahogany Obsidian:

Magical Properties: This form of obsidian is gentler than the black. It resonates with the earth, it grounds and protects, gives strength in time of need, vitalizes purpose, eliminates energy blockages, and stimulates growth on all levels

Purple Obsidian:

Magical Properties: This form of obsidian can be used to strengthen and/or awaken the psychic senses.

Rainbow Obsidian:

Magical Properties: This form of obsidian is another gentler form but with very strong protective properties. It enhances ones awareness of their spiritual nature.

Red Black Obsidian:

Magical Properties: This form of obsidian raises the kundalini energy. It promotes vitality, virility, and brotherhood.

Silver Sheen Obsidian:

Magical Properties: This form of obsidian enhances meditation and is the perfect crystal for crystal gazing. It also connects the astral body with the physical body so it is great for astral projection.

Snowflake Obsidian:

Magical Properties: This form of obsidian is great for removing negative patterns of thinking. It reaches into the subconscious and helps to remove the blockages of the past. It's a great stone for self awareness and meditation.

Tree of Life

Yesod ׳סוד

Ninth Sephirah

Titles:	The Foundation, Base, The Sphere of Illusion, Treasure House of Visions	
Intelligence:	Pure or Clear	
Pronunciation:	Yay-sude	
Place:	6th Plane, Middle Pillar, Astral Triangle	
Number:	9	
Sephira Name:	Yesode (Foundation)	
Color (Q.S.)	Violet	
Scents:	Jasmine, Ginseng, Aloe, Lotus	
Chakras:	Root	
Mundane Chakra:	The Moon	
Archangel:	Gabriel גבריאל (Man-God)	
God-Name:	Shaddai el Chaiim, שא-דאי אל חי Sha-dai El Chai	
Body:	Genitals	
Metals:	Silver	
Planet:	Luna	
Tarot:	9 of Wands, 9 of Cups, 9 of Swords, 9 of Pentacles, The Hermit	
Stone:	Moonstone, Pearl, Quartz	
Angelic Order:	Kerubim כרובים (Angels, The Cherubs, Strong Ones)	
Qlippoth (Demons):	Gamaliel; גמליאל (The Obscene Ones)	
Arch Demon:	Lilith לילית	
Virtue:	Independence	
Vice:	Idleness	
God Forms:	Moon Deities– Nana, Diana, Thoth, Ganesha, Hecate, Selene, Varuna, Soma, Ch'ang-o Coyolxauhqui, Quilla, Hathor, Shu, Zeus, Vishnu.	
Magical Image:	A powerful Naked Man	
Color:	Violet-Blue	
Symbols:	The Cup, The Mirror	
Creature:	Elephant	
Tools:	Scent	
Plants:	Comfrey	

The Dhammapada of Buddha

Chapter X

Punishment

Verse CXXIX

All men tremble at punishment, all men fear death; remember that you are like unto them and do not kill, nor cause slaughter.

Verse CXXX

All men tremble at punishment, all men love life; remember that thou art like unto them, and do not kill, nor cause slaughter.

Verse CXXXI

He who, seeking his own happiness, punishes or kills being who also long for happiness, will not find happiness after death.

Verse CXXXII

He who seeking his own happiness does not punish or kill being who also long for happiness, will find happiness after death.

Verse CXXXIII

Do not speak harshly to anybody; those who are spoken to will answer thee in the same way. Angry speech is painful, blows for blows will touch thee.

Verse CXXXIV

If, like a shattered metal plate (gong), thou utter nothing, then thou hast reached Nirvana; anger in not known to thee.

Verse CXXXV

As a cowherd with his staff drives his cows into the stable, so do Age and Death drive the life of men.

Verse CXXXVI

A fool does not know when he commits his evil deeds: but the wicked man burns by his own deeds, as if burnt by fire.

Verse CXXXVII

He who inflicts pain on innocent and harmless persons, will soon come to one of these ten states:

Verse CXXXVIII

He will have cruel suffering, loss, injury of the body, heavy affliction or loss of mind,

Verse CXXXIX

Or a misfortune coming from the king or a, fearful accusation, or loss of relations, or destruction of treasures.

Verse CXL

Or lightning-fire will burn his houses; and when his body is destroyed, the fool will go to hell.

Verse CXLI

Not nakedness, not platted hair, nor dirt, not fasting, or lying on the earth, nor rubbing with dust, not sitting motionless, can purify a mortal who had not overcome desires.

Verse CXLII

He, who, though dressed in fine apparel, exercises tranquility, is quiet, subdued, restrained, chaste, and has ceased to find fault with all other beings, he indeed is a Brahmana, an ascetic (Srmana), a friar (Bhikshu)



Verse CXLIII

Is there in this world any man so restrained by shame that he does not provoke reproof, as a noble horse the whip?

Verse CXLIV

Like a noble horse when touched by the whip be ye strenuous and eager, and by faith, by virtue, by energy, by meditation, by discernment of the law you will overcome this great pain, perfect in knowledge and in behavior, and never forgetful.

Verse CXLV

Well-makers lead the water (wherever they like); fletchers bend the arrow; carpenters bend a log of wood; good people fashion themselves.



The Elements

EARTH

Direction:	South in the Southern Hemisphere, North in the Northern Hemisphere.
Time of Day:	Midnight
Time of Year:	Winter
Ritual Tools:	Pentacle and Salt
Tarot Association:	Pentacles
Zodiac Signs:	Taurus, Virgo, Capricorn
Colors:	Black, Brown Green White
Angelic Principle:	Uriel, Gabriel
Elemental King:	Ghobb
Elementals:	Gnomes
Chayoth ha-Qadesh:	The Winged Bull
Hermetic Axiom:	“To Keep Silent” <i>Tascere</i>
Of the Holy Regalia:	The Shield
Name of the North Wind:	Boreas, Ophion
Sense:	Touch
Stones:	Agate, Alum, Apache Tear, Apatite, Aventurine, Boji Stone, Calcite, Car- nelian, Cat’s Eye, Chrysoprase, Coal, Diamond, Emerald, Fluorite, Granite, Iron Pyrite, Jade, Jasper, Jet, Kunzite, Malachite, Morion Crystal, Olivine, Onyx, Peridot, Petrified Wood, Rock Crystal, Rutilated Quartz, Rhodonite, Ruby, Salt, Stalagmite, Staurolite, Sugilite, Tiger’s Eye, Tourmaline, Tur- quoise, Unakite.
Incense:	Storax, Benzoin
Plants:	Comfrey, Ivy, Grains, Barley, Oats, Corn, Rice, Rye, Wheat, Red Poppy
Tree:	Oak
Animals:	Cow or Bull, Bison, Snakes, Stag
Goddesses:	Ceres, Demeter, Gaea, Mah, Nephe- thys, Persephone, Prithivi, Rhea, Rhiannon.
Gods:	Adonis, Athos, Arawn, Cernunnos, Dionysis, Marduk, Pan, Tammuz.
Planets:	Venus, Mercury, Sun
Hemisphere:	North

AIR

Direction:	East
Time of Day:	Dawn
Time of Year:	Spring
Ritual Tools:	The Wand, Staff, Incense, Athame, Sword, Censer, Dagger,
Taros Association:	Swords
Zodiac Signs:	Libra, Aquarius, Gemini
Colors:	Pale Yellow, Pale Blue, White, Bright Yellow, Crimson, Pastels.
Angelic Principle:	Raphael, Michael
Elemental King:	Paralda
Elementals:	Sylphs, Zephyrs and Faeries who in habit the world of the winds, breezes, mountains.
Chayoth ha-Qadesh:	The Angel or Androgyn—Adam Kad- mon
Hermetic Axiom:	“To Know” <i>Noscere</i>
Of the Holy Regalia:	The Spear
Name of the East Wind:	Eurus
Sense:	Smell
Stones:	Amber, Amethyst, Aquamarine, Aven- turine, Azurite, Beryl, Blue Lace Agate, Carnelian, Chalcopyrite, Chrysocolla, Chrysoprase, Citrine, Diamond, Fluorite, Hematite, Jasper, Kyanite, Lazurite, Mica, Moldavite, Opal, Pearl, Pumice, Sapphire, Silver, Snow Quartz, Sodalite, Sphene, Topaz, Tour- maline, Turquoise, Vivianite.
Incense:	Galbanum, Frankincense
Plants:	Frankincense, Myrrh, Pansy, Primrose, Vervain, Violet, Yarrow
Tree:	Aspen
Animals:	Birds, especially the Eagle and Hawk, Insects.
Goddesses:	Aradia, Arianrhod, Cardea, Nuit, Ura- nia
Gods:	Enlil, Khephera, Mercury, Shu, Thoth

The Elements

FIRE		Water	
Direction:	North in the Southern Hemisphere, South in the Northern Hemisphere.	Direction:	West
Time of Day:	Midday	Time of Day:	Sunset
Time of Year:	Summer	Time of Year:	Autumn
Ritual Tools:	Sword, Altar, Candle, Fire Pit, or Circle	Ritual Tools:	Chalice, The Cauldron, Consecrated Water
Tarot Association:	Wands	Tarot Association:	Cups
Zodiac Signs:	Aries, Leo, Sagittarius	Zodiac Signs:	Cancer, Scorpio, Pisces
Colors:	Red, Gold, Crimson, Orange, White	Colors:	Purple/Blue,
Angelic Principle:	Michael, Ariel	Angelic Principle:	Gabriel
Elemental King:	Djinn	Elemental King:	Nixsa
Elementals:	Salamanders and Fire Drakes	Elementals:	Undines
Chayoth ha-Qadesh:	The Winged Lion	Chayoth ha-Qadesh:	The Eagle
Hermetic Axiom:	"To Will" <i>Velle</i>	Hermetic Axiom:	"To Dare" <i>Audere</i>
Of the Holy Regalia:	Excaliber, The Sword	Of the Holy Regalia:	The Grail
Name of the South Wind:	Notus	Name of the East Wind:	Zephyrus
Sense:	Sight	Sense:	Taste
Stones:	Agate, Amber, Apache Tear, Asbestos, Beryl, Bloodstone, Calcite, Carnelian, Citrine, Coal, Diamond, Fire Opal, Flint, Garnet, Geodes, Hematite, Jasper, Lava, Lorimar, Obsidian, Onyx, Peridot, Pipestone, Pumice, Quartz, Rhodochrosite, Rhodonite, Ruby, Sard, Sardonyx, Serpentine, Spinel, Sulfur, Sunstone, Tiger's Eye, Topaz, Tourmaline, Zircon	Stones:	Agate, Alexandrite, Amethyst, Aqua- Aura, Aquamarine, Auricalcite, Azur- ite, Beryl, Calcite, Celestite, Chalcedo- ny, Chrysocolla, Coral, Diamond, Diop- tase, Emerald, Geodes, Holey Stones, Jacinth, Jade, Jet, Kunzite, Lapis Lazuli, Lepidolite, Magnetite, Moonstone, Mother of Pearl, Obsidian, Onyx, Opal, Pear, Peridot, Quartz, Rock Cryst- al, Sapphire, Sardonyx, Selenite, So- dalite, Sugilite, Topaz, Tourmaline, Turquoise, Zircon
Incense:	Olibanum (Copal)	Incense:	Myrrh
Plants:	Garlic, Hibiscus, Mustard, Nettle, On- ion, Red Peppers, Red Poppies	Plants:	Ferns, Lotus Mosses, Rushes, Sea weeds, Water Lilies, All Water Plants
Tree:	Almond in Flower	Tree:	Willow
Animals:	Fire-Breathing Dragons, Lions, Horses, Snakes	Animals:	Dragons as Serpents, Dolphins, Por- poises, Fish, Sea Mammals, Sea Bird
Goddesses:	Brigit, Hestia, Pele, Vesta	Goddesses:	Aphrodite, Isis, Mariamne, Mari, Tiamat, Yemaya
Gods:	Agni, Hephaestus, Horus, Prome- theus, Vulcan	Gods:	Dylan, Ea, Llyr, Mannanan, Osiris, Neptune, Poseidon

The Fool Discovers the Wheel of Fortune By Emily Thornton

The Wheel of Fortune is one of the most iconic and well-known cards in the tarot deck. It represents change, luck, and destiny. In the Fool's journey, the Wheel of Fortune appears as a reminder that life is constantly in flux and that we are all subject to the whims of fate.

Initially, the Fool, brimming with youthful optimism and a sense of purpose, embarks on his journey with the conviction that he can direct his own destiny. However, the Wheel of Fortune teaches him the lesson of impermanence, illustrating that life unfolds in unpredictable ways. He discovers that external forces and the whims of fate can alter his course, challenging his initial perception of control. As humans we observe the changes of life from an outsider's perspective, however, the minute we step into that cycle (or wheel) we are creating consequences.

The Wheel of Fortune is often depicted as a spinning wheel with four quadrants. Each quadrant represents a different phase of life: birth, growth, decay, and death. The Fool begins his journey in the first quadrant, where he is full of hope and optimism. He experiences the thrill of new beginnings and possibilities. However, as he progresses through the wheel, he encounters challenges and setbacks. These challenges test his resolve and resilience. He learns that life is not always kind, and unexpected events can disrupt his plans. This journey through the quadrants teaches him valuable lessons about acceptance, adaptability, and the importance of surrendering to the flow of life.

In the fourth quadrant of the wheel, the Fool reaches his lowest point. He has faced setbacks, lost material possessions, and experienced heartbreak. However, it is in this depth of despair that he gains profound wisdom. He realizes that change is not something to be resisted but rather embraced as a natural aspect of existence.

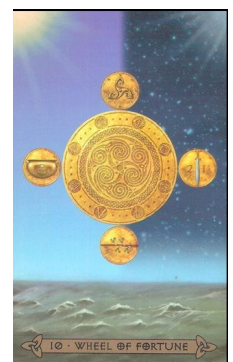
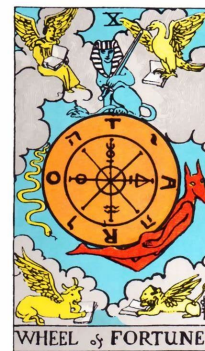
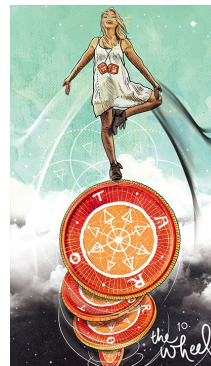
Through his encounter with the Wheel of Fortune, the Fool undergoes a transformation. He learns that true happiness and fulfillment lie not in external circumstances or material possessions but in his ability to navigate life's ups and downs with grace and acceptance. He emerges from this journey with a deeper understanding of the cyclical nature of life, the importance of embracing change, and the futility of clinging to outcomes.

There are numerous symbols in the artistry of the Wheel of Fortune Card. We see the wheel that is the focal point in the card. However, there are numerous symbols and letters in the outer ring. These letters and symbols are for Torah, the law of gravity and attrac-

tion. There are 12 laws within this early experience. At the center of the wheel, there are symbols of Alchemy. Symbols of mercury, sulfur, water, salt, which are basically the building blocks of life. It is the Power of Life at the center. There is a snake symbol on the side. The Egyptians see the snake as the god of evil. It also represents how we have been put here in this world, whether we like it or not, we must learn from our experiences. The god Anubis is the other side of the snake. He welcomes us to the underworld. There is a great protective energy around him. The Sphinx is at the top and represents knowledge, strength and mysteries of life. The Sphinx is telling us the secrets of life will be revealed, to those who ask questions or increase their frequency. Basically, by learning and raising our level of consciousness, we can make our way around the wheel better. On the four corners we see the Angel of Aquarius, the Falcon, Eagle of Scorpio, Bull of Taurus, and the Lion of Leo. They are all protective of us in our journey.

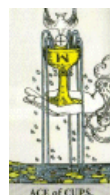
When this card comes up in a reading, it is one of the cards that basically says "maybe." There is no definitive answer. Time will tell whether this card means one thing or another. Be more open to the changes of life and don't be afraid of going with the flow. Be happy in the moment.

The Wheel of Fortune teaches us that life is a journey of self-discovery, growth, and evolution. It reminds us that while fate plays a role in shaping our experiences, we also possess the power to shape our responses and attitudes. By embracing the lessons of the Wheel of Fortune, we can navigate life's complexities with resilience, wisdom, and a profound appreciation for the beauty of the ever-turning wheel.



Tarot Spread

Libra "I Balance"



Card Number	Card Representation	Divinatory Meaning
Card 1	My power of decision making	The Magician in this spread indicates that the person is able to make proper decisions
Card 2	My ability to bond in a relationship	The Nine of Cups in this spread indicates that the person
Card 3	My ability to connect in a professional collaboration	The Ace of Cups in this spread indicates that the person gives his full attention to professional endeavors.
Card 4	My aggression and my desire for peace. How do I fight?	The Two of Swords in this spread indicates that the person is a justice seeker and will fight for the rights of others.
Card 5	My will to forgive. How do I make peace?	The Seven of Swords in this spread indicates that the per-
Card 6	What do I give my lover?	The Hierophant in this spread indicates that the person tends to control their significant other.
Card 7	What kind of feeling do I suppress?	The Nine of Swords in this spread indicates that the person suppresses most of their emotions and prefers not to cope
Card 8	How is my artistic feeling?	The Five of Wands in this spread indicates that the person is hypercritical and very artistic but doubts their own capabilities.
Card 9	How Superficial am I? How moody am I?	The Tower in this spread indicates that the person has a

Interview with Starr-Death Doula

ED: Good afternoon, everybody. Welcome to Today's Witch Magazine's interview with Starr Ann RavenHawk. Today, we're going to be discussing what is a death doula

Starr: Yeah.

ED: Death doula is a term that I've heard frequently used and I'm not familiar with what they are. I asked Starr to come in here today to give us a lowdown on what it is.

I figured it's a perfect time since it was for our Samhain issue that we discussed this matter. So, without further ado, it's in your hands. What is a death doula?

Starr: Okay. Hi everyone. And Edward, thank you so much for inviting me to speak about this with you, or at least to have questions answered. If anyone has any, if any of your audience has any questions, they're welcome to ask.

If I can answer it, I will do my best. My name is Starr Ravenhawk and I teach about being a death doula to some of my students and then they go on to get their certifications with it. A death doula basically is...let's see there was a nurse, Susan B. O'Brien, she breaks it down. She says a death doula is the answer to filling the gap in the mainstream end of life care system. Basically, it's a profession or movement that can possibly be for everyone around the world who requires these types of services at the end of their life.

We only have basically one opportunity to have the end of life go well for people because it's the ending of life. That's it. One time only. There's no do overs. That's it. So, it's basically giving dignity to a person's end of life with choices. In my version of that, I said to myself, it's the true meaning of a kind of rich, diverse history and reclamation of the final rights for what happens next.

From now on going forward-it's just giving people in their final phase of life the right to die with dignity and fulfill their wishes. And so, some of them has been calling themselves human psychopomps rather than death doula because the word death or doula rather hasn't got in modern times. It's got a nice ring to it, and people have claimed it since, what, 1978 or something as a good thing. The actual word doula, not so much a good word for a lot of people, so some people take an offense to being called a death doula.

They would prefer to be called either an end-of-life person or something like that. But let me explain to you why the word has a negative connotation to it because the word doula originally originated from basically being a female slave or a woman's servant. Or if it's a male, that's the one which was very rare.

The male version was the doulosa, meaning a bonds person, a bond, a male bonds person to just be, basically you're a servant. They were not paid. You were a servant. You weren't volunteering. You were ordered to be that person to help, basically the white person or whoever it is to be able to deliver their child.

Or to, basically that was it to help them deliver their child back then. That's why the original doulas were birth doulas, kind of a thing. So, the word doula itself Latin, Greek, whatever it is, it comes down to slave or female slave or maidservant. And yeah. Yeah, some people take offense to using the word doula.

They will call themselves, like some of the ancient words of what it was called, which is the ancient, a lot of the ancient ones were, or they have modern and ancient ones. Some of them call themselves transition guides, end of life coaches, death coaches, doulas to the dying end of life doulas, end of life guides, and there's even death midwives. So, it's yeah. And now some people are saying human psychopomps, because basically you're

helping someone transition through the end of life, your final phase. So that's some of what it is. Do you have a question? Other than going into teaching it what it is altogether.

ED: That's good because it's leading me to some questions here.

Starr: Good good. I figured that.

ED: See, I do know some of the history of the last rite of passage, which is the crossing the river, right?

Starr: whom, the whom pass, right? I'm sorry.

ED: Crossing the river rite is what we call it in Wicca.

Starr: Oh,

ED: Okay. And it's basically the last rite of passage for the person that's their dying rites. Okay. I remember from my research, on it that like those used to be in the slave times or like you were talking about. They used to have when the person actually passed, they would have a wake for seven days where it would be the personal body laid out for seven days.

There would be feasting around the body, but it would be called a wake because somebody would actually make sure that the body did not reawaken.

Starr: A lot of that is very Caribbean oriented. Yeah. But in, in terms of what the doula or the death doula or human psychopomp or whatever they want to call themselves is they literally like will take say a person has been given the pronouncement by a doctor.

I'm sorry, but you have this illness, like maybe a malignant brain tumor or whatever it is, but it gives you only this amount of time on this earth and you're gonna die. There's nothing around it. This is it. And that's where that end of life or this human psychopomp or whomever it is that doula comes into play. Some people would access hospice, which is not quite the same. Hospice serves, hospice was one of the first things that came up after the doulas because originally in ancient times whether you go through Egypt, India, Africa all around the world people were always had like someone assigned to them, whether it was the shaman with the natives that transitions them from, through the end of life, which basically is in cases of, it's not just a ritual as they die, but if they were given six months or a year, All of that time that doula is there.

ED: Okay.

Starr: It's more, there's more to it than just the end ritual.

ED: So, they would take care of the person for their final things, making sure that we should have fulfilled their happiness.

Starr: Exactly. So, a death doula would literally come to them. They are hired by that person, or their family member or whomever that hires them for that person. And they would come in as a mediator between the doctors and themselves and the client to give them knowledge, meaning information that because a lot of times, I don't know, people are not able to have good conversations with their caretakers, like their nurse or their doctors, or maybe they feel like they're not being answered in a truthful manner or a more productive manner.

That death doula would come in. They would, first of all, have a consultation with you as to what is it that's required? What illness do you have so they will know what research to bring with them? What information? Because every illness demands different things that they want that is required for that person that's going through that end-of-life crisis or transition. Depending on that illness: like, how I mentioned a malignant brain tumor that would come with things of where maybe the doctor does not explain properly to that person or the person didn't think to ask what it entails?

What are the steps that happen? A death doula would come in, ask them, do you want me to explain that to you? Because not everyone wants to know that. So, they're not taking away their rights by saying, I'm just going to tell you, they're going to ask, do you want to know, are you one of those people that wants to be educated on what are your options?

And if you do have options, you do have choices of what you can and cannot do, or rather what we will term what's fixable and workable and what's not fixable and workable. There was one guy named Jimmy, 34 years old diagnosed with a malignant, brain tumor. He has a young wife and two young kids; I think or something like that and he's terrified of leaving his young family. He's dying and there's nothing anybody can do.

He cannot be saved. There's nothing to correct it. It is what it is, so he is terrified for his family. He wants to know the procedures, what the steps are that will occur. Now that doula can explain that and he wants her to know, maybe his wife wants to know. So, he would have that doula explain if the whole family wanted to know she can explain it or she could just explain it to the person Jimmy on his own.

It's entirely up to the person and what they want. And she explained what's fixable would be like what, pain medications or what medications that are allowed or not allowed. What can they ask for? Because an end-of-life person can be given more choices of medications that normally, like opioids and stuff are not given to regular people.

They are allowed to do it because they're already dying anyway. They just want to be comfortable on their way out. So those are fixable and workable things. Whereas and then when, like, when you explain to him with this type of malignant brain tumor, there are chances of seizures that are so bad that yes, it will terrify your kids if they see him going through that.

So, if he took certain pain meds, it will make it less abrasive.

ED: Or like anti-seizure medications, stuff like that.

Starr: Exactly. So once, once they know what is possible, what their options are, which people don't generally give them options, that death doula would explain what options they have. Because they will send them a questionnaire that they will first have to fill out. Then they will have a consultation interview to see if that is all okay, and they'll go through everything.

So those are, there's a massive amount of questions that they will go through. What they want to do, what they don't want to do, what they want to, what is their end goal? How do they want to die? What, what happens on their deathbed? Their choices. People want to, and it's something that used to happen before in olden times.

People just got to the modern times where they basically took all those rights away, gave it to the funeral homes, and they let everything be handled. That's not a lot of people now who are claiming those rights back and saying I want to die at home. I don't want to be in a hospital. I don't want to be in the hospice I want to be at home in my own bed and a lot of people are choosing it that way. That means that they have a death doula and they go through all their directives of what they need to do and the choices of what they want and don't want.

Now, one of the things people have to understand is that (an advance directive, is not just for) when a person that's dying. They don't need it to just be only on that pretext of just, oh, because I'm dying, I'm now going to go through all of this. Yes, that's the majority of what it is, but in general, we will tell people when they, from the time they turn 18, they should start putting up, creating an advanced directive and a living will. And the reason we say that is when they turn 18 and up, not that it doesn't happen before that, because we know it does. There are kids in St Jude hospital and stuff that are dying. It happens even as kids. But for say a regular person that's going around that 18-year-old or whomever, they're not thinking of death because they're young and they're healthy.

But, they can walk outside and get hit by a car and die. And yet the family is, or they have not even died yet. But it's so bad that they will die and there are no directives that they have put into place. What's going on with their body? Do you want to donate it? All these things are taken away from them because they did not put down on paper what they wanted.

You may want to not have your organs or any part of your body donated. But those choices are taken away from you because you did not leave anything behind saying what it is you want or didn't want. You have no advance directives there. You have no living will put out or any of those different things.

ED: So, a doula's job basically is to not only help them if they're transitioning into death then is also to help them pre advance plan for their final day, just in case.

Starr: Yes absolutely. Their wishes, you want their wishes to be followed, you want any questions they have, because people are basically saying I want to die on my own terms.

They don't want to suffer or they don't want to go through pain or they want different things and some people depending on the illness will literally suffocate and die in pain without anyone knowing because they're so messed up. They are so knocked out from meds that they don't realize that the meds after a while do not give them an option to breathe properly and stuff. And they will die choking to death and no one would know there's a lot of things that are not explained to them. I don't think anyone means to, but when they deal with the nurses and the doctors, they care a lot and they've got great empathy, but they deal with a lot of this on a daily basis, so they can't check and be personal with everyone all the time.

This is why hiring a death doula is what a lot of people are doing now because that person will be your mediator. That person could be your mediator against your own family. I witnessed a friend of mine passing away. He was not Christian, but he was the only one in his family that was not Christian.

He passed away suddenly, a young person in his 30s, and his family buried him as a Christian, which we know he would not have wanted.

ED: He had no...

Starr: directives up, no anything, and they just did. And even though his friends said, no, he would not have wanted this, he would have wanted this. They chose to ignore everybody and say we are his family and we are Christians and we will bury him this way.

His, in other words, he was not given the choices. Because he did not put down anything on paper whether with his church or his groups or his traditions and a lot of pagans in general would not do that, right? A majority don't put up those directives, they don't say anything, but I'm like, no you, I have advanced directives and stuff like that and you could do a lot of it yourself.

You can literally state, you can download every state. Every state has advanced directors for their state that you could go on, download it, fill it out and print it out and go and take it to a notary and have it notarized and it's ready to go. Advanced directive ready to go, free and clear. The only thing you're paying for is the notary to do, to sign off on it for you and the witnesses.

ED: I've noticed that a lot of doctors have asked recently, are more prone to asking people, when you come into their office for the first time, do you have an advance directive? Do you have...

Starr: Exactly. Exactly.

ED: They're beginning to ask. It's now become a commonplace that doctors and physicians are asking people in advance if they have advance directives or anything in case of...

Starr: Right. But a lot of it I will have to say is altruistic motives because they are needing body parts. They're not body parts, but they need people to donate parts. They need different things, or donate blood, or different things. So, they're beginning to do it for other motives as well, because they want to be able to have rights to certain things.

Because, for instance, if you're someone who says, I want to donate my body or certain parts or whatever, that place that you're donating your body to that's written on your advance directive, they have first dibs on your body before anybody else could do anything else. They have first dibs, but even with them, you have rights as well.

Because you can tell them, yes, I'm donating my body, but this is what I want done to my body first. Maybe some spiritual thing or whatever it is. All of your rights have to be there in place. A death doula can if you're in pain and stuff they can literally bring Aromatherapy into their practice or hypnosis into their practice or different things that would help you alleviate some of the pain. So, you're not so drugged out and a lot of them go through the death rattle because they're so drugged out and their throat clams up. And so, they die in pain and no one knows that they're in pain, or that they're choking to death and had they not been so drugged out.

They would not have had died that way. So, there's a there's a lot of different things for people that entails a long list of things; because that doula could be doing massages to help you through your pain through because sometimes it could be a year before you die or six months before you die.

So, during that time, you're going through different things. With that person with the malignant brain tumor, along with the seizures. His legs and arms are going to slowly not get weaker and weaker as the time goes by. He's going to be bedridden for a bit or sleep more and then finally he's going to be totally bedridden.

Those are things that were never told to them or discussed with the doctors. So that doula will do the research on that particular disease for you, find options for you, find resources that you might be able to have. Tell people I may, I want to do a natural burial. I don't want a box and all those different things.

I want a natural burial. I want a water cremation, a fire cremation, all the different things and every state is different based on what the person wants.

ED: I know there's certain minorities regarding fire cremation and everything because of the burning of a body and like I wanted personally a public pyre.

Starr: Right

ED: to, to be cremated on a fire.

Starr: But

ED: That's against the, again, against the rule laws in all, in almost all states. Except for on Indian reservations.

Starr: No, actually there's also, -I think it's Wisconsin that has allows it. So that's another thing. Every state is different and they also are updating the laws in it because more and more people. The National Association of Home Deaths or something like that, or home funerals, are literally fighting legislative laws or putting in legislative laws, trying to get legislative laws passed on people's end of life now to take it back to a lot of olden times of what people wanted to do.

ED: Allowing the individual to have the choice of how they wish to.

Starr: Exactly. A lot of laws are being changed and placed in place. You should be checking the laws every six months to a year to see what's changed, what's not changed, what states have changed, all the different things. Every state is different with their laws.

Some will offer and allow the water cremation. Some will offer at Wisconsin, like for instance, they allow that fire cremation with the parry. And of course around the world, there's a lot of places like India and Africa and different places that allow that. So, it's all a matter of finding out your laws and your doula would help advocate for you as to what you want, because a lot of times people give the funeral home all the rights. All your rights are taken away with that. You do have rights, you can die at home, you can choose to do that, you can choose how it's done, you can have flowers, you can have music, whatever your choice is.

In the consultation form, a lot of people have that there and you can list all the things, all your choices, or you can fill out the initial form and say, "let's talk our way through it." So, you can get, as you get more information from the doula about all the rights you have in your state, and your city, then you could start making a better-informed decision as to what it is you want done for you at the end of life.

ED: So, doulas have a very significant and important role.

Starr: Yeah. Yeah. They do a lot more. Exactly. A lot more than people realize because they don't come in for that. Oh, the day of, or whatever it is, those are death doulas who, and there are doulas who only come in from the time the person dies.

And those are the end. Those are the after-death care doulas. That's maybe because a doula could pick different sections of what they want and not want to do. And they will state that on their intake form with you and you fill it out and stuff so you would know what their practice does. Because it's being a doula altogether is a very difficult and because you have to have empathy and so it's very difficult and draining because no matter what you say, every death that you have that you work with will take its toll on you.

They get quickly burned out so they need to take time off. And not do too many cases at a time so that they cannot be burnt out because it takes its toll on the body and the mind and the spirit.

ED: Oh, I know from personal experience by trying to handle when I was back in the two thousands, I mentored a group of 60 kids, and two of the kids died in an auto accident.

Starr: I see what I mean, yeah.

ED: I had to go identify the body of one of them.

Starr: Yeah.

ED: Because the parent did not want to identify their own child. So, I identified the body of the person. And I had to sit there and maintain a total clinical frame of mind while dealing with it. Because of the fact, because I had to deal with the emotions of 60 other kids.

So, I had to, I had to be clinical, go to the cold clinical mode. And deal with the death of two of my kids.

Starr: You're the one that had to deal with it on that end. Because the parent could not deal with it.

ED: And then, so I can see where the death doula has that same responsibility. They have to be able to separate themselves at times, but be empathic.

Starr: Yeah.

ED: But also separate themselves from it, which can be very draining on them.

Starr: Exactly. Exactly. So, they have to, that's why they're hiring someone outside of their family or their friends.

They're hiring a doula on their own. They're just going to go find whatever practices out there. Look up doulas in your area and see who's available to help you once you know that you're going through whatever type of illness or end of life crisis that you're going through.

ED: So being a death doula, I can imagine it is not for everybody.

Starr: Say, I'm sorry, what was that again? Sorry.

ED: Being a doula is not for everybody.

Starr: No, it is not. It's a lot and it takes its toll on the person, so they have to be someone. That's why, in a way. Being a death doula is a very pivotal time in people's lives.

It has to truly be something that you want to do, because it's not an everyday type of thing. So, it's very demanding spiritually, mentally, physically, everything, because it does take its toll on you, and there's really not much you can say to change that. Because you have to be, they eventually become a lot of death awareness, meaning that you can either literally say anybody that's living at our ages can say either we know someone who's died and we've gone through a death process with someone or we've had it in the family or something like that.

So, you have the death awareness. You have to be someone who has a compassionate heart, which means if you're compassionate heart and you're empathic like that, and I don't mean empathic as in magical ability abilities, I'm talking just empathy.

ED: As being able to emotionally identify with someone's feeling right

Starr: And going through that process and you're there, you know that you're doing something that's very fulfilling in that sense, because, you're covering a section of things that people need.

Even though they did not realize that those things or those people were out there, the death doulas, and the industry has grown a lot over time. There are groups that were formed for the death doulas where they would go to, they would get ideas on how to help someone throughout their end of life, like ideas for rituals or ideas for sitting a vigil.

Or even, just whatever ideas for a person's deathbed again, things like having the music and all the different things you're giving the person that doula would literally go down a list of things and give the person ideas for their deathbed or for the sitting vigil or who they want there or for their wake once they've passed on different things like that.

What do they want to be bathed, what their bodies want to be bathed in, what type of oils or herbs, different things that they would want, their choices.

ED: I thank you. We're running short of time here. So, I thank you very much for this interview. You've explained a lot about what the death door does and everything, which is most appreciated.

Starr: No problem.

ED: We really appreciate that because like I've heard the term, like I said, lots of times, and every time I've heard the term, it's aroused my curiosity on what they actually do.

You've clarified a lot of the points on it, and I really appreciate your time with this. If you have anything for our readers before we leave.

Starr: One of the things is you should research in your area. What if you're thinking of doing this as being a death doula or whatever you want to call yourself, even psychopomp death midwife, whatever you want to call yourself.

You can do the research on the income from it because I think they range from 25 an hour to a little bit over a hundred dollars an hour, depending on what they're doing or what their practice entails, like how much they provide for people. In terms of the care and information and everything you can go online and do some searching to see what death doulas training costs, some and can pass a certain number of things.

To me, a lot of them don't always cover everything, which is why I said I wanted to teach it because I thought some things were missing from some of the teachings. And then if you want, you can become members of NIDA or INELDA. Basically, NIDA is the National End of Life Doula Association, and then, NELDA is the international one and you can become members of those so that you can people would, it gives you recognition because there's real certification for it per se, but you can be certified by whatever school or training that you got showing that you have gone through certain number of hours of training.

Training to (shadow) a death doula and to become that death doula and what was covered. I think the more hours you have under your belt, the better, because that meant that you were, you really went through some thorough training. And the prices for training could range from I think it's 185 for the entire training or two, three, or 4,000.

It all depends on how entailed, how involved, and how much detail is put into your training. And you're welcome to check out my website. I was at WFT academy of pagan studies and we have information under human psychopomp one of the things that we've added that a lot of places do not do is a huge section on pain, the holistic methods of pain so that people don't go out in that fashion. I found it very difficult to deal with the fact that a lot of people died choking to death and no one knew until afterwards for the autopsy that person died because they were so heavily sedated, but they died choking to death.

I think that's a horrible way to die. It's certainly not on their terms. So, we teach on therapy and other holistic methods and massage and all the different things and hypnosis to help with the pain so that they are self-aware and they're able to at least make decisions and not be too drugged out to make those decisions and help and to guide them in a better way so that they can die with dignity from beginning to end of when they've been diagnosed and help them through the process and to be that mediator even with their family members.

So, there's a lot it entails. And I do believe that you should be thoroughly trained before heading out there or even making a practice with other doulas that you can come together and create your practice together- so it's just a thought.

ED: Oh, thank you very much again star. I really appreciate your time.

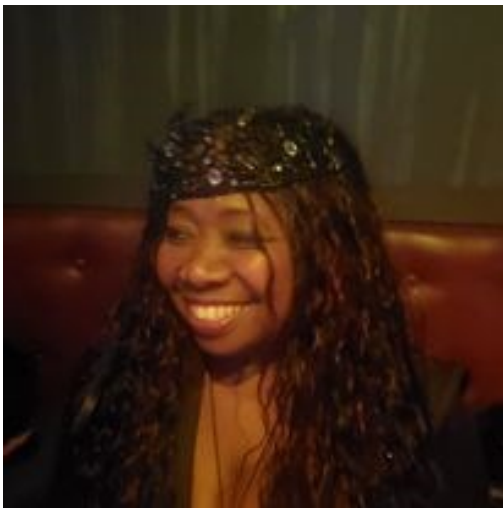
Starr: No problem.

ED: It's been a wonderful interview and thank you. Thank you again for clarifying a lot of things that we didn't know.

Starr: Any last-minute questions or anything that you have or you're good to go?

ED: No, I'm good to go. All right and thank you very much and I'm ending the recording now, so good evening everybody, thank you very much.

Starr: All right. Thank you. Take care



Starr is a Trini-Canadian, who fell in love with the magickal arts at a tender age. Became an independent scholar, practicing WitchCraft in all its many facets of Magicks from around the world, as she considers it all belonging to her Craft.

She is the Founder and Elder of the NYC Wiccan Family Temple, the first Witch Temple in New York City ordaining its Priest/Priestesses to be licensed State Reverends and Founder of the WFT Academy Of Pagan Studies the First Witch School in NYC. Formed and runs WitchesFest USA – A Pagan Faire and formerly ran the NYC Witches Masquerade Ball (2005 – 2019).

She is also the co-owner of CharmedByStarr.com a WitchCraft EShoppe for those of discerning taste and needs.

She has been giving lectures and teaching workshops related to WitchCraft, and its many practices at Witchy Events, Universities and Colleges for over 40 years.

Starr co-created the Journey To the Realm of the Underworld Graveyard Mysteries designed to be a therapeutically magickal experience for each person.

She is a Reverend, High Priestess, Teacher, and Elder ~ Intuitive Witch.

She currently lives in New York City with her son.

No one person knows everything, so always keep learning.

FREE YOUR MIND, EDUCATE IT, AND THE REST WILL FOLLOW!

Rev. Starr RavenHawk HPs Elder

Faeries of the World

Alven

Land of Origin: Netherlands

Other Origins: None Known

Other Names: Ottermaaner

Element: Water

Appearance and Temperament: Alvens have bodies that are so light that as to make them almost invisible. They are not winged faeries but they can travel through the air by becoming encased in a water bubble. Occasionally they will show themselves while wearing the skin of otters. Their malice toward humans extends only to those who choose to desecrate their homes and sacred places.

Time Most Active: At Night

Lore: Alvens are creatures of the moon under whose light they dance and play. They are water faeries who live in ponds, lakes, and rivers, but the River Elbe is sacred to them and in it they make their principle home. They cherish night blooming plants and will harm any human who attempts to pick them or harm them. Fish are their only known enemies, and they prefer to live in water enclosures where there are none.

Where to Find Them: In the River Elbe.

How to Contact: Look for them in Faeryland and try approaching them as a friend, someone who loves the moon and nature.

Magickal and Ritual Help: Though undetermined, they may be useful in protective and healing spells for a night-blooming garden or for a marine environment.



Types of Divination

B

Batrachomancy (Batraquomancy): Divination by frogs, newts, and toads. Often by interpreting the croaks or the color of the skin.

Belomancy: Divination through interpreting arrows. Forbidden in the Koran.

Bibliomancy: Originally used to assess the guilt or innocence of a person accused of sorcery. Person weighed against the great Bible in the Church. Today- divination interpreting randomly chosen passages in books.

Biorhythms: The interpretation of the emissions of energy and charting moods in determining critical periods of activity, using a 28 day cycle from the time of one's birth to the day the charting is done. This mathematically determines high and low periods of one's life cycle and best and worse times to react to it.

Bletonism: A faculty of perceiving and indicating subterranean springs and currents by sensation. It's very similar to dowsing and or rhabdomancy.

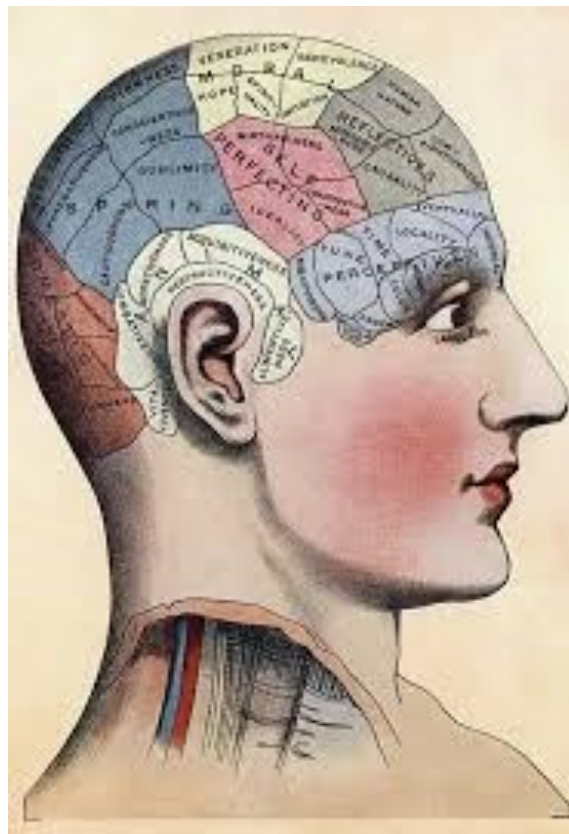
Book of Changes: The ancient Chinese system of oracular divination that reveals patterns of subtle forces. Questioner is required to interpret information through deep introspection and intuitive thought.

Book of Thoth: Tarot Cards

Botanomancy (Botomancy): Interpreting burned or burning tree branches and leaves. Today by interpretation of plants.

Brontomancy: Divination by thunder.

Bumpology: Divination through interpreting bumps on the head. This is the modern term for phrenology.



How to Find that Connection—Finding A Coven

Today more and more people are turning toward the craft, there is an explosive influx of people seeking something different, a new awakening, spirituality, or something that will open them up to a more satisfying experience.

This growth has caused more people to seek out groups of like-minded individuals, people who they can relate to, people that they can share experiences with, people that can empower them.

Religion offers some fellowship but comes with too many restrictions on individuality. Dogmatism and following regimentally driven system of worship or belief has caused many to shy away from it and seek a more open fellowship. They are finding this fellowship in the precepts of the craft.

Within this recent rise in the seeking of spirituality has come an abundance of circles or covens. And as more and more people are searching today for covens, or circles, there has been a decrease in a conservative and ecumenical approaches to craft practices.

Authors are writing everyday with new approaches to the practices of the craft. The rise of Neo-Paganism is abundant. So finding a suitable coven has become more difficult as the upswing of these loosely constructed groups is occurring.

Every day on social media platforms such as TikTok, Instagram, Facebook, and others you will often see questions of “Where can I find a coven?, Who in my area wishes to gather and form a coven?, Are there any covens within my area?” etc.

This can unfortunately lead to finding yourself in a very uncomfortable setting because, more often times than few, groups are formed for unsavory reasons.

So the next question is then, **“HOW CAN I FIND A LEGITIMATE COVEN?”**

There are some established covens within the United States. Though some of them are what are known as closed covens they do offer some beginner and intermediary courses to seekers to help them determine if their particular tradition or coven would be right for them.

At the end of this article I will list a few of these established covens to help further the research on where one might go. By no means will this list be complete. So I recommend doing a lot of research to find the coven which is right for you.

The next question I’ve seen asked is **“HOW CAN I TELL IF A COVEN IS LEGIT?”**

A book written by Amber K, called ‘Coven Craft’ took a really good look at this question and provides a detailed look at what a coven is how it is formed and what makes up a good coven and also gives insight as to what to look out for as well. I’m going to address some of these points in this article and I highly recom-

mend that people get this book. No library should be without it.

13 THINGS YOU SHOULD LOOK FOR IN A PROPER COVEN:

1. A friendly but cautious approach toward visitors or prospective members
2. Candor and willingness to explain
3. Ethics that align with yours
4. Mutual caring and respect
5. Spirituality
6. Knowledge
7. Health
8. Fun
9. Organization and efficiency
10. Shared responsibility
11. Mental stimulation
12. Physical surroundings
13. Sharing outside of coven activities

13 THINGS TO BE WARY OF WHEN SEEKING A PROPER COVEN:

1. Evangelism/true believer attitudes
2. A shroud of mystery
3. Questionable beliefs
4. Disrespect for each other
5. Authoritarian leadership
6. Grim solemnity
7. Dissipation or intemperance
8. Chronic disorganization
9. Spiritual immaturity
10. Ignorance
11. Profiteering
12. Lack of teaching
13. Lack of connection outside of coven activities

These are examples to help you seek a coven that is a good fit for you, not a be all/end all list that you have to follow. Listen to your instincts/intuition when you visit a coven for the first time.

Here is a small list of known and respected covens for your consideration.

Aquarian Tabernacle Church
 Covenant of the Goddess
 Ardantane
 Church of All Worlds
 Circle Sanctuary
 Guardians of the Blue Flame
 Southern Delta Church of Wicca

Dictionary of Pagan Terms

K-Words

Kabbalah: In the Judaic tradition, a symbolic system of theoretical and practical wisdom providing a means to mental and spiritual growth as well as a symbolic representation of creation. See also, Sefiroth, Cabala.(2) An ancient Hebrew system of magickal and mystical philosophy.

Kahuna: A practitioner of the old Hawaiian philosophical, scientific, and magickal system; an expert, a magician, a priest or priestess.

Karma: Linked with the belief in reincarnation, karma is the law of cause and effect; the idea being that whatever you do in your life you are accountable for it, either now or in your next existence. For example, one who murders in this life might find themselves at the mercy of another in their next incarnation as a way of balancing that negative karma.² In Buddhism and Hinduism, the moral law of cause and effect in which an individual's actions in one life are rewarded or punished in subsequent incarnations.³ The 'spiritual bank balance' carried by the Individuality (q.v) from one Incarnation (q.v) to the next. The literal meaning of the word is 'action' or 'cause-and-effect'.(4) The total effect of a person's actions during their successive incarnations, which determines their destiny. A Hindu concept that many Witches find congruent with the Law of Return.(5) The idea that whatever we do in life, good or bad, eventually comes back to us in this life or the next.

Karmic: Arising from or appertaining to a past incarnation. Debts, beliefs, and emotions such as guilt can be carried over into the present life.

Karmic Seeds: The residue of past-life trauma, attitude, or illness that lodges in the etheric body and has the potential to develop into dis-ease or illness in the present life.

Karnayna: Alexandrian (q.v) form of the God-name Cernunnos (q.v).

Kathisma: A division in the Byzantine Psalter.

Keridwen: See Ceridwen.

Kernunnos: See Cernunnos.

Kirlian Camera: A Russian invention that takes photographs of the biomagnetic sheath or aura surrounding the body. The method of photography was discovered in 1939 by Semyon Kirlian.

Kitchen Witch: Someone who takes a hearth and home approach to the mystical, and who takes tools from the home and employs them for magickal ends. This is a very simple and personal form of magick meant to reflect a unique vision of the Divine and the individual's place in the greater scheme of things.

Kundalini: An inner spiritual and sexual energy that resides at the base of the spine but can be stimulated to rise to the crown chakra.(2) Magickal power residing at the base of the spine. It is invoked through sexual and sensual energy.

October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 New Moon	2	3	4	5
6	7 Feast day of Ma'at	8	9	10 First Quarter Moon	11	12
13	14	15	16	17 Full Moon	18	19
20	21 Feast of Artio	22	23	24 Last Quarter	25	26
27	28 Celtic Month of Reed	29 Mokosh	30	31 Samhain		

October 1, New Moon

October 7, Feast Day of Ma'at

October 10, First Quarter Moon

October 17, Full Moon

October 21, Feast of Artio

October 24, Last Quarter Moon

October 28, Celtic Month of Reed

October 29, Mokosh

October 31, Samhain

Halloween Word Search

Q	S	D	O	C	T	O	B	E	R	Y	W	E	R	T	J
T	K	I	Y	U	I	S	O	P	D	A	S	H	D	R	A
F	U	V	G	H	J	T	F	N	K	L	Z	A	X	I	C
C	L	I	V	B	N	A	A	M	N	B	V	R	C	C	K
S	L	N	X	Z	L	C	L	K	J	H	G	V	F	K	O
N	D	A	S	S	A	K	L	P	O	I	U	E	Y	O	L
O	R	T	T	A	N	C	E	S	T	O	R	S	R	R	A
I	A	I	E	M	W	A	A	Q	Q	A	Z	T	W	T	N
T	E	O	E	H	S	L	X	U	E	V	E	I	L	R	T
A	Y	N	C	A	D	B	S	C	L	R	F	V	T	E	E
R	W	G	N	I	M	B	Y	T	H	D	H	N	U	A	R
O	E	J	A	N	M	A	I	K	I	N	R	C	O	T	N
C	N	L	E	T	P	Q	G	W	E	R	I	O	T	R	T
E	Y	U	S	I	O	P	A	I	S	D	I	L	N	I	F
D	G	O	S	P	E	L	L	S	C	H	J	P	B	K	W
L	H	Z	X	C	V	P	U	M	P	K	I	N	S	O	B
G	C	O	S	T	U	M	E	S	R	E	D	I	P	S	G

Ancestors

Black Cats

Candy

Cauldron

Costumes

Decorations

Divination

Fall

Ghost

Goblin

Harvest

Jack O Lantern

Magick

New Year

October

Pumpkins

Samhain

Seance

Skull

Spells

Spider

Spirits

Trick or Treat

Veil

Witch



Gods and Goddess of the World

NATIVE AMERICAN

Algonquin

Kitanitowit, Manitu

Apache

Koyote

Cheyenne

Maheo

Dakota

Wakantanka

Iroquois

Gunnodoyak

Luiseno

Owiot

Modoc

Kumokums

Mohawk

Teharon (Hiawagon)

Navaho

Dsagadoldza, Etsanatilehi, Ganaskidi, Hastehogan, Hastsbaka, Hastsebaad, Hastseltsi, Hastseoltoi, Hastseyalti, Hastsezini, Hatdastsisi, Klehanoia, Koyote, Nayanezgani, Tienoltsodi, To badzistsini, Tonenili, Tsohanoai, Yolkai Estan

Omaha

Wakonda

Pawnee

Tirawa

Pueblo

Awonawilona, Tawa

Sioux

Tate Whope, Wi

NORTH AMERICAN

Bella Coola

Alk'unta'm, Anaulikutsai'x, Lailaia'il, Qamai'ts, Senx, Snulk'ulxa'ls, Toa'lalit

Chilcotin

Lendix– Tcux

Chilkat

Gonaqae't

Dza'wadeenox

Qa'wadiliquala, Tewi'xilak

Eskimo

Arnakua'gsak, Nerrivik, Nuli'rahak, Sedna, Silma Inua, Tomarsuk, Tunek

Haida

Djila'qons, Haili'laj, Hi'lina, Sga'na, Sin Sga'nagwai, Ta'ngwanla'na, Ta'xet, Tia, Xil Sga'nagwai

Inuit

Erkilek, Igalilik, Ignerssuak, Immap Ukua, Ka'cak, Kiya'marak

Mamalelegale

Ku'nkunxuliga

Na'kwaxdax

O'meal

Ojibwa

Manito, Nanabozho, Windigo

Qwe'gsotenox

Tsa'qamae

NORTHERN EUROPEAN

Danish

Nerthus

Finnish Pre-Christian

Egres, Hiisi, Hittavainen, Ilmarinen, Kondos, Pajainen, Pekko, Pellon Pekko, Sampsa, Tapio, Ukko

Finno-Ugric

General

Kaltesh, Rauni

Votyak

Inmar

NORTHERN EUROPEAN (cont.)**Germanic****General**

Donar, Fulla, Garmangabis, Gefjon, Hel, Irmin, Lodur, Mani, Ostara, Othin, Rind, Sif, Tiwaz, Ull, Wodan

Nordic

Alcis, Disir, Freyhja, Freyr, Frigg

Icelandic

Aegir, Bor, Bragi, Buri, Disir, Fjorgyn, Forseti, Freyja, Gefjon, Heimdall, Hel, Hermod, Hlothyn, Hoder, Hoenir, Idunn, Iord, Kvasir, Loki, Lothur, Mani, Mimir, Nanna, Njord, Othin, Ran, Rind, Sif, Sigyn, Siofn, Skadi, Sol, Thor, Ull, Vali, Vanir, Ve, Vidar, Vili, Vor, Yng

Latvian

Auseklis, Dievs, Jumis, Karta, Laima, Lauka Mate, Majas Gars, Medeine, Meness, Perkons, Saule, Svantevit, Usins, Veja Mate, Velu Mate

Lithuanian

Bangputya, Gabija, Gabjauja, Giltine, Jagaubis, Menulis, Teljavelik, Zemepatis, Zemyna

Saxon

Saxnot

Slavonic

Mokos, Perun, Rugievit, Stribog, Svarozic

SIBERIAN**Chukchee**

Kavra'nna, Kere'tkun, Ku'urkil, Lietna'irgin, Mratna'irgin, Na'chitna'irgin, Nu'tenut, Picvu'cin, Tenanto'mni, Tnecei'vune, Tne'sqan, Va'irgin, Wu'squus

Kamchadal

Kutkhu, Nenekicex, Si'duku, Si'mskalin, Ti'zil-Kutkhu

Ket

Es

Koryak

Eme'mqut, l'lena, Ina'hitan, Miti, Na'ininen, Na'nga-ka'le, Qaitakalnin, Qeskina'qu, Quikinn. A'Qu, Tamu'ta, Tatqa'hicnin, Ta'yan, Tenanto'mwan, Tna'nto, Toko'yoto, Tomwo'get, Ve'ai, Velaute'mtilan, Ya'china'ut, Ya'halan, Ya'halna'ut, Ya'qhicnin, Yine'ana'ut

Tungus

Hinkon, Mayin, Ti'hmar

Yakut

Aha, Ajysyt, Arsan Duolai, Ayi'-Uru'n Toyon, Tanara, Ti'ykitiy, Ulu'Tuyar Ulu Toyo'n, Uslo, Xaya Iccita, Yina'mna'ut, Yina'mtilan

Yukaghir

Kini'je, Kuju, Lebien-Pogil, Lo'cin-coro-mo, Lo'cin-po'gil, Me'mdeye-Eci'e, Peju'lpe, Pon, Pu'gu, Yeloje, Yobin-Pogil

SLAVIC**General**

Dabog, Triglav, Veles

Hungarian

Boldogasszony, Isten, Ordog



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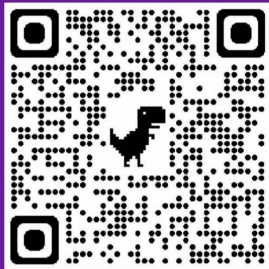
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